



14th InSPA Annual Report 2022-23

பெரிய சொல்-53

Prof. Panch. Ramalingam
President, InSPA

InSPA Anthem

InSPA... InSPA... InSPA... InSPA...

In space and time, we shape the mind to make it pure and sure;
At school at home, at work at rest, we take care of the mind.
To teach the young to live the life the full bloom way it grows,
To guide the youth to strive the best to reap the grains of life.

InSPA... InSPA... InSPA... InSPA...

This Bharath has the legacy of the knowledge of the past,
The richest mine of ancient wisdom of the human mind,
India, as the leading power in studying modern psyche,
Engaged the empirical modes of western explorations.

InSPA... InSPA... InSPA... InSPA...

East and West, ancient and modern get embedded in InSPA,
Encapsulating human values shoring them for future.
Nature meeting nurture on the InSPA forums interface,
Exchanging views on how to fine-tune minds of kids, for morrow.

InSPA... InSPA... InSPA... InSPA...

Teacher, learner, parent, public explore minds of kids,
To find the latent, dormant skills and kindle them to fore,
InSPA leads research to find on how to cross the horizons
Of knowledge on the human psyche and its rich potentials.

InSPA... InSPA... InSPA... InSPA...

Dr. P. Bhaskaran Nair



Prof. Gurmeet Singh

Vice-Chancellor Pondicherry University

Chief Patron

Indian School Psychology Association (InSPA)

Tribute to Prof. G. P. Thakur (Former President, IAAP, and InSPA)

Prof. Giridhar Prasad Thakur, Former Professor, Dean, Social Sciences at Mahatma Gandhi Kashi Vidyapith University, Varanasi. He has served in academic and administrative positions like Head of Psychology, Dean of Student Welfare, Proctor, Registrar, Finance Officer, Head of University Information and Advisory Center, and Chairman of University Sports Council.



He passed away in Delhi on Friday 15th April 2022. Prof. Thakur's last wish has been respected in the university on Saturday, his body was kept for the last visit at Gandhi Study Chair from 9 am to 10 am. This was the first time that the funeral procession of an Acharya living outside the campus started from the campus. He was born on 24th January 1942 in Muzaffarpur and studied at B. B. Collegiate,

Muzaffarpur, and Studied Psychology at BRA Bihar University. He joined as Reader in the department of psychology on 25 January 1979 at Mahatma Gandhi Kashi Vidyapith, Varanasi. He was hailed as Dean, Faculty of Social Sciences, and Science and Technology in the same university and retired on 1st January 2001. The service of the Vidyapeeth for 21 years, as former Registrar of Mahatma Gandhi Kashi Vidyapeeth and International Scholar of Psychology, the campus witnessed the honour of his last wish to reach there. He had three decades of experience in teaching, research, and administration. He was also the Director of Career Planning and Counselling Centre, Delhi.

Prof. G.P. Thakur, joined as a life member of the Indian Academy of Applied Psychology (IAAP) in 1972. He became President of the IAAP in 2000 and served till 2004. When the Indian School Psychology Association (InSPA) was formed, he was enrolled as the first member and became President of InSPA on 15th August 2009. He has guided as President of the organization for two terms till 2014 to grow its leaves and bounds. He has held various positions in psychology-related organizations around the world including Patron of the Sports Psychology Association of India, former President of the Psychological Council of India, and Director of the Center for Advanced Research Development and Change New Delhi. Apart from this, he gave vocational training in many countries. His psychological testing model is undeniable worldwide.

His wife Manju Thakur passed away in 1999. The family has two daughters Dr. Archana Thakur, Dr. Amrita Shilpi, and son Amitabh Thakur. The family informed the Vidyapeeth administration about their last wish to raise the body from the campus itself. Vice-Chancellor Prof. Anand Kumar Tyagi told that respecting his last wish, arrangements have been made for his last visit from Gandhi Study Chair. All the teachers and old students of Kashi Vidyapeeth Prof. GP is remembering Prof. Thakur's scholarship, gentle behaviour as well as vitality. A year ago, in 2021, he got infected with Corona in Muzaffarpur. He was kept on oxygen support during home isolation. But after a 15-day war, at the age of 80, he defeated Corona and recovered. Relatives told me that his health was deteriorating over the last few days. He breathed his last in a Delhi hospital on Friday.

He loves me like his son and inspired me to serve the psychology community as Editor of the Indian Academy of Applied Psychology since 2005. I met him at the IAAP conference in 1997 at NITTTR (Formerly TTTI), Chennai, and admired his leadership style and the way in which he was

guiding the youngsters. When I organized the IAAP conference at Pope John Paul II College of Education, Puducherry in 2002, he guided along with Prof. B. Mukhopadhyay to successfully conduct the conference with around 400 delegates. He traveled with me to several places in India, and abroad, especially in Dublin and Colombo. He was such a human being taking care of all those who are accompanying him. When we offered the first Fellowship of InSPA on 6th January 2022, his acknowledgment during the occasion was the last message to all InSPA Members. He was an active participant in the last IAAP General Body meeting held on 28th January 2022 and congratulated all the members for their active participation in online meetings.

He was planning to travel to Pondicherry University in April to inaugurate the new office headquarters for InSPA, but his sudden demise made us shocking.

He was closely associated with the International School Psychology Association (ISPA) and participated in the ISPA Conference held in Dublin and was the Chairperson of the LOC of the ISPA conference held in India.

Our family of ISPA, APSPA, and InSPA pay rich tributes to the departed soul. May his soul rest in peace and guide us from heaven.

Dr. Panch. Ramalingam

President

Indian School Psychology Association, India

Asia Pacific School Psychology Association, Malaysia

Tribute to Prof. P. Jeyachandran



He was the founder of Vijay Human Services, which worked for people with intellectual and developmental disabilities

P. Jeyachandran, renowned psychologist and founder of Vijay Human Services, an organisation in the city working with persons with intellectual and developmental disabilities, died in the city on Monday. He was 76.

Set up in 1977, Vijay Human Services aims at empowering and improving the quality of life amongst persons with intellectual and developmental disabilities by promoting their physical, social, and psychological well being. For nearly six decades, Prof. Jeyachandran worked with several children as well as youth and introduced programmes and designed curricula to meet their needs, with a strong focus on life skills.

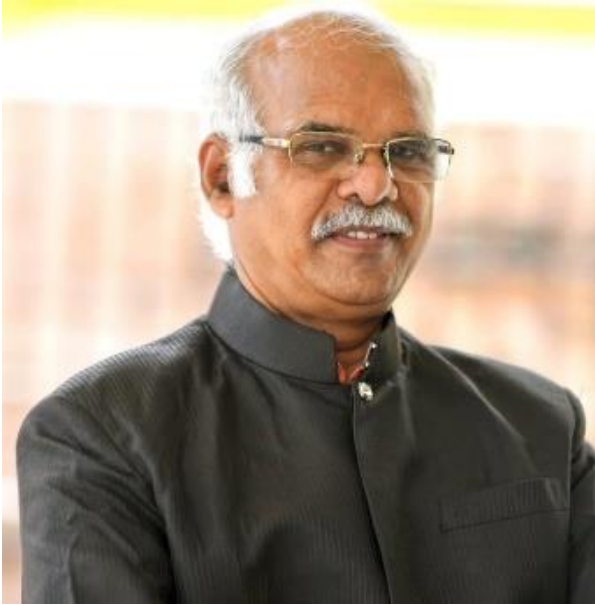
“His efforts and work for children with intellectual and developmental disabilities meant that he was much sought after by special educators and institutions across the country. He helped establish several such institutions, guiding them on everything ranging from the curriculum to the infrastructure needed,” said Janaki Balakrishnan, Managing Trustee, Vijay Human Services. She said that his passing away was an irreplaceable loss to society.

S. Sridharan, advisor, Krishnamachari Yoga Mandiram, termed Jeyachandran as one of the first persons in the state to recognise and include yoga as a therapeutic tool. “Prof. Jeyachandran had a chance meeting with the founder of KYM T.K.V. Desikachar in the 1970s and he then began to actively explore the use of yoga as a tool for persons with intellectual and developmental disabilities. We have since then worked closely with Vijay Human Services and shared a close personal association with him,” he said. He described Jeyachandran as a soft-spoken, simple person who was never motivated by profit.

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President's Message



Our team of office bearers assumed charges on 1st April 2020 with COVID19 Pandemic challenges. No one was expected the uncertainty and cautioned every one of us not to move out of from the houses. During such situation, we acquired the skills for using online tools to com-municate with each other and started the culture of work from home. First, we tried out with Zoom meeting with new office bearers on 2nd April 2020 followed by State Conveners meet on 10th April 2020. The encouraging support rendered by our active members, we extended it to other online meetings and webinars. At the same time, we strengthened our website www.inspa.org to enrol members, immediate issue of membership receipts for the payment done, issue of membership certificates and ID card. Within the short span of six months, we were able strengthen the association

with 1316 Life and Annual Members.

There are nominated State Conveners for 33 States/Union Territories and most of the State conveners extended their support to conduct online and offline programmes. Based on the gained experience,we subscribed for Google Suite with recording facility in July 2020. With the support of the experts in School Psychology, we have launched weekly online courses on Fridays and Saturdays.In collaboration with Asia Pacific School Psychology Association (APSPA), Malaysia we have successfully collaborated two International Conferences in 2022. In the same spirit, we haveconducted our 12th InSPA International Conference at Pondicherry University on 2 – 4 October, 2022.

InSPA is a family of committed members and active volunteers. The InSPA Journal of Applied and School Psychology has been UGC CARE listed since January 2023.

Almost we have achieved our targets proposed in the Action Plan 2020-21 to 2022-23. Now we are planning the activities for the next year 2023-24. This Action Plan is prepared based on our last three-year experiences and involving all national coordinators and state conveners in one track.

This 14th InSPA Annual Report 2022 – 23 provides targets achieved in this year, Profile of the InSPA as well as list of national coordinators, list of state conveners, list of members, list of InSPA Counsellors, detailed activities of the InSPA, InSPA Awardees 2022, Report of the International Conferences, InSPA decisions and audited statement of accounts 2022 – 23. It also includes future action plan 2023-24.

I thank those who have contributed to prepare this annual report 2022-23.

Prof. Panch. Ramalingam
President, InSPA

InSPA Advisors



Prof. Gurmeet Singh
Vice-Chancellor
Pondicherry University
Puducherry



Prof. Mehraj Ud din Mir
Vice chancellor,
Central university of Kashmir,
Srinagar



Prof. P. Venkataramaiah,
Former Chairman STC NCTE
Bangalore



Prof. N. Panchanatham
Vice- Chancellor, Tamil Nadu
Teacher Education University
Chennai



Prof. R. Karpaga Kumaravel
Vice-Chancellor,
Central University of Tamil Nadu,
Thiruvarur



First President (2009 - 2014)
Prof. G.P. Thakur
New Delhi



Imm. Past President (2014 - 2020)
Prof. B. Mukhopadhyay
Chennai



Prof. Kiran Devendra
New Delhi

Office Bearers of the InSPA (2020-2023)

The management of the affairs of the Association is entrusted in accordance with the Rules and Regulations of the Association to the Governing Council of the Association:



President
Dr. Panch. Ramalingam
Puducherry



Secretary
Prof. Zokaitluangi
Mizoram



Treasurer
Dr. S. Suresh
Puducherry



Vice President
Prof. Indranee Phookan
Borooh
Guwahati



Vice President
Dr. R.J. Solomon
Mumbai



Joint Secretary
Dr. Shah Alam
Aligarh



Joint Secretary
Dr. (Smt.) Suneetha J Hangal
Hubli

National Co-ordinators



Dr. Panch. Ramalingam
InSPA Journal Editor



Dr. S. Renukadevi
Children Assembly



Dr. MVR Raju
Research and Development



Dr. Yogini Nath
School Psychology Training



Dr. D. Rajendran
School Teachers' Workshop



Dr. Preeti Inder
Newsletter Editor



Dr Rinpari Ralte
Webinar Coordinator



Prof. S. Thenmozhi
Online Counselling



Dr. Rebecca Lalundiki
Membership Coordinator



Mrs. V. Kamini
Online Counselling
Monitor



Dr. T. Santhanam
Workshop on Special
Education



Dr. Sarah Manickaraj
Game Based Therapy



Dr. G. Kulandaivel
Online Programs



Prof. Bhupinder Singh
Prof. S. Sultan Aktar
National Champion
Award for PG Students



Dr. Kalyani Kenneth
Prof. K.V. Kallappan
National Champion
Award for UG Students



Dr. Ajab Primuswala
National Champion
Award for School Students



V. Ramachandran
Teaching of School
Psychology

InSPA State Conveners (02.04.2020 to 31.03.2021)

Sl No	State	Convenor			
1	Andaman and Nicobar Islands Dr Bency Joy , Port Blair Email : bencyjoy2@gmail.com Mobile : 94342 76617		5	Bihar Dr. Manoj Kumar Email : manojshd2011@gmail.com Mobile : 98356 17781	
2	Andhra Pradesh Dr. N.V.S. Suryanarayana Vizianagaram Email : suryanarayanistala@gmail.com Mobile : 96666 33885		6	Chandigarh Dr. Sneh Bansal Email : sneh.bansal40@gmail.com Mobile : 92164 13124	
3	Arunachal Pradesh Prof. Elizabeth Hangsing Doimukh Email : ehansingrgu@yahoo.co.in Mobile : 94360 44862		7	Chhattisgarh Dr Amba Sethi , Raipur Email : ambasethi@gmail.com Mobile : 97555 90404	
4	Assam Dr. Sabiha Alam Choudhury Email : sabiha.choudhury@ dbuniversity.ac.in Mobile : 76700 26969		8	Goa Dr. Janet Fernandes e D'Souza Email : drjanet2307@gmail.com Mobile : 98237 09003	
			9	Gujarat Dr. Neeta Sinha Email : neetasinha2@gmail.com Mobile : 97121 50720	

10	Haryana Dr. Madhu Anand, Rohtak Email : dranandmadhu@gmail.com Mobile : 94160 51114		22	NCT of Delhi Dr. Munnoo Khan, JMI, New Delhi Mobile : 83828 62489	
11	Himachal Pradesh Dr Anita Chauhan Email : Mobile : 86269 78575		23	Odisha Dr. Rajesh Tripathy, Bhubaneswar Email : tripathy.aiish@gmail.com Mobile : 80119 31863	
12	Jammu and Kashmir Prof. Nighat Basu, Kashmir Email : nighatbasu112@gmail.com Mobile : 99061 35220		24	Puducherry Prof. A. Shahin Sultana Puducherry Email : dr.shahinsultana@gmail.com Mobile : 89033 06712	
13	Jharkhand Dr. Sadique Razaque, Hazaribag Email : sadiquerazaque@gmail.com Mobile : 88251 40732		25	Punjab Dr. Jagpreet Kaur, Patiala Email : mahal.jagpreet@gmail.com Mobile : 99142 00649	
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16	Madhya Pradesh Dr. Reena Singh Email : psychovisionbpl@gmail.com Mobile : 94250 80444		28	Tamil Nadu Prof. S. Thenmozhi, Chennai Email : sthenmozhi@yahoo.com Mobile : 94440 10099	
17	Maharashtra Dr. Priscilla Paul, Mumbai Email : drpriscilla@rediffmail.com Mobile : 98212 57198		29	Telangana Dr. V. Ramachandran Kakatiya University, Email : vramchandram@gmail.com Mobile : 98493 38969	
18	Manipur Dr. Asem Babina, Manipur University Email : drpriscilla@rediffmail.com Mobile : 93780 75488		30	Tripura Dr. Deepa Ghosh Email : deepaghosh71@gmail.com Mobile : 8132023532	
19	Meghalaya Dr Zebalda Restia, Shillong Email : zebaldarestia@gmail.com Mobile : 8794793526		31	Uttar Pradesh Prof. N.K. Saksena, Kanpur Email : nksaksena@rediffmail.com Mobile : 94150 40256	
20	Mizoram Dr. Rinpari Ralte Email : pariralte77@gmail.com Mobile : 94361 58367		32	Uttarakhand Dr. Sandhya Mishra, Dehradun Email : Missworld32001@yahoo.co.in Mobile : 9412037210	
21	Nagaland Dr. Zavise Rume, Kohima Email : zaviserume3@gmail.com Mobile : 81189 26230		33	West Bengal Dr. Debbulal Dutta Roy, Kolkata Email : dduttaroy@gmail.com Mobile : 9830010547	

1. Profile of the InSPA Journey

The Indian School Psychology Association (InSPA) is a voluntary non-profit professional and educational service society (Reg.No. 583/2009). The InSPA office is functioning at #17, 14th Street, Krishna Nagar, Puducherry - 605 008, India. Its base of operation is Union of India. All its income applied solely for the promotion of its aim and objectives and no part of it is distributed to any of its members.

Genesis of InSPA

The term School Psychology/Psychologists was a lesser known in India prior to 2008 as a very few of them trained in US are practicing in the metro cities. Prof. B. Mukhopadhyay had the exposure and access to International School Psychology Association (ISPA) since 1989, and he sowed the seed for School Psychology in the minds of Dr. Panch. Ramalingam by suggesting to attend the ISPA annual Conference at The Netherlands in 2008.

Again in 2009, at the 31st ISPA conference in Malta with the initial hiccups with the discussion ISPA executives, the initiative to develop the School Psychology professional organisation in India began. Dr. Panch. Ramalingam assured them to start School Psychology organisation in India that within a year. Accordingly, Dr. Panch. Ramalingam along with Professor B. Mukhopadhyay arranged a small group meeting at his residence on 6th August 2009. Prof. G.P. Thakur, Dr. S. Suresh, and Dr. S. Renukadevi formed the Indian School Psychology Association.

The Association was registered in Puducherry on 15.10.2009. The inaugural function of the Indian School Psychology Association (InSPA) was held on 9th January 2010 at Hotel Anandha Inn, Puducherry. Shri. P. Kannan, Member of Parliament (Rajya Sabha), Delhi inaugurated and released the first issue of the InSPA Newsletter. The six delegates proudly attended the ISPA conference in Dublin in July, 2010 and signed a memorandum of agreement to conduct the ISPA conference in India.

The Indian School Psychology Association is the need of the hour to help young and energetic psychologists to promote School Psychology in India. To initiate the activities, the association was started functioning its office in Puducherry on 15th August 2009.

Vision

Assurance of easy accessibility of academic resources, development of skills for learning, mental health and well-being in all children.

Mission

The Indian School Psychology Association (InSPA) is a voluntary non-profit educational service Society that supports and advocates for school psychologists to provide professional training to have a positive impact on school systems to improve academic skills, social-emotional functioning, and mental health and well-being of all schoolchildren.

Core Values

Integrity: InSPA is committed to high standards, ethical principles, social justice, honesty, fairness, and treating others with dignity and respect.

Diversity: InSPA honours individual, cultural, and other contextual differences in our own interactions as they shape Child' development.

Collaboration: InSPA collaborates with other organizations, agencies, and others to develop common concern.

Excellence: InSPA promotes high standards of service delivery and resource deployment.

Objectives

The primary aim of the association is to develop and promote School Psychology, human values-based education and training to meet the needs of society in India. To realise the aim, the following are the objectives:

- To promote the use of sound School Psychological Services within the context of educational institutions in India.
- To promote communication among professionals who are committed to the improvement of the mental health and well-being of children in the schools.
- To encourage the training and employment of school psychologists in India
- To protect the rights of all children throughout the country and the world.
- To initiate and promote cooperation with other organizations working for purposes similar to those of InSPA in order to help children.
- To condemn any discrimination of a racial, religious or sexual nature and recommend its members conduct their professional life consistent with this principle.
- To mobilize human resources and other resources to utilize them effectively to realise the aim;
- To establish education, training and counselling centres/units to promote social and economic development of the community through education;
- To organise local, regional, national, and international seminars, conferences, exhibitions, lecture meetings, workshops and training programmes in School Psychology;
- To function as an academic cum research organisation to undertake relevant research relating undertakings to education and human development.

Affiliating Associations

1. International School Psychology Association (www.ispaweb.org)
2. Asia Pacific School Psychology Association (www.apspa.in)

Office Bearers

The management of the affairs of the Association is entrusted in accordance with the Rules and Regulations of the Association to the Governing Council of the Association:

First Governing Council of the InSPA (2009-14):

Sl. No.	Name	Post elected
1	Prof. G.P. Thakur, New Delhi	President
2	Prof. B. Mukhopadhyay, Chennai	Vice-President
3	Dr. V. Muthu, Puducherry	Vice-President
4	Dr. Panch. Ramalingam, Puducherry	Secretary
5	Dr. S. Renukadevi, Chennai	Joint Secretary
6	Dr. R.J. Solomon, Mumbai	Joint Secretary
7	Dr. B. Rangaiah, Puducherry	Treasurer

8	Dr. Suneetha J. Hangal, Hubli	Newsletter Editor
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2nd Governing Council of the InSPA (2014-17):

Sl. No.	Name	Post elected
1	Prof. B. Mukhopadhyay, Chennai	President
2	Dr. R.N. Rai, Shillong	Vice-President
3	Dr. Baby Shari, P.A., Calicut	Vice-President
4	Dr. Panch. Ramalingam, Puducherry	Secretary
5	Dr. R.J. Solomon, Mumbai	Joint Secretary
6	Dr. S. Suresh, Puducherry	Joint Secretary
7	Dr. S.K. Sia, Puducherry	Treasurer
8	Dr. Suneetha J. Hangal, Hubli	Newsletter Editor

3rd Governing Council of the InSPA (2017-20):

Sl. No.	Name	Post elected
1	Prof. B. Mukhopadhyay, Chennai	President
2	Dr. Indranee Phookan Borooh, Guwahati	Vice-President
3	Prof. G. Venkatesh Kumar, Mysore	Vice-President
4	Dr. Panch. Ramalingam, Puducherry	Secretary
5	Ms. Lalitha Subramanian, Chennai	Joint Secretary
6	Dr. Shah Alam, Aligarh	Joint Secretary
7	Dr. S. Suresh, Puducherry	Treasurer
8	Dr. Suneetha J. Hangal, Hubli	Newsletter Editor

4th Governing Council of the InSPA (2020-23):

Sl. No.	Name	Post elected
1	Dr. Panch. Ramalingam, Puducherry	President
2	Dr. Indranee Phookan Borooh, Guwahati	Vice-President
3	Dr. R.J. Solomon, Mumbai	Vice-President
4	Dr. Zokaitluangi, Mizoram	Secretary
5	Dr. Suneetha J. Hangal, Hubli	Joint Secretary
6	Dr. Shah Alam, Aligarh	Joint Secretary
7	Dr. S. Suresh, Puducherry	Treasurer
8	Mrs. Preeti Inder, Chennai	Newsletter Editor

General Body Meeting

The management of the affairs of the Association is entrusted to the Governing Council of the Association in accordance with the rules and regulations of the Indian School Psychology Association. In order to strengthen the activities of the Association, there are State Convenors nominated in all states. There were fifteen General Body Meetings have been convened.

Membership

There are two classes of membership, namely, i) Life Member: All those who are qualified graduates with Psychology as one of the subjects, known to be of good character in the community, may become Life members of the Association by remitting Rs.3000/-, ii) Institutional Member: Institutions with interests in Indian School Psychology Association may become institutional members by remitting Rs. 10,000/- on one-time basis, iii) Annual member by remitting Rs.600/- per year and iv) Associate Members by remitting Rs.1000/-. There are more than 1000 Life Members/Associate members and one Institutional Member as on today.

InSPA Newsletter

This quarterly newsletter covers all the major events of the quarter. This is an effective communication source between members about the activities of InSPA.

InSPA Journal of Applied and School Psychology

It publishes quality research articles related to school psychology in India. Dr. Panch. Ramalingam is the editor of the journal. It is a bi-annual journal. The first issue was appeared in October 2019 and subsequently published every six months.

33rd Annual Conference of ISPA, 2011

As per the signed agreement in the 32nd ISPA annual conference at Trinity University, Dublin by Prof. GP. Thakur, Dr. Panch. Ramalingam and Dr. S. Renuka Devi with ISPA signatories, the 33rd Annual Conference of International School Psychology Association (ISPA) was organized at Vellore Institute of Technology University, Vellore, India, in collaboration with Indian School Psychology Association (InSPA), National Institute of Technical Teachers' Training & Research (NITTTR), Chennai, and Indian Academy of Applied Psychology (IAAP) on 19th - 23rd July 2011.

ISPA Leadership Workshop

On 19th July 2011, as per the ISPA tradition, a leadership workshop was convened at Technology towers of the VIT University. Dr. Jürg Forster, President Elect conducted the workshop on the theme School Psychology in Asia. There were around 30 invitees who were the executives of ISPA and members representing various affiliates of ISPA. Prof. Bill Pfohl presented on School Psychologists Responding to the Disaster in Japan. Panch. Ramalingam, and G.P. Thakur presented the Role of ISPA and InSPA for Developing School Psychology in India. Drs. Bob Clark, and Phuong N. Le presented School Psychology in Vietnam. Followed by general discussion on the theme. It was concluded that ISPA may initiate to create Asian Committee to strengthen the School Psychology in Asia.

InSPA Conferences

The InSPA has so far organised ten conferences on several themes. The details are as follows:

Theme of the Conferences

Year	Theme	Venue	LOC/Chair
2022	12 th InSPA International Conference on 'Achieving Excellence in School Psychology' 02 - 04 October 2022	Pondicherry University, Puducherry	Dr. Panch. Ramalingam and Prof. A. Shahin Sultana
2021	11 th InSPA International Conference on 'School Psychology: Focusing on Global Challenges, 06-08 January, 2022	Virtual Zoom	Prof. S. Thenmozhi and Dr. Panch. Ramalingam

2020	10 th InSPA International Conference on “COVID19: Empowering Mental Health and Lifelong Learning in Children”, 05-07 November, 2020	Virtual Google Meet	Prof. Shah Alam and Dr. Panch. Ramalingam
2019	9 th InSPA International Conference on ‘School Psychology: Professional Skills and Competencies’, 14 – 16 November, 2019	Pandit Deendayal Petroleum University, Ahmedabad	Dr. Neeta Sinha
2018	8 th InSPA International Conference on ‘School Psychology: Broaden the Horizon towards Achieving Excellence in Children’, 11 – 13 October, 2018	Andhra University Vishakhapatnam	Prof. MVR Raju
2017	7 th InSPA International Conference on ‘School Counselling and Skill Development among Children’, 09 – 11 November, 2017	Mysore University Mysuru	Prof. G. Venkatesh Kumar
2017	National Conference on ‘Psychological Skill Development among Students of Higher Education’, 26 – 27 May, 2017	VIT University Chennai Campus	Dr. Maya Rathnasabapathy,
2016	6 th InSPA International Conference on ‘Successful Mental Health and Well-being’, 13 – 15 October, 2016	Pondicherry University, Puducherry	Dr. B. Rangaiah and Dr. Panch. Ramalingam
2015	5 th InSPA International Conference on ‘Developing Life Skills and School Development in India’, 20 – 22 November, 2015	K B P College, Sector 15, Vashi, Navi Mumbai	Dr. R. Solomon
2014	4 th Annual InSPA International Conference on ‘School Psychology: Enhancing Psychological Competencies among School Students for Overall Development’, 21 – 23 November, 2014	Gauhati University, Assam	Prof. Indranee Phookan Borooah
2013	3 rd InSPA National Conference on ‘School Psychology Services to Children with Multiple Disabilities’, 21- 23 November, 2013	NIEPMD, Chennai	Dr. Neeradha Chandrmohan
2012	2 nd InSPA National Conference on ‘School Psychology: Mental Health Challenges’, 22 – 24 November, 2012	Calicut University, Kerala	Dr. Baby Shari
2011	1 st InSPA National Conference on ‘School Psychology: Challenges and Opportunities’, 26 - 28 November, 2011	Jai Narain Vyas University, Jodhpur	Dr. K. Ravi Gunthey
2011	33 rd Annual Conference of International School Psychology Association (ISPA) on ‘Educational Psychology in the context of Globalization, Diversity and Social Challenges’, 19 -23 July, 2011	VIT University Vellore	Dr. Panch. Ramalingam Dr. S. Renukadevi

First InSPA Conference 2011

The first InSPA National Conference was organized at Jai Narain Vyas University, Jodhpur from 26th to 28th November, 2011. More than 120 research oriented papers were presented in the scientific sessions. We are grateful to Prof. Dr. B.S. Rajpurohit, Vice-Chancellor, JNV University, Jodhpur for his guidance and support to organise the InSPA conference. Our sincere thanks are due to the LOC and its Chair, Prof. Ravi Kant Gunthey, Professor of Psychology, JNV University, Jodhpur

Second InSPA Conference 2012

The 2nd InSPA National Conference with the theme “School Psychology: Mental Health Challenges” was successfully organized at Calicut University, Kerala on 22nd to 24th November 2012 in collaboration with the Department of Psychology. Dr. Baby Shari, Chair, LOC.

Children’s Assembly

Based on the experience gained at VIT University, Vellore, the concept of Children Assembly was introduced in all conferences. Children’s Assembly was organized to see the world from their frames. Students from particular regions took part in the program and had fruitful interaction with the experts like Prof. G. P. Thakur, Prof. Jeyachandran, Dr. R. J. Solomon, Dr. Baby Shari, and Mr. Umesh (C.I. P). The last Children Assembly was held at University of Mysore in 2017.

3rd InSPA National Conference on School Psychology Services to Children with Multiple Disabilities

InSPA created yet another mile stone by conducting the 3rd National Conference of Indian School Psychology Association (InSPA) at the National Institute for Empowerment of Persons with Multiple Disabilities (NIEPMD), Chennai on 21st to 23rd November 2013. To achieve the core objectives, there were three plenary sessions and eight concurrent scientific sessions. Each of these sessions were devoted to one of the main objectives.

International Collaboration 2012-13

InSPA has signed memorandum of agreement with Bulgaria Psychology Association to exchange scholars for School Psychology Services. The first batch of scholars visited to India during the year 2013-14. InSPA in collaboration with Klagenfurt University, Austria conducted training programmes for the psychologists in the year 2014. In collaboration with ISPA School Psychology training experts, three training programmes conducted since 2012

International Training on School Psychology 2012

With the aim of introducing School Psychology Training in India, In collaboration with SSA, Puducherry, International School Psychologists Prof. Peter T. Farrell, Manchester University, United Kingdom, Prof. Bill Pfohl, Western Kentucky University, USA and Ms. Coosje Griffiths, Area Manager, Student Services, Australia were invited to conduct various training programmes in Puducherry and Tamil Nadu. A School Psychology training programme was conducted for higher secondary school principals of the Union Territory of Puducherry at SSA, Puducherry in 2012.

1st International Seminar on School Psychology 2012

On 28th January, 2012 the ISPA team participated in the International seminar on School Psychology at Raja Desingh College of Education, Gingee and around 185 teachers and students had actively participated in the seminar. Next day, they took part in the International Seminar of School Psychology at Sri Renugambal College of Education, Polur and this seminar was attended by 300 teachers and students.

4th InSPA International Conference on School Psychology, 2014

Considering the different aspects of students' problems and capacities of school children from an early age, the Annual InSPA International Conference 2014 was organized with the theme "School Psychology: Enhancing Psychological Competencies among School Students for Overall Development" from 21st to 23rd November, 2014 at Gauhati University, Assam.

Immediately after the inauguration, Ms. Coosje Griffiths from Australia, who currently works as a Manager, Student Support: Complex Learning and Wellbeing, State wide Services in the Department of Education in Western Australia presented the keynote address on "The role of school psychology in improving out comes for students. The 5th to 9th International conferences organised as scheduled in the table above.

Institute of School Psychology

The inauguration of the Institute of School Psychology was held on 31st January 2012 at Tamil Sangam, Puducherry. Dr. V. Muthu, President, Tamil Sangam welcomed the guests from abroad. Shri. P. Rajavelu, Hon'ble Minister for Welfare inaugurated the Institute. Dr. Archana Thakur, Deputy Secretary, UGC, New Delhi graced the occasion by lighting the Kuthuvilakku. The team also visited Manimegalai Govt. Higher Secondary School, Puducherry.

International Training Programme on "Safe and Friendly Schooling"

On 1st and 2nd February, 2012 the team conducted training programme on "Safe and Friendly Schooling" at Achariya International School, Villianur and 235 teachers and teacher education students were beneficiaries of the event. On 2nd February, 2012. Prof. Peter Farrell visited the National Institute of Multiple Disabilities (NIPMED), Chennai and Department of Psychology, Madras University, Chennai.

Training Programme in School Psychology in Kerala 2012:

It is also of immense pleasure to report that during the 2nd InSPA conference, two Training Programmes on School Psychology were also conducted. A 6 days' training was conducted at the Department of Psychology, Calicut University, Kerala mainly for the professionals and 30 members benefitted from the expertise and guidance of the international trainer, Prof. Peter T. Farrell. The second training programme was arranged for students and extended for 3 days in which there were 45 participants at LISSAH College, Kaithappoyil, a college affiliated to Calicut University, Kerala.

2nd International Seminar on School Psychology 2013

The theme of the two day International Seminar was "School Psychology for Teacher Educators" was held on 02 - 03 March 2013. In this seminar, the challenges of school communities with many psycho-socio issues of children from different ethnicities, races, languages, religions, abilities, and disabilities were discussed. It was emphasised that the School Psychology should be promoted in India to cater to the needs of the parents, teachers, school administration and policy makers. To achieve the objectives described above, there were 6 concurrent technical sessions and two Keynote sessions. Each of these sessions was devoted to one of the main objectives.

Shri A. Ramachandran, Chairman, Sri Renugambal College of Education, Polur, Thiruvannamalai District presided at the Inaugural session of the seminar and welcomed the dignitaries and delegates of the seminar. Ms. Lisa Rausch, Austria released the proceeding of the seminar and felicitated in the inaugural session. Shri. A. Ramachandran received the first copy of the proceedings. Prof. Walter Renner, Austria inaugurated. Prof. Ratna Natarajan, Prof. D. Sambandhan, Dr. Panch. Ramalingam, Dr. Suneetha Hangal, Dr. Surya Narayana, Dr. S. Suresh,

Dr. T. Arun, Dr. M.V. Sudhakaran, Dr. V. Muthu and more than 300 delegates participated in the seminar.

15th National Conference of PPA on School Psychology 2013

Pondicherry Psychology Association (PPA) in collaboration with Indian School Psychology Association (InSPA) and Immaculate College of Education for Women, Puducherry organized the 15th National Conference on “Emerging Trends in Educational and School Psychology” on 1-2 March 2013 at Puducherry.

At the Inaugural function, Dr. Sr. Mary Nirmala Rani, Principal, Immaculate College of Education for Women, Puducherry, welcomed the august gathering. Shri. T. Thiagarajan, Hon’ble School Education Minister, Puducherry inaugurated the conference and distributed the awards to the awardees. The scope of the conference was explained by Dr. S. Suresh, Secretary, PPA, Puducherry. The Keynote Address was given by Prof. Walter Renner, Klagenfurt University, Austria. Shri. B. Dhandapany, State Convenor, InSPA released the conference souvenir and the Vote of Thanks was proposed by Dr. S. Robinson, Joint Secretary, PPA, Puducherry.

School Psychology Workshop

A three days’ workshop on School Psychology was conducted at Gauhati University from 22nd to 24th November, 2014. In the presence of the resource persons from InSPA, Prof. Indranee Phookan Borooah offered a warm welcome to the resource persons, office bearers of the InSPA and the participants of the workshop. The workshop was inaugurated by Prof. G.P. Thakur, New Delhi, Former President, InSPA. The participants were School Principals, Headmasters, Assistant Teachers, School Counsellors and Professionals from different parts of Kamrup District, Assam. There were 21 Principals / Headmasters / Assistant Teachers from Government Schools and 14 teachers / counselors / Professionals from other Institutions. Dr. Mala Chaliha Talukdar, Faculty, Regional Nursing College, Guwahati and Member of LOC was the Local Coordinator.

Workshops for Teachers on School Psychology

In order to reach out the public schools, the InSPA has been collaborated with the Sarva Shiksha Abiyan and Rashtryia Madhyamik Shiksha Abiyans schemes of the Government of Puducherry. The first training programme was conducted in Puducherry from 28th January to 1st February 2012, by the invited international School Psychology experts. The second training programme was conducted for the school teachers at Achariya College of Education, Puducherry on 1st and 2nd February, 2012. The workshop on School Psychology for the primary school teachers was conducted at SSA, Directorate of Education, Government of Puducherry from 8th to 10th March, 2012. The participating primary school teachers were trained to identify children with learning disabilities. This was followed by **three** more workshops conducted in Kerala in 2012 and Tamil Nadu in 2013. There was a proposal to conduct two day workshops for 420 teachers (seven batches with 60 teachers in each). Subsequently, workshops for five batches were conducted in Puducherry and two batches in Karaikal between July and September, 2014.

The Indian School Psychology Association (InSPA) in collaboration with Rashtriya Madhyamik Shiksha Abhiyan (RMSA), Govt. of Puducherry organized **seven** workshops on School Psychology. Dr. P. Jeyachandran, Chennai; Prof. Ratna Natarajan; Dr. Panch. Ramalingam, Pondicherry University; Prof. D. Sambandhan, Pondicherry University; Mrs. Lalitha Subramanian, Clinical Psychologist; Dr. S. Sabesan; Dr. A.Ra. Sivakumaran, Singapore; Mrs. Suchitra Srinivas, USA were the Resource Persons. The main purpose of the workshops was to professionally train the teachers to understand Learning Disabilities and mental health issues

16th National Conference on Psychology for Safe Schools and Healthy Students 14-15 February, 2015

Pondicherry Psychology Association (PPA) in association with Indian School Psychology Association (InSPA) and Indian Academy of Applied Psychology (IAAP) organized the 16th National Conference on “Psychology for Safe Schools and Healthy Students” on 14-15 February 2015 at Blessed Mother Teresa Model Higher Secondary School, Puducherry. In the Inaugural function, welcome address was given by Rev. Fr. I. Ratchagar, Principal, Blessed Mother Teresa Model Higher Secondary School, Puducherry. The scope of the conference was explained by Dr. S. Suresh, Secretary, PPA. Shri. N. Rangasamy, Hon'ble Chief Minister Puducherry and Shri. V. Sabapathy @ Kothandaraman Hon'ble Speaker, Puducherry Legislative Assembly inaugurated the conference and distributed the awards. Shri. Sudhir I. Nanavati, Senior Advocate, Executive Vice President, Gujarat Law Society, delivered the special address. Prof. B. Mukhopadhyay, President, Indian School Psychology Association and Pondicherry Psychology Association delivered the theme address. Dr. T. Arun Joint Secretary, PPA presented the citation and the Vote of Thanks was proposed by Mr. V. Sendhil, Treasurer, PPA. The two days conference constituted four technical sessions, there were totally sixty papers presented on the various sub-themes of the conference such as Professional Issues in School Psychology, Mental Health and Wellbeing, Aggression and School Violence, and Behavioural Interventions

In the valedictory function, Dr. T. Arun, Joint Secretary, PPA, welcomed the gatherings, the presidential address was given by Dr. Panch Ramalingam, Secretary, InSPA, Puducherry. Prof. D. Sambandan, Former Dean, College Development Council, Pondicherry University, Puducherry delivered the special address. Dr. S. Kathiaravan, Professor & Head, Department of Psychology, Periyar University, Salem distributed the certificates to the participants and paper presenters. The vote of thanks was proposed by Dr. T. Arun, Joint Secretary, PPA.

6th Annual International Conference of InSPA in association with the Department of Applied Psychology, Pondicherry University

The InSPA, in collaboration with the Department of Applied Psychology of the Pondicherry University has organized its 3rd International Conference and 6th InSPA International Conference on *School Psychology: Successful Mental Health and Well-being* on 13 – 15 October, 2016 at Pondicherry University, Puducherry. The inaugural session of the Conference was held on 13th October, 2016 with the singing of National Anthem followed by University Anthem. Dr. B. Rangaiah, Head, Dept. of Applied Psychology, Pondicherry University and Chair, LOC welcomed the august gathering. Prof. N. Govindaraj, Dean, School of Chemical, Physical and Applied Sciences was the President on this occasion. Dr. G. S. Saun, Director, Indian Council of Social Science Research, New Delhi delivered theme address. The keynote address was presented by Dr. Janet Muscutt, Secretary, International School Psychology Association (ISPA), United Kingdom. The inaugural address presented by Y.B. Senator Dato' Sri Devamany S. Krishnasamy, Hon' Deputy Minister in the Prime Minister's Department, Malaysia and highlighted the need for school psychology services in enhancing mental health among children. Prof. B. Mukhopadhyay, President, InSPA formally released the Book of Abstracts. Prof. G.P. Thakur, Former President, InSPA delivered a special address and Dr. Panch. Ramalingam, Secretary, InSPA presented the scope and objectives of the conference.

Award Ceremony: The annual InSPA Award ceremony was held on 13th October, 2016 at 6.30 pm. Shri. V. Narayanaswamy, Hon' Chief Minister of Puducherry was the chief guest who presented the InSPA awards to 16 dignitaries and delivered a special address. Shri. M.O.H.F. Shajahan, Hon' Minister of Puducherry felicitated on the occasion. Prof. Anisa Basheer Khan, Vice-Chancellor (i/c), Pondicherry University presided over the ceremony.

Children Assembly: The Children's Assembly was held on 14th October, 2016 at 9.30 am. More than 400 students between the age group 14 -17 years from various places in and around Puducherry and Karaikal regions assembled and interacted with the School Psychology experts. A new concept *Memoroid* was introduced by Prof. V.S.R. Vijayakumar to help and motivate the children. Prof. Venkata Raghotham, Dean, School of Social Sciences and International Studies, and Director, UGC-Human Resource Development Centre, Pondicherry University presided over the session. Dr. Suneetha Hangal, Associate Professor in Psychology and Editor, InSPA Newsletter coordinated and proposed a vote of thanks.

InSPA Leadership Workshop: InSPA Leadership Workshop for InSPA members and invited delegates was held on the lines of ISPA Model. Dr. Janet Muscutt, Secretary, International School Psychology Association (ISPA), United Kingdom and Dr. Panch. Ramalingam, Secretary, InSPA discussed the role of ISPA in promoting School Psychology in India during the first session. The second part of the workshop was on the genesis and mile stones of InSPA by Prof. G.P. Thakur, Former President, InSPA. The third part of the workshop was on Training and Professional Development by Prof. B. Mukhopadhyay, President, InSPA. There were 56 participants in the session.

Special Session: There was a special address by Dr. Kiran Bedi, IPS (Retd), Hon' Lt. Governor of Puducherry on 16th October 2016 and shared how the subject of Psychology was dear to her heart and how it is useful in all walks of life. On this occasion, she also released the book entitled "School Psychology: Prospects of Children with Multiple Disabilities" edited by Dr. Panch. Ramalingam. Prof. Anisa Basheer Khan, Vice-Chancellor (i/c), Pondicherry University presided during this session.

Plenary and Technical Sessions: The inaugural session was followed by plenary sessions on various sub themes of the conference by the eminent psychology teachers, health practitioners and educationists on the subsequent two days. In total there were 10 plenary sessions on different themes and 7 symposia during the conference. There were 5 workshops and 21 scientific sessions during which 260 research papers were presented. In addition to the paper presentations, Children Assembly inviting 400 students from various schools in the Union Territory of Puducherry, 4 round- table discussion, poster presentations, and Training of Trainers on School Psychology were organized. The conference was a great success with the participation of 32 foreign delegates, 80 invited speakers and 421 delegates from various parts of the country in this mega event !

Cultural and Social Events: On 13th evening, after the InSPA Award Ceremony, a cultural programme by Yoganjali Natyayam, Puducherry was organized by the LOC which was followed by musical and dance presentations by the students of Dept. of Applied Psychology, Pondicherry University. Apart from this, local tours were also arranged for the interested delegates.

Valedictory Session: Curtains of the 6th InSPA International Conference were down with the Valedictory programme on 15th October, 2016 at 3.00 pm. Prof. Malabika Deo, Finance Officer

(i/c), Pudeucherry University graced the occasion as the President and Prof. Barbara Hanfstingl, Klagenfurt University, Austria delivered the valedictory address. Prof. G.P. Thakur, Former President, InSPA presented the certificates to the delegates and Justice David Annoussamy distributed Best Presentation Certificates to the selected presenters. Shri. M. Dhansekaran, Chairman, Manakulavinayagar Group of Educational Institutions, Puducherry was the Guest of Honour at the programme. Dr.Panch. Ramalingam, Secretary, InSPA gave a brief account of the proceedings of the Conference and Dr.B.Rangaiah, Head, Dept. of Applied Psychology, Pondicherry University proposed a vote of thanks. InSPA appreciates and place on record the generous help by our beloved sponsors and all those who have endeavored to make this event a grand success.

7th InSPA International Conference on School Psychology (9-11, November 2017)

The University of Mysore, Department of Studies in Psychology in association with Indian School Psychology Association, Puducherry organized the 7th InSPA International Conference on School Psychology from 9-11, November 2017 on the theme 'School Counseling and Skill Development'. The Conference was inaugurated on 9th November 2017 at 10.30 am, at Nalvadi Krishnaraja Wodeyar Auditorium, Senate Hall, Manasagangotri, Mysuru. 400 school students from 8 schools and colleges across Mysuru city participated in the inaugural function. Apart from this 275 participants, delegates and members of the InSPA were also present for the inauguration. The inaugural function started with the devotional song to invoke the blessings of the divine. This was followed by our Nadageethe after which Prof. G. Venkatesh Kumar, organizing secretary, InSPA welcomed the august gathering.

The function was officially inaugurated by lighting the auspicious lamp. The unique endeavour in it was that, apart from the delegates on the dais, school children were involved in the inaugural function. Prof. Dayananda Mane, Hon'ble Vice-chancellor (I/c), University of Mysore delivered the Inaugural Address. The Vice-Chancellor in his talk highlighted on imparting quality education to students so as to empower them to be responsible citizen of the nation. He also compared traditional education system where the student teacher relationship was one of respect and reverence and how in the present scenario this relationship is losing his focus, flavor and essence. The guest of honour Prof. B. Mukhopadhyay, President, InSPA address the gathering and enlightened those present about the role of parent and child relationship, parental guidance and responsibility of school teachers in leading young hearts through the ups and down of life. Keynote address was delivered by Prof. G.P. Thakur, former President, InSPA, New Delhi. In his note, Prof. Thakur spoke about the roots of psychology in the age old tradition of Indian culture. He also focused on developmental transition of man from infancy to childhood to adolescent and how parents need to change themselves at each stage of their child's development, to be nurturers, mentors and close friends, which can in turn facilitate their mental growth and health.

The book of Abstracts of the papers to be presented in the conference and a book written by Dr. G. Venkatesh Kumar entitled "Scale for Measuring Life Skills and Counseling Adolescents" authored by Prof. G. Venkatesh Kumar was released in the inaugural function. Prof. D. Nanjundaiah, Honorable member of the Syndicate, University of Mysore delivered the presidential address in which he highlighted on the diverse needs of contemporary students and emphasized on the importance of trained counselor and psychologist in every school to cater to these specific psychological and educational needs of the young generation. Another Hon'ble member of the Syndicate, University of Mysore Sri Mohammed Abdus Salam was also present in the inaugural function. Following the address, the dignitaries on the dais were felicitated by Prof.

G. Venkatesh Kumar in a traditional manner where in the guests were honored with the Mysuru Peta. Dr. Lancy D'Souza rendered the vote of thanks and expressed his heartfelt gratitude to all the members present. Following tea break experts in the field including Prof. G.P. Thakur, Prof. B. Mukhopadhyay, Prof. G. Venkatesh Kumar and Dr. Lancy D'Souza interacted.

The valedictory session was held on 11th November 2017 at 02.30 pm in the Department of Psychology during which the InSPA Awards in different categories were presented. Such as InSPA Educational Award, InSPA Leadership Award, InSPA School Psychology Service Award, InSPA Best Paper Award, InSPA Best Performance Award.

International delegates and speakers from Germany, Malaysia, Canada, Iran, Thailand, Sri Lanka, Bangkok and Iran participated in the conference. Also delegates and participants from different states such as Kerala, Tamil Nadu, Goa, Andhra Pradesh, West Bengal, Rajasthan, Madhya Pradesh, New Delhi, Maharashtra, Assam, Puducherry took part in the conference and added to its success and glory.

8th InSPA International Conference on School Psychology

The Andhra University, Department of Psychology in association with Indian School Psychology Association, Puducherry organized the 8th InSPA International Conference on School Psychology from 11-13, October 2017 on the theme 'Broadening the Horizon: Towards Achieving Excellence among Children. The main objective of the conference is to highlight the importance of psychological aspects and intervention strategies for children through the promotion of various psychometrics for school teachers / counsellors. The sessions were conducted on the following sub themes:

- Inclusive Education for Gifted and Special Children
- Exclusive Strategies for Disabled
- Advances in Psychometrics for Schools
- Participatory Educational Practices
- Relationship Counselling in India its Scope and Need
- Need for innovative Therapies in Educational System
- Postvention-way to stop copy cate suicides
- Yoga and Meditation

The First International Conference on School Psychology (10-12 January 2019)

The Malaysian School Psychology Association (MaSPA) in collaboration with Indian School Psychology Association (InSPA) organised its First International Conference on School Psychology during 10 - 12 January, 2019 at Hotel Grand Seasons, Kuala Lumpur, Malaysia. It has created an opportunity for the school psychologists to provide direct support and interventions to students, consult with teachers, families, and other school-employed mental health professionals (i.e., school counsellors, school social workers) to improve support strategies, work with school administrators to improve school-wide practices and policies, and collaborate with community providers to coordinate needed services. The theme of the conference structured with: "Promoting Health, Happiness and Quality of Life: Psychological, Social and Cultural Perspectives among School Children". The Opening Keynote Address on Empowering Children Education – Global Perspectives delivered by *Prof. Dr Gurmeet Singh, Vice Chancellor, Pondicherry University, India and chaired by Dr. Panch. Ramalingam, Secretary InSPA* chaired and introduced the

speaker. Professor Gurmeet Singh stated psychology is vital in every aspect of life and needed in tackling variety of issues. Psychologists ultimately should be able to deduce the performance of a child, to improve their livelihood and guide them holistically at each developmental stage. School going children face problem, goes through difficulties, which may lead to more serious matter *i.e.* depression. Hence, psychologist is required help them handle the issue especially in the early developmental stages (kindergarten). Teachers involved in preschool and primary level are of utmost importance in the development of a child. Psychologists can also help identify the inadequacy of teachers and assist them to progress. Teachers who attends teachers training college goes through specific training *i.e.* clear handwriting, simple comprehensible speech, and *etc.* which largely lacks in teachers graduated from universities. While these teachers are highly knowledgeable 'soft' skills mostly absent. Teachers are also sometimes burdened with other chores. Child on the other hand does not openly talk about their problem and has shorter attention span. Problem faced in currently: 'social scenario' has created a negative taboo on a child or be it the teacher whom attends counselling and/or visits the psychologists. This issue should be tackled holistically from various perspective. Look into fundamentals (back to basics).

Hon' Deputy Minister for Education in Malaysia Ms. Teo Nie Ching has inaugurated the conference and released a book authored by Prof. Gunasekaran of University of Selangor, Malaysia. Professor T. Marimuthu, President, Social Strategic Foundation, Malaysia welcomed, Professor, Harcharan Singh Siddu, Vice-Chancellor, AIMST University Malaysia presided and Dr. Balan Radhakrishnan proposed a vote of thanks.

On the first day of the conference, there were five keynote addresses and five invited speeches. In addition, two symposiums and five workshops have been conducted. On the second day there were 78 research papers presented in 10 concurrent sessions. On the concluding day Prof. Meharaj Uddin Mir, Vice Chancellor, Kashmir Central University, India delivered valedictory address.

While concluding a new chapter on Asia Pacific School Psychology Association has been declared opened by Dr. Panch. Ramalingam, Secretary, InSPA. It was decided to hold the next International conference in Colombo, Sri Lanka in February 2020. There were 200 delegates from India, Sri Lanka, Bangladesh, China, Germany and other countries participated in the conference.

9th International Conference on School Psychology Competencies 14 - 16 November 2019

The 9th International Conference of Indian School Psychology Association (InSPA) began on 14th November 2019 at the PDPU campus, Gandhinagar alongside a parallel three-day workshop on School Psychology Competencies from 13th – 15th November 2019. The welcome address of the conference and workshop was given by Dr Panch Ramalingam, Secretary InSPA and Prof B. Mukhopadhyay, President, InSPA. The workshop comprising of 12 training sessions received more than 30 participants from premier institutions in Chandigarh, Chennai, Kanpur, Mizoram, Bangkok, Bangladesh and within Gujarat. Prof Jagdish Joshi, Director, HRDC-Gujarat University gave the inaugural address and stressed on the importance of raising awareness about child psychology given the recent rise in stress-related suicides among the youth. He emphasized on the importance of team-work and collaboration. In his keynote address, Prof Ratna Natarajan, Director, State Training Centre, Chennai emphasized on skill development as well as the need to understand a child's mind in today's highly competitive environment. The other esteemed speakers emphasized on building confidence among teachers (Prof Panch. Ramalingam, InSPA

Secretary), understanding the difference between education and knowledge (Prof Md. Kamal Uddin), importance of indigenous approaches like Yoga and Meditation to enhance well-being (Prof B. Mukhopadhyay, InSPA President) and the role of a teacher in cases related to bullying (Prof Parvathy Varma). This workshop was concluded by a valedictory address by Dr Santhakumar, VC, GNLU and Dr Joshi, Registrar, GLS. On the first day of conference, in the inaugural ceremony, we were fortunate to have, Shri Pankaj Kumar, Additional Chief Secretary, Gujarat as our honorary guest for the special address where he emphasized the importance of research in the area of school psychology for ensuring holistic wellbeing of children and youth. Prof. Tarun Shah, Registrar, PDPU and Prof. Nigam Dave-Director, School of Liberal Studies, PDPU welcomed the conference participants at PDPU. Dr Daniel B. Greenberg, USA delivered the keynote address on 'Bringing Education to Life' wherein he explained how Ecovillages as campuses can be developed for transformative education. Alongside, the ceremony witnessed distribution of InSPA awards, release of the International Journal of Asia Pacific School Psychology, Release of the InSPA journal of Applied and School Psychology and the release of the InSPA decennial book (2009-2019).

The three-day international conference hosted delegates from seven countries (Bangladesh, Indonesia, Malaysia, Bangkok, Sri Lanka, US and within India). The conference was quite enriching with 32 expert sessions including Invited Talks, symposiums, thematic address and workshops. As dissemination of research findings is one of the primary purposes of an Academic conference, we received an overwhelming response with 240 paper presentations in the concurrent scientific sessions. Young scholars (including more than 60 undergraduate and postgraduate students of PDPU) as well as senior experts, professors, academicians and practitioners presented the papers.

All the research papers reflected hard work and sincere efforts to examine the common issues in school psychology. Some of the themes covered by researchers were parenting styles and resilience among adolescents, social competence in context ECA activities in school, predictors of happiness among school going students and educational challenges of school teachers. Some very practical issues were also covered namely: effect of air pollution levels on stress levels of students, social phobia among the youth, emotional labour and its impact of job satisfaction, personality and religious prejudice, effect of stress on suicide probability, non-verbal creative thinking.

10th InSPA International Conference (2020)

The 10th InSPA International Conference on "COVID19: Empowering Mental Health and Lifelong Learning in Children" was held in collaboration with the Department of Psychology, Aligarh Muslim University, Aligarh from 5th to 7th November 2020. Due to the COVID19 pandemic, it was not possible to conduct the conference physically as scheduled at Aligarh Muslim University, Aligarh and instead it was conducted virtually with the same zeal and enthusiasm through Google Meet. Delegates from all over the country as well as abroad had participated in the conference and all the registered delegates were accommodated in seven concurrent Google Meet links. The three-day conference was the first attempt to go virtual due to the pandemic.

The conference was inaugurated at 10.00 A.M with the Welcome Address by Dr.Panch Ramalingam ,President InSPA and the programme was followed by the InSPA Anthem. There were seven Google links created for the conference with a monitor for each link. Dr.T.Santhanam And Dr.Veena were the Google meet co-ordinators and the latter was also the Master Of The Ceremony. After the Welcome address, Dr.Panch Ramalingam briefed about the purpose of the conference.

Prof.B. Mukhopadhyay , former President of InSPA gave his valuable inputs from his vast experience and emphasised on the need of School Psychology. Prof.Gurmeet Singh, Vice-chancellor, Pondicherry University inaugurated the conference and released the Book of Abstracts. Prof.G.P.Thakur from New Delhi, in his theme address emphasised on the Importance of Mental Health for School Students and how teachers and schools can be empowered to improve It. Prof.Shah Alam, Aligarh University delivered the Vote of thanks

This was followed by a session by Keynote Speakers. Prof.Akbaruddin Ahmad, Vice-Chancellor, Darul Ihsan University, Bangladesh spoke on “Mental Health of children during pandemic-Challenges faced.” Dr. Shafiq and Dr. Mohamed Rahim Kamaluddin from the National University of Malaysia presented a session on “Relationships between Students’ sustainable engagement In E- Learning; Personality factors and Psychological distress among Malaysian University Students.”

In the evening, a special session was arranged on google meet to distribute the InSPA awards 2020. The three day virtual conference was a huge success thanks to the detailed planning by the team behind it, headed by Dr.Panch Ramalingam, President, InSPA. The team ran through all the aspects of the conference and the step by step approach, along with meticulous work by the monitors helped in smooth sailing of the sessions. We eagerly look forward to the next InSPA conference in Chennai.

11th InSPA International Conference (2021)

Fellows of InSPA 2021

The following names have been selected for the Fellows of InSPA in the 9th meeting of the Governing Council of InSPA held on 14th August 2021.

1. Prof. G.P. Thakur, New Delhi
2. Prof. B. Mukhopadhyay, Chennai
3. Prof. G. Rajamohan, Chennai
4. Prof. Ratna Natarajan, Thiruppathur
5. Prof. N.K. Saxena, Kanpur
6. Prof. P. Jeyachandran, Chennai
7. Prof. Suja Koshy, Mumbai
8. Prof. G.C. Upadhyay, New Delhi
9. Prof. R.S. Pirta, Shimla
10. Prof. B.H. Joshi. Ahmedabad

2. List of Members

Regn. No.	Name	Address	Gen	State	Qualification	Proposer
LM/2022/1 1234	Dr Krishan Kumar	Postgraduate Institute of Medical Education Research PGIMER	Male	Chandigarh	M.Phil, PhD	Panch Ramali ngam
LM/2022/1 1235	Dr Laxmi Narayan Rathore		Male	Mizoram	Ph.D in Clinical Psychology	Dr. Zokaitl uangi
AM/2022/1 1236	Pramjeet Singh	VPO- Dhani Phogat, District- Charkhi Dadri, State- Haryana, India (127306)		Haryana & Charkhi Dadri	Master s in Psychology	Dr. Vishwa nand Yadav
LM/2022/1 1237	Dr. Susheela Narang	Kenway College of Education Near Radha Swami Dera Hanumangarh Road Abohar	Female	Punjab	Ph.D. (Education)	Dr Sneh Bansal
AM/2022/1 1238	Arti Kaushik	347, Someshwar Mandir Road, Ganganagar, Rishikesh, Uttarakhand - 249201		City: Rishikesh and State: Uttarakhand	MA Psychology	Dr. VISHW ANAN D YADAV
AM/2022/1 1239	Urvi Jain		Female	Madhya Pradesh	M Sc Counselling Psychology	Dr. Seema Vijavargiya
LM/2022/1 1240	Punita Borpujari Deori	Punita Borpujari Deori Kamalkanta Enclave flat No 2A Opposite to Bharat Petrol Pump Jayanagar	Female	Assam	postgraduate	Dr. Jerina Begum
LM/2022/1 1241	Sujatha Sethuraman	No 74 C P Ramaswamy Road Block 2 - 6 C Abbotsbury	Female	Tamil nadu	M. Sc (Psychology)	Dr S Narmada
LM/2022/1 1242	Dr. Nishi Kanti	Dharfari Enclave B - 305 Club Road Ramna Muzaffarpur	Female	Bihar	M. A, Ph. D	Dr. Shakila Azim
LM/2022/1 1243	Aayushi Soral	C121 Radhika Enclave Mahesh Nagar Near JDA	Female	Rajasthan	PhD Scholar	Dr. Ajay Kumar

		Park Jaipur Rajasthan India 302015				Chaudhary
AM/2022/1 1244	Selvinu Khanyo		Female	Nagaland	MSc Psychology	Areni Tungoe
LM/2022/1 1245	Farzana Nikhat	c o Sajid Anjum Pakki Sarai Chowk Chandwara Muzaffarpur Bihar India	Female	Bihar	M.A, Ph.D	Dr. Shakila Azim
LM/2022/1 1246	Tamanna Naz	Ward No 7 Nagar Panchayat Chakia District Chandauli	Female	Uttar Pradesh	Master s in Psychology	Dr. Nishat Afroz
LM/2022/1 1247	Sharmada Gautham	28 Dr Narayana Swamy layout Redfields Coimbatore	Female	Tamil Nadu	M.SC Applie d Psychology	Panch Rama mlinga m
AM/2022/1 1248	Pulovili K Awomi		Female	Nagaland	Post Gradua te	Areni Tungoe
LM/2022/1 1249	Sandhya Binu Ninan	3L Shanmugham Flats Pari Salai Mogappair East Chennai 600037	Female	Tamil nadu	Ed.S School psycho logy	Prof. Panch. Ramali ngam
LM/2022/1 1250	Singampalli Harsha Sadgun	C1 Nikhil s Santhoshi apartment Above CANARA Bank Near Police Welfare Petrol Bunk Visalakshi Nagar	Male	Andhr a Prade sh	MA Psycho logy	Dr. MVR Raju
LM/2022/1 1251	Dr. Rajshree S. Rathod	Dr Rajshree Rathod A-702 Sunorbit Anandnagar Sinhgad Road Pune 411051	Female	Maha rasht ra	Ph.D. (Special Educat ion)	Dr. P. Ramlin gam
LM/2022/1 1252	Dr Ruchi Jain PT	Jyoti Physiotherapy clinic In front of presidency school Dubey colony Guna MP Pincode 473001	Male	Madh ya Prade sh	PhD	Dr Reena Rajput Bhopal
AM/2022/1 1253	Ritika Verma	H.no - 721, First Floor ,Sector 9A , Gurgaon, Pin code 122001	Female	Harya na	PhD Resear ch Schola r	Dr. Panch. Ramali ngam
M/2022/11 254	Dr Vishwanand Yadav	Head, Department of Psychology, Central University of Haryana	Male	Harya na	PhD	Dr. Panch. Ramali ngam
LM/2022/1 1255	Dr Romesh Kumar	H. No 456 A, lane no 02 ,Rani Talab Digiana Jammu J&K	Male	Jamm u and Kash mir	PhD	Prof. Arti Baksh i

		UT PIN 180010				
AM/2022/1 1256	Megha Kashyap	Quarter no. T-11 B, Railway colony, Narkatiaganj, Bihar, 845455	Female	Bihar	MA	Dr. Vishwa nand Yadav
AM/2022/1 1257	Jatinder Kaur	F-53-B Tilak Vihar Tilak Nagar New Delhi 110018	Female	Delhi	MA	Dr. Vishwa nand Yadav
AM/2022/1 1258	Aishwarya Raj	Gokulam', Naduvathuparambil House, Aripalam P.O., Irinjalakuda, Thrissur (DT), Kerala, India. Pun - 680688	Female	Kerala	MA	Dr. Vishwa nand Yadav
AM/2022/1 1259	Anshul Girdhar	Old Post Office Street, Old Bazaar, Bhuna, District- Fatehabad		Harya na and Bhun a	Master s of Scienc e- Psycho logy	Dr. Vishwa nand Yadav
LM/2022/1 1260	Leony Falia	POST BOX NO- 71 H P O- PORT BLAIR SOUTH ANDAMAN	Female	ANDA MAN & NICO BAR ISLA NDS	M.Sc. Clinica l Psycho logy	Dr. Panch. Ramali ngam
LM/2022/1 1261	Dr. E Sinu	Dept of Psychiatric Social Work, NIMHANS	Male	Karna taka	PhD	Dr. Panch. Ramali ngam
LM/2022/1 1262	Basuki Nath Jha	Geeta vatika Bhatija Godda- 814133	Male	India	M.Ed	Dr. Shamil Azim
AM/2022/1 1263	Pavitra Singh	12A block C, Vipul world, sec 48, Gurgaon		Gurga on, Harya na	Msc Psycho logy	Pavitra Singh
LM/2022/1 1264	Suripeddi Koundinya	H No 41 8-7-55 41 Road no 2 Shirdi Sai Nagar Hasthinapuram	Male	TS	M.A. Psycho logy	Dr. Madhu kar
LM/2022/1 1265	Dr. Ruma Biswas	Qtr D-15 NTPC Township Darlipali Sundargarh Odisha 770025	Female	Odish a	P.hD in Englis h	Prof. Panch. Ramali ngam
LM/2022/1 1266	Dr. Pradeep Kumar	Department of Psychology Central University of Haryana Jant-Pali Mahendergarh	Male	Harya na	Ph. D.	Dr. V. N. Yadav

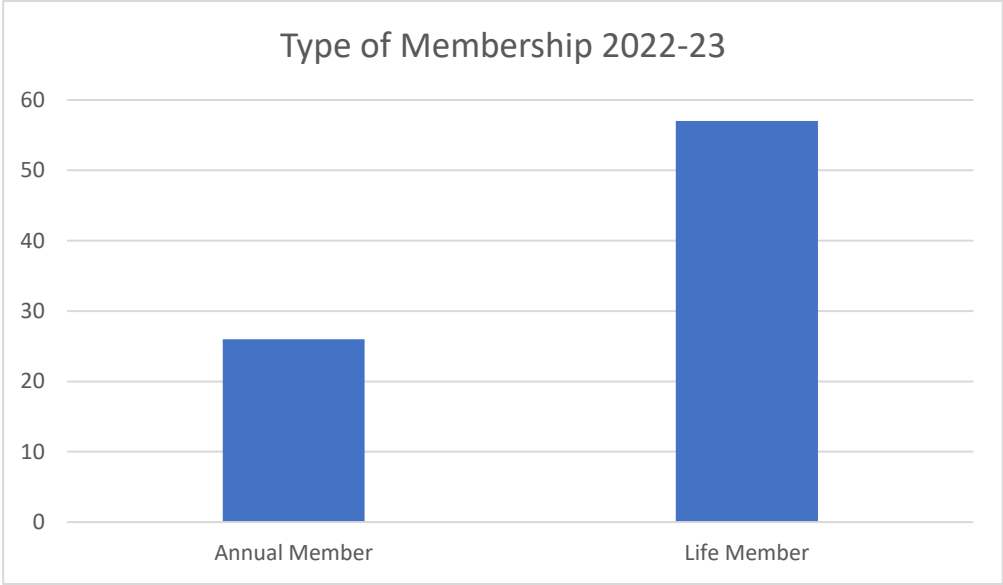
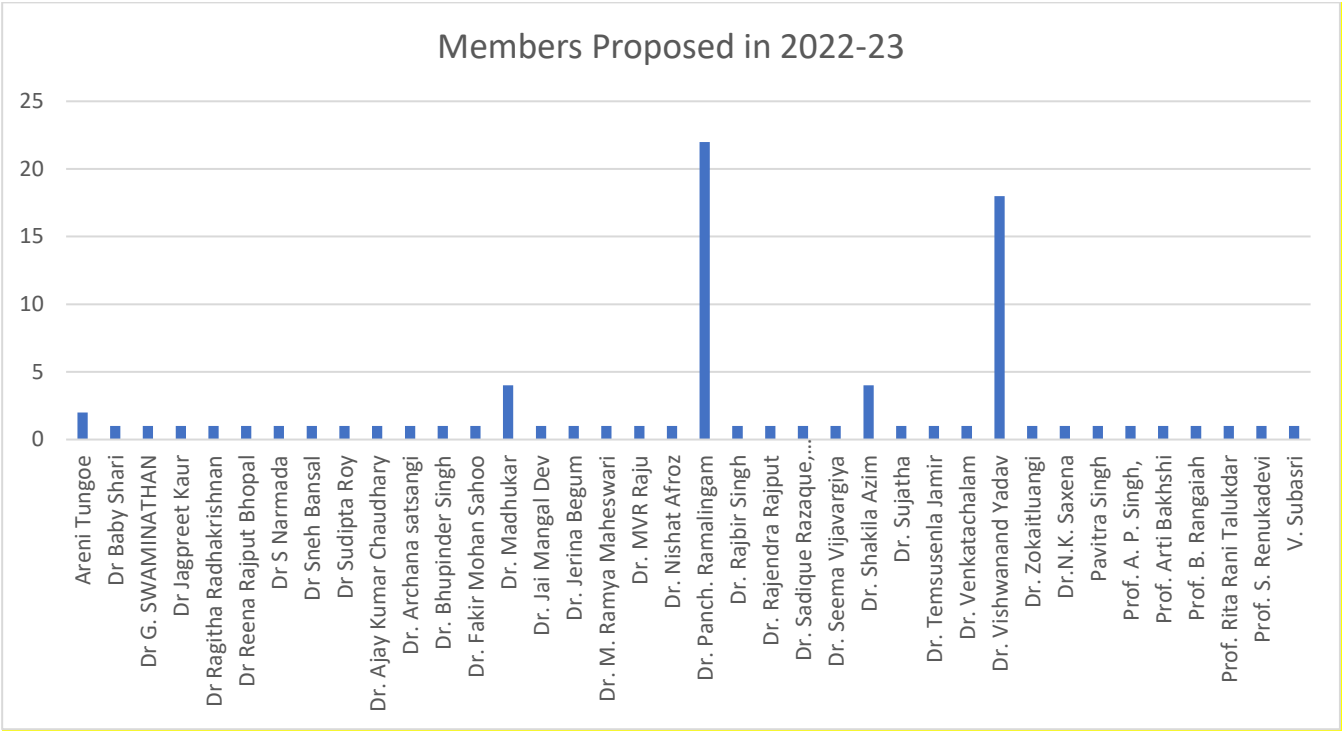
AM/2022/1 1267	Subathradevi S	10/221, plot no 96, subamathi nivas, 4th Street, vimala Nagar, Medavakkam, Chennai 600100	Female	Tamil Nadu	M.Sc	Prof. S. Renuka devi
AM/2022/1 1268	S. Pon Shylaja	29-8/36 Railway Feeder Road, Paramakudi, Ramnad Dst - 623707, TamilNadu	Female	Tamil Nadu	PhD in Clinica l Psycho logy	Dr. M. Ramya Mahes wari
LM/2022/1 1269	Dr.Aradhana Gupta		Female	Uttar Prade sh	Phd	Dr.N.K. Saxena
LM/2022/1 1270	Dr Rupashree Goswami	Rupashree Goswami School of Psychology Gangadhar Meher University Sambalpur India Pin 768004	Female	Odish a	PhD	Dr. Fakir Mohan Sahoo
AM/2022/1 1271	Miloni Shah	15, Salila, Friends Society, NS Road 6, Juhu Scheme, Vile Parle West, Mumbai 400056	Female	Maha rashtr a	Master s	Dr. Panch. Ramali ngam
AM/2022/1 1272	Kumari Manju Phogat	Department of psychology, CUH , Jant Pali, Mahendergarh	Female	Harya na	MA in Psycho logy	Dr. V.N Yadav
AM/2022/1 1273	Komal Bumra	House No.-2287, Sector-13, HUDA, Bhiwani, Haryana	Female	Harya na	MPhil Psycho logy	Dr. Vishwa nand Yadav
AM/2022/1 1274	Nidhi Kalonia	GHIKARA ROAD, CHARKHI DADRI, HARYANA	Female	Harya na	PhD Resear ch Schola r	Prof. Vishva nand Yadav
AM/2022/1 1275	Pramjeet Singh	VPO- Dhani Phogat, District- Charkhi Dadri, State- Haryana, India (127306)	Male	Harya na	Master s in Psycho logy	Prof. Vishva nand Yadav
AM/2022/1 1276	Arti Kaushik	347, Someshwar Mandir Road, Ganganagar, Rishikesh, Uttarakhand - 249201	Female	Uttara khand	MA Psycho logy	Prof. VN Yadav
AM/2022/1 1277	Anshul Girdhar	Old Post Office Street, Old Bazaar, Bhuna, District- Fatehabad	Male	Harya na	M Sc in Psycho logy	Dr. Vishwa nand Yadav
AM/2022/1 1278	Pavitra Singh	12A block C, Vipul world, sec 48, Gurgaon	Female	Harya na	M Sc in Psycho logy	Dr. Vishwa

						nand Yadav
AM/2022/1 1279	Anuranjan Kumar	House No- 101, New housing Board, Mahendragarh, Haryana, Pin-123019	Male	Haryana	M Sc in Psychology	Dr. Vishwanand Yadav
LM/2022/1 1280	Manisha Gangwar	9 34 PAU CAMPUS LUDHIANA	Female	Punjab	PhD	Dr Jagpreet Kaur
LM/2022/1 1281	Smita Shukla	Stadium Road Tulsi Nagar Korba	Female	Chhattisgarh	Ph.D.	Dr. Rajendra Rajput
LM/2022/1 1282	Mr M.Papaiah	H No 4-12-1068 6 Sushma Sai Nagar Vanasthalipuram Ranga Reddy Dist Hyderabad-500070	Male	Telangan	Ph.D (Pursuing)	Dr. Gampala. Madhukar
LM/2022/1 1283	F Antony Fernandes	75B IRUDAYA PURAM MUGAIYUR POST VILLUPURAM DT	Male	Tamil Nadu	MSC	Prof Panch Ramalingam
AM/2022/1 1284	Razouneino Suokhrie	Cl 3651 L.khel Kohima Village		Kohima	Master s of science in psychology	Dr. Temsunla Jamir
LM/2022/1 1285	Dr Jeny Rapheal	Palayoor H Nellikkunnu Thrissur - 680005 Jubilee Mission P O Kerala India	Female	Kerala	PhD Psychology	Dr Baby Shari
LM/2022/1 1286	Dr Mohsena Khalil		Female	Delhi	PhD	Dr Shakila Azim
LM/2022/1 1287	Chetana Harika Oruganti	Plot No 73 Second Floor Sector-3 MVP Colony Visakhapatnam-530017	Female	Andhra Pradesh	MA Psychology, pursuing PhD	Prof. Panch. Ramalingam
LM/2022/1 1288	NEHA R	C-8-1 Crimson Dawn Pricol Apartments Nava India Rd Peelamedu Coimbatore-641004	Female	Tamil Nadu	12th	Panch Ramalingam
LM/2022/1 1289	Manjusha Mohan	Lalithalayam Cheruthana p o Ayaparampu Alappuzha dist Kerala - 690517	Female	KERALA	M. Phil	Dr Ragitha Radhakrishnan
LM/2023/1 1290	Ganesh Chandra Baskey	Department of Zoology DR SHYAMA PRASAD	Male	Jharkhand	Ph.D	Dr. Sadique

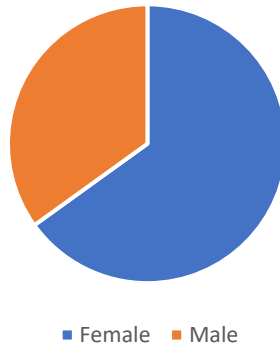
		MUKHERJEE UNIVERSITY RANCHI 834008 Jharkhand				Razaque, Hazaribag
LM/2023/1291	Varsha Gautam	15a2 near vishal jewelers tantura road balajipuram mathura	Female	uttar pradesh	PhD (pursuing)	Dr. Archana Satsangi
AM/2023/1292	Annu		Female	Tamil Nadu	MA Psychology	Dr. Panch. Ramalingam
LM/2023/1293	Dr. Chandrakant Hiware	39 SMURTI SNEHAL NAGAR SEVAGRAM ROAD	Male	Maharashtra	M.A., Ph.D	Prof. Panch. Ramalingam
LM/2023/1294	S. Arul Prabakaran	39 SMURTI SNEHAL NAGAR SEVAGRAM ROAD	Male	Tamil Nadu	M.Sc.	Dr. Sujatha
LM/2023/1295	Dr. Amish	Department of Psychology Feroze Gandhi College Rae Bareilly-229001 Associated with University of Lucknow Lucknow Uttar Pradesh India	Male	Uttar Pradesh	M.A., Ph.D. in Psychology	Prof. A. P. Singh, Professor Emeritus, Department of Psychology, Banaras Hindu University, Varanasi-
LM/2023/1296	Thunai		Female	Tamil Nadu	Mental Health Practitioner	V. Subasri
LM/2023/1297	Smarika Dalal	House No 168 Sector 15A Hisar Haryana - 125001	Female	Haryana	M.Sc. Psychology	Dr. Vishwanand Yadav
LM/2023/1298	Shobha Managoli	479 13 18th Main Road Shreyas	Female	Karnataka	M.Phil	Dr. Sudipta Roy
AM/2023/1299	Amandeep	E-3 15, Second Floor, DLF VALLEY, panchkula, Haryana 134109	Male	Haryana	M Sc Counseling Psychology	Prof. VN Yadav

LM/2023/1 1300	Dr.Ashwini Gijare		Female	Maha rashtr a	Ph.D Clinica l Psycho logy (Learn ing Difficul ties)	Prof Panch Ramali ngam
LM/2023/1 1301	Vikas Kumar	Flat No-2A Saakar Orchid Green Apartment Vijay Singh Yadav Path Near Tribhuwan International School Saguna-Khagaul Road	Male	Bihar	MPhil	Dr. Jai Mangal Dev
AM/2023/1 1302	Vasundhara Sreenivasula	Flat no 302, Venkata Sai Residency, e- seva road Motinagar	Female	Telan gana	M Ed	G Madhu kar
	Dr. D. umadevi	University of Delhi	Female	Delhi	Ph D	Prof. Panch. Ramali ngam
LM/2023/1 1304	Abirami S	1 PODHIGAI STREET VAANOLI NAGAR PUDUCHERRY 605010 INDIA	Female	PUDU CHER RY	Ph D	Dr G. SWAM INATH AN
LM/2023/1 1305	Dr. Ravi Pratap Pandey	Department of Psychology Central University of Haryana Jant- Mahendergarh- Haryana 123029	Male	Harya na	Ph.D. Psycho logy	Prof. Vishva nand Yadav
LM/2023/1 1306	Jonnadula Venkatachalam	Professor Dept of Psychology Periyar University Salem	Male	Tamil Nadu	PhD	Prof. Panch. Ramali ngam
LM/2023/1 1307	Rameshbabu Tamarana	Dr Rameshbabu Tamarana Assistant Professor Department of Psychology CHRIST Deemed to be University Bannerghatta Road Campus Bannerghatta Road Bengaluru - 560076	Male	Karna taka	PhD in Applie d Psycho logy	Prof. B. Rangai ah
LM/2023/1 1308	Mohammad Ikbal Ba	Assistant Professor Department of Psychology Government First Grade College	Male	Karna taka	Mphil., persui ng PhD	Dr. Venkat achala m

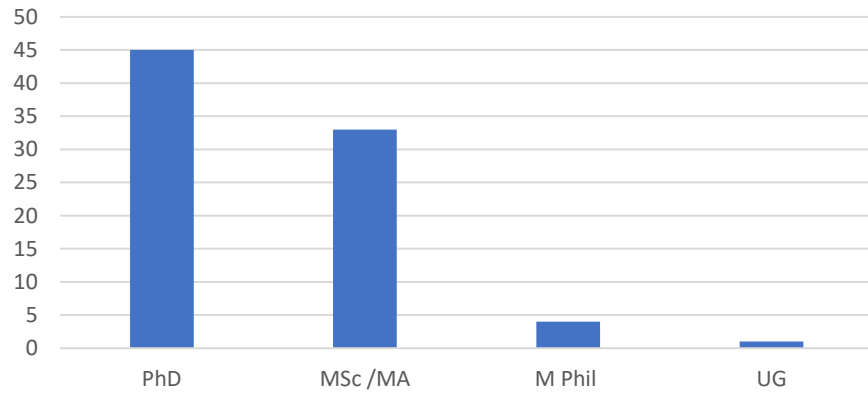
		Thirthahalli Shivamogga Dist				
LM/2023/1 1309	Dr. Priyanka Das	Presidency Uniuersity	Female	West Benga l	Ph.D	Prof. Panch. Ramali ngam
LM/2023/1 1310	Dr. Jyoti Abhir	Chair Person, District Hospital Welfare Section, Red Cross Society, Narnaul	Female	Harya na	Ph.D	Prof. Panch. Ramali ngam
LM/2023/1 1311	Dr.N. Sudha	Principal, Sai Ram Vidyalayam, Puducherry	Female	PUDU CHER RY	Ph.D	Prof. Panch. Ramali ngam
LM/2023/1 1312	Dr. Suruchi Singh	614-B Hamilton court Gurugram Haryana 122009	Female	Harya na	Ph.D	Dr. Rajbir Singh
LM/2023/1 1313	Dr Kakali Goswami	Department of Psychology Rajiv Gandhi University Rono Hills Doimukk Arunachal Pradesh	Female	Aruna chal Prade sh	Ph.D	Prof. Rita Rani Talukd ar
LM/2023/1 1314	Dr. Ruchika Sharma	Gurgaon	Female	Harya na	Ph.D	Dr. Bhupin der Singh
LM/2023/1 1315	Dr Karthik Rajendra	No 64 Srinivasa Nilaya DUO Residency Jakkur Plantation Bangalore-560064 Karanataka	Male	Karna taka	PhD	Dr. Panch Ramali ngam
LM/2023/1 1316	Dr. Krishnamurthy V S	Government Home Science College for Women Holenarsipura Hassan 573211	Male	Karna taka	Ph.D	Dr. Venkat achala m



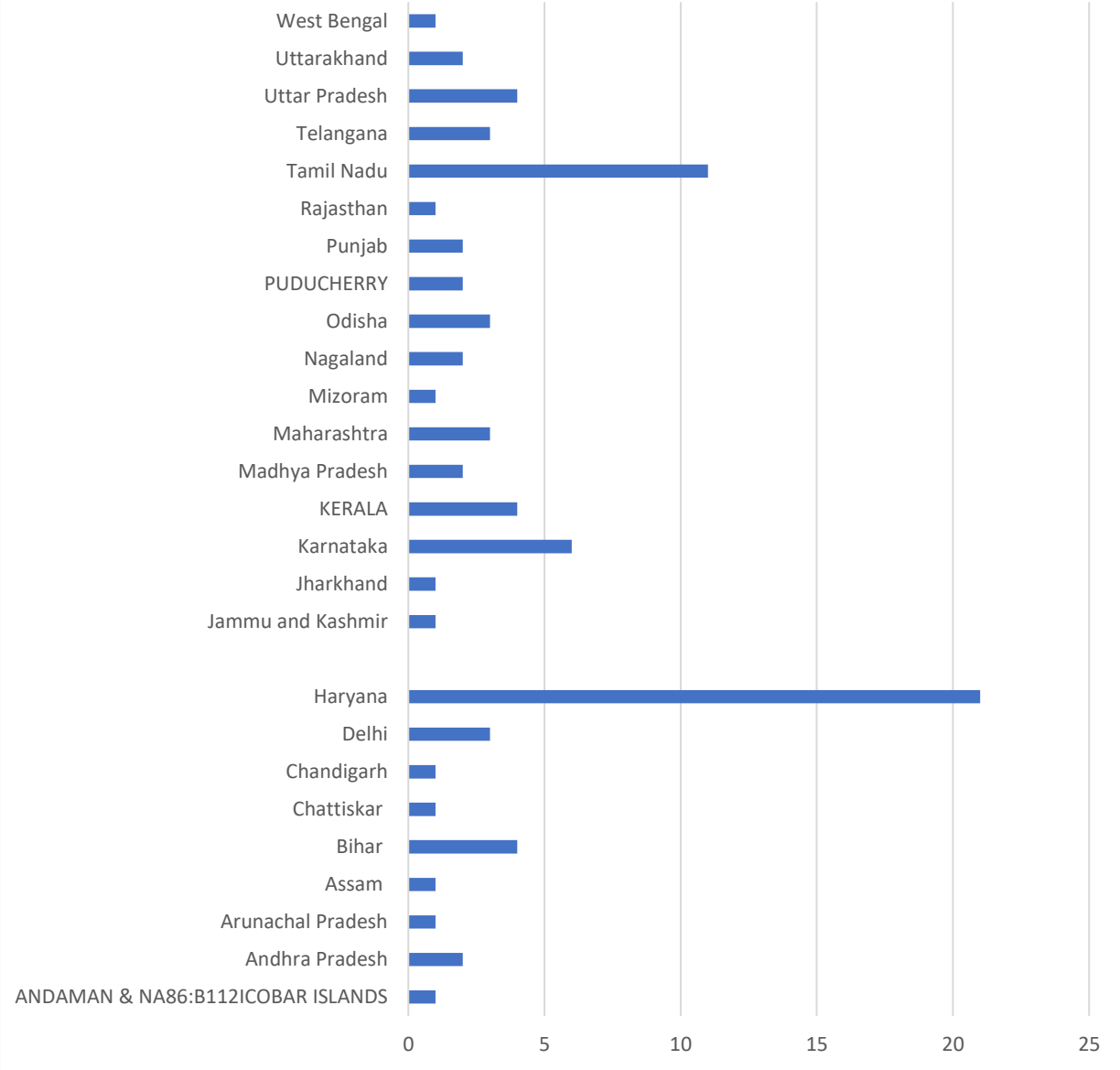
Gender 2022-23



Qualification of Members 2022-23



Statewise Representation 2022-23



3. InSPA Awardees

1. InSPA School Psychology Services Award

The following InSPA members have been honoured with School Psychology Awards for their outstanding contributions in the field of School Psychology and Education:

Year	Name and Designation
2011	Shri. J. Arawindhan, Chief Mentor, Acharya Group of Educational Institutions, Puducherry.
2011	Shri. A. Ramachandran, Secretary, Sri Renugambal College of Education, Polur.
2011	Shri. B. Dhandapany, Secretary, Senthil College of Education, Puducherry.
2012	Prof. P.J. Joseph, President, Toc H Institute of Science and Technology, Cochin.
2012	Prof. P. Jeyachandran, President, Vijay Mental Health Home, Chennai.
2012	Shri. E. Vallavan, Director of School Education, Puducherry.
2012	Dr. V. Muthu, Chairman, King Nandhivarman College of Arts and Sciences, Thellar.
2013	Dr. N.K. Saxena, Professor of Psychology, Kanpur.
2014	Dr. Ratna Natarajan, Director (Retd), State Training Centre, Chennai.
2014	Dr. Neeraja Chandramohan, Director, NIEPMD, Chennai.
2014	Dr.Suneetha Hangal, Associate Professor, S.K.Arts College & H.S.K.Science Institute, Hubli, Karnataka.
2015	Dr. B. Rangaiah, Head, Department of Applied Psychology, Pondicherry University, Puducherry.
2016	Dr. Swami Sankarananda Saraswati, Puri, Odisha.
2017	Dr. R. Hariharan, Project Coordinator, Indian Society for Technical Education, New Delhi
2018	Prof. Sanjeev Sonawane, Ex-Dean Faculty of Education, and Director, UGC-HRDC, Savitribai Phule Pune University, Pune
2019	Prof. Nighat Basu, Central University of Kashmir, Sri Nagar
2020	Prof. T. Santhanam, President, SDS Academy, Chennai
2021	Prof. Alex Mathew, President, Toc H Group of Institutions, Cochin
2022	Prof. Vishvanand Yadav, Professor of Psychology, Central University of Haryana, Jant-Pali, Mahendergarh, Haryana

2. InSPA - P.K. Subbaraja Trust Best Performance Award 2016

1	Dr. Ananda Balayogi Bhavanani, Sri Balaji Vidyapeeth Institutions, Puducherry.
2	Dr. Shah Alam, Associate Professor, Department of Psychology, Aligarh Muslim University, Aligarh.
3	Dr. Ravi K. Gunthey, Co ordinator, TEPSE, JVN University, Jodhpur, Rajasthan.
4	Dr. Debbulal Dutta Roy, Asst. Professor, Psychology Research Unit, Indian Institute of Statistics, Kolkata.
5	Dr. Deepa Ghosh, Assistant Professor, Netaji Subhash Mahavidyalaya, Udaiapur, South Tripura.
6	Dr. Zokaitluangi, Associate Professor of Psychology, Mizoram.
7	Dr. Rita Rani Talukdar, Associate Professor, Department of Psychology, Gauhati University, Guwahati, Assam.
8	Dr. N.V.S. Suryanarayana, Vizianagaram.
9	Dr. Dilip Kumar Thakur, Principal, Government College of Education, Burdwan.
10	Dr. Indranee Phookan Borooah, Professor, Department of Psychology, Gopinath Bordolor Nagar, Guwahati, Assam.
11	Ms. Lalitha Subramanian, Mangadu (Kattupakkam), Chennai.

InSPA - P.K. Subbaraja Trust Best Performance Award 2017

1.	Prof. Anjali Ghosh, Former Professor and Head, Psychology Unit, Indian Statistical Institute, Kolkata.
2.	Prof. R.N. Rai, Professor of Psychology, North East Hill University, Shillong.
3.	Dr. Manidipa Baruah, Asst. Professor, Dept. of Psychology, Gauhati University, Assam.
4.	Dr. Vidya Ramkumar, Chairperson, Child Welare Committee, Pondicherry.
5.	Dr. K. Jayashankar Reddy, Professor of Psychology, Christ University, Bangaluru.

InSPA - P. K. Subbaraja Trust Best Performance Award 2018

1.	Dr. Jagpreet Kaur, Assistant Professor, Department of Education, Arts Block No.-5. Punjabi University, Patiala (PB.)
2.	Dr.N.V.S.Suryanarayana, Senior Faculty, Department of Education, Andhra University Campus, Vizianagaram.
3.	Dr. Sabiha Alam Choudhury, Assam Don Bosco University, Azara
4.	Dr. Sadique Razaque, Vinoba Bhave University, Hazaribag, Jharkhand.

InSPA - P. K. Subbaraja Trust Best Performance Award 2019

1.	Dr. Navin Patel, GLS University, Ahmedabad.
2.	Dr. S. Thenmozhi, University of Madras, Chennai.
3.	Dr. R. Subasree, Madras School of Social Work, Chennai.
4.	Dr. Jagpreet Kaur, Punjabi University, Patiala.
5.	Prof. N. Annalakshmi, Bharathiar University, Coimbatore.
InSPA - P. K. Subbaraja Trust Best Performance Award 2020	
1	<ul style="list-style-type: none"> i. Dr. Rita Rani, University of Gauhati, Assam ii. Dr. Sneh Bansal, Chandigarh iii. Dr. Veena Pillai, Chennai iv. Dr. Reena Singh, Bhopal v. Mrs. V. Kamini, Chennai
2021	<ul style="list-style-type: none"> 1. Dr. Subasree, Madras School of Social Work, Chennai 2. Dr. A. Shahin Sultana, Professor of Social Work, Pondicherry University, Puducherry 3. Dr. Munnoo Khan, Jamia Milia Islamia University, Delhi 4. Dr. Sruthi Sridharan, SDS Academy of Behavioural Science, Chennai 5. Dr. Mira Shah, Child Development Specialist, Mumbai 6. Smt. Tapasi Saha, Assistant Professor, Holy cross B.Ed College. Tripura 7. Dr. Rituparna Basak Das Gupta is Associate Professor in English at Siliguri B.Ed. College, West Bengal. 8. Mr. Babu Rangarajan, Consultant Clinical Psychologist, Salem
2022	<ul style="list-style-type: none"> 1. Prof. Pratibha J. Mishra, Guru Ghasidas Vishwavidyalaya, Bilaspur 2. Dr. Pratibha Ranjan, IIMT, Greater Noida, Delhi NCR 3. Dr. Shaheed Khan, Head, Research and Training, Dharthi Learning Centre, Puducherry.

3. InSPA Educational Excellence Award:

This prestigious award is conferred on an educational Institution for its remarkable services to the field of School Psychology. The award has been instituted in collaborations with Gujarat Law Society, Ahmadabad.

2016	Dr. J. Arawindhan, Achariya Group of Educational Institutions, Puducherry.
2017	Yayasan Strategik Sosial (YSS), Malaysia
2018	The Centre for Yoga Therapy Education and Research (CYTER), Puducherry
2019	Mahatma Gandhi International School, Ahmedabad
2020	Department of School Education, Government of Mizoram, Mizoram
2021	The Department of Psychology, Kakatya University, Warangal, Telangana
2022	Lady Willingdon Institute of Advanced Study in Education, Chennai

4. ISPA-InSPA Leadership Award:

This prestigious award is conferred on an individual for his/her remarkable leadership services to the field of School Psychology. The award has been instituted by Prof. Janet Muscutt, Secretary, ISPA, United Kingdom.

2016	Tun S. Samy Vellu, Malaysia Dato Sri S.K. Devamany, Malaysia Dato Sri P. Kamalanathan, Malaysia
2017	Dr. Barbara Hanfstingl, Senior Assistant Professor, University of Klagenfurt, Austria
2018	H.E. Vigneswaran Sanasee, President, Upper House of the Parliament of Malaysia
2019	Prof. Md. Kamal Uddin, University of Dhaka, Bangladesh
2020	Prof. William Pfohl, Kentucky University, USA
2021	Prof. Erika E. Voigt, School Psychologist, Germany
2022	Dr. S. Poologanathan, MBBS, LRCP, MRCS(Eng), DIMC(Ed), FRCS(Ed) FRCGP, FRACGP, FCGPSL, GP Principal in Havering NHS, London, United Kingdom
	Dr. Parvathy Varma, The Assumption University of Thailand, Bangkok

5. Shri. P.A. Sharma Best School Psychology Trainer Award

This is bestowed on an individual best trainer of the school psychology. The award has been instituted by Prof. Kiran Devendra, New Delhi in memory of her father.

2017	Prof. M.V.R. Raju, Professor of Psychology, Andhra University, Visakhapatnam
2018	Mr. Gunapathy Arumugam, Parenting Educator, Social Strategic Foundation, Malaysia.
2019	Dr. Murugesu Thayanithy, Senior Lecturer, National Institute of Education, Colombo, Sri Lanka.
2020	Dr. Rinpari Ralte, Mizoram University, Mizoram
2021	Prof. Randeep Guleria, Director, All India Institute of Medical Sciences (AIIMS), Delhi
2022	Rear Admiral K.K. Pandey, New Delhi

6. Prof. Manju Thakur Leadership Award for Teacher

This is bestowed on an individual for his/her remarkable School Psychology services in schools. The award has been instituted by Prof. G.P. Thakur, Former President, InSPA, New Delhi.

2016	Dr. J. Krishnaraju, SPD, SSA, Govt. of Puducherry
2017	Ms. Hemamalini Krupakar, Mysore
2018	Dr. Sarah Manickaraj, Associate Professor of Psychology, Presidency College, Chennai.
2019	Prof. V.S.R. Vijayakumar, Management Institute of Technology, Nagpur

2020	Dr. Ajab Primuswala, Ahmedabad
2021	Dr. Dinesh Panchal, Ahmedabad.
2022	Dr. Sohini Banerjee, Indian Institute of Social Welfare and Business Management, Kolkata

7. Prof. Erika Voigt Young Scientist Award in School Psychology for PhD Research Scholars

This is bestowed on an individual PhD/MPhil Research scholar for his/her remarkable School Psychology research work/publication/field work. The award has been instituted by Prof. Erika Voigt, School Psychologist, Germany.

2016	Ms. Yogini Nath, Chennai
2017	Ms. Mini Mehra, PhD Research Scholar in Psychology, Barkatullah University, Bhopal.
2018	Dr. Vithya V, Assistant Professor, Department of Applied Psychology, School of Behavioural Sciences, Central University of Tamil Nadu, Thiruvarur
2019	Ms. P. Anitha, RGNIYD, Sri Perumpudur
2020	Ms. Darshini Madanagopal, Madras University, Chennai
2021	Ms. Areni Tungoe, PhD Research Scholar, Kohima, Nagaland
2022	Mrs. Deepthi, D P, Research Scholar, Central University of Karnataka, Kalaburagi

8. Shri. P. Panchalan – InSPA Best Paper Award

This is bestowed on a best paper published in the book / journal of the Indian School Psychology Association. The award has been instituted by Dr. Panch. Ramalingam, Secretary, InSPA in memory of his father.

2022	Prof. R.S. Pirta, Himachal Pradesh University, Shimla
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9. Dr. Barbara Hanfstingl - InSPA Best Paper Award

This award is given annually to the best research paper submitted for presentation in the InSPA annual conference. This award is instituted by Dr. Barbara Hanfstingl. The best paper(s) will be selected by Dr. Barbara Hanfstingl (Chairperson) and the two nominees of InSPA (Members) based on the conference papers submitted for presentation. Recipient of the Awards since 2016:

2016	Ms. Neethu, PS Ms. N.P. Veenavani, Chennai Ms. Geetha. A
2017	Dilwar Hussain and Neel Harit Kausik, Guwahati Hemantha Kumara, V, Bengaluru N. Annalakshmi and C. Prasanth, Coimbatore.

2018	Kavitha G Bhaskaran and Dr. Baby Shari P A: Gender Stereotype and Prediction on Mathematics Score: An Enquiry Using Vignettes.
2019	N.P.Veenavani, Saranya Sundarraju, Dr. Vithya Veeramani, and Dr. R. Sankar: Life Skills and Rural Female Adolescents – An Action Research for Adolescent Empowerment.
2020	Dr. Mini Mehra, Lecturer, MP State School Education Department, Bhopal and Dr. Bhupinder Singh, Professor and Head, Psychology Department, Barkatullah University, Bhopal. Ms. Pallobi Biswas, Undergraduate Student, Department of Psychology, Adamas University and Dr. Sumona Datta, Assistant Professor, Department of Psychology, Adamas University
2021	Synthesis of Second and Third Wave Cognitive Behaviour Therapies: An intervention study for managing Academic Self- handicapping among young adults by Nandini. J, Research Scholar, Department of Psychology, Women’s Christian College, Chennai, and Kanchana. M, Associate Professor and Head, Department of Psychology, Women’s Christian College, Chennai Children Of Parents With Mental Illness (Copmi)- A Systematic Literature Review by Bhuvanewari.S, PhD Research Scholar, Department of psychology, University of Madras and Dr.T.Lavanya, Professor and Head, Department of Psychology, University of Madras
2022	Rekha, Research Scholar, Deepti Hooda, Professor & NovRattan Sharma, Professor (Department of Psychology, M.D. University, Rohtak Shimil P V, PhD Scholar & Dr. Akriti Srivastava, Assistant Professor (CHRIST (deemed to be University), Bengaluru, India) Akanksha Srivastava, Research Scholar, Yogesh Kumar Arya, Professor & Shobhna Joshi, Professor (Department of Psychology, Faculty of Social Sciences, Banaras Hindu University, Varanasi 221005, U.P.,India)

10. Prof. G.P. Thakur School Excellence Award

2019	Delhi Public School, Ahmedabad
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11. Prof. B. Mukhopadhyay School Excellence Award

2019	Bridges Learning Vidyalaya Higher Secondary School, Puducherry.
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12. Prof. Devendra Choudhry Excellence Award for Optimism and Happiness:

2019	Prof. Padmakali Banerjee, Pro Vice Chancellor, Amity University, Haryana.
2020	Department of Education, Central University of Kashmir, Srinagar
2021	Prof. R.L. Zinta, Himachal Pradesh University, Shimla
2022	Prof. Gurmeet Singh, Vice-Chancellor, Pondicherry University

13. Dr. D. Rajendran Best School Counsellor Award

2020	Dr. Vasantha Prabha, GBT Centre, Chennai
2021	Mr. M. Neethipathirajan, Psychometric Educational Services, Vellore
2022	Dr. Smita Ghosh, Counsellor, Ahmedabad, Gujarat

InSPA Consortium of Schools

A Consortium of schools has been established under the Headship of Dr. V. Muthu. Ten self-financing rural schools from Puducherry have joined in this consortium.

InSPA Publications

InSPA has the following publications:

1. Quarterly InSPA Newsletter every year since 2010. Yearly four issues
2. Book of Abstracts of InSPA International Conference every year since 2011
3. Reading resources for the Workshop on School Psychology
4. Educational Action Research: Austrian Model to India by Dr. Panch. Ramalingam and Dr. Barbara Hanfstingl.
5. Twelve Annual Reports for all the years since inception (2010 to 2021).
6. InSPA decennial Book (2009 - 2019)

Twelve years passed have swiftly passed in creating awareness about School Psychology in India. Based on the continuous efforts, now we have initiated collaboration with other countries such as Malaysia, Bangladesh, Sri Lanka, and Thailand.

4. InSPA Milestones

15 August 2009	Small group meeting held at Prof. B. Mukhopadyay's Residence in Chennai.
02 September, 2009	First meeting of the Indian School Psychology Association (InSPA) was convened and registered under societies registration Act of India in Puducherry on 15.10.2009. The Regd.No. 583/2009
9th January 2010	In collaboration with Pondicherry Psychology Association conducted a National Conference on developing School Psychology in India
9th January 2010	First general body meeting of the InSPA was held at Achariya College of Education, Puducherry
9th January 2010	Hon'ble Member of Parliament (Rajya Sabha) Shri. P. Kannan inaugurated InSPA at Hotel Anandha Inn, Puducherry
9th January 2010	First issue of InSPA Newsletter (ISPA INDIA Newsletter) was released.
8th February 2010	Dr. Erika Voigt, Germany visited Puducherry and met the InSPA members
4th July 2010	European Educational Resources (in Tamil) authored by Dr. Panch. Ramalingam released by Prof. A. Balasubramanian, Director, CCR, Pondicherry University.
20 - 24 July 2010	Prof. G.P. Thakur, Dr. Panch. Ramalingam, Dr. S. Renukadevi, Dr. Ravi Gunthey, Dr. L.R. Yagnik, and Dr. G. Venkatesh Kumar - six delegates from India participated in the 32nd ISPA International conference at Dublin, Ireland.
7 - 8 August 2010	InSPA, PPA and RICE, The Netherlands collaboration International seminar on Integral yoga psychology was held at Hotel Ocean Spray, Puducherry
22-23 Jan 2011	Prof. Bill Pfohl, USA, Prof. Peter Whelley, USA and Prof. Erika Voigt, Germany participated in the National Conference on Best Practices in School Psychology at Puducherry
19 - 23 July 2011	33rd ISPA International Conference was conducted at VIT University, Vellore.
24th July 2011	ISPA delegation met Hon'ble Chief Minister of Puducherry Shri. N. Rangasamy
21st Nov 2011	School Psychology awareness programme was held at Ahmedabad
22- 24 Nov 2011	First InSPA National Conference was held at Jai Narain University, Jodhpur
27th January 2012	Prof. Bill Pfohl, USA, Prof. Peter Farrell, UK and Mrs. Coosje Griffiths, Australia participated in the National Conference on School Psychology at Sri Aravindhar College of Engineering, Sedarapet.
28th Jan -1st Feb 2012	First International training in School Psychology conducted for educational administrators at SSA, Puducherry

28th January 2012	Seminar on School Psychology was held in King Rajah Desingh College of Education, Gingee
29th January 2012	First International seminar on School Psychology was held in Sri Renugambal College of Education, Polur
01-02 February 2012	Prof. Bill Pfohl, USA, Prof. Peter Farrell, UK and Mrs. CoosjeGriffiths,Australia participated in the School Psychology training programme was held in Achariya College of Education, Puducherry
3rd February 2012	Indian Institute of School Psychology Training and Research was inaugurated by Dr. Archana Thakur, Deputy secretary, UGC, New Delhi at Puducherry
21-23 Nov 2012	Second InSPA National Conference was held at Calicut University, Calicut
22- 24 Nov 2012	School Psychology training programme was held at Calicut, University, Calicut
01-02 March 2013	In collaboration with Pondicherry Psychology Association 15th National Seminar on emerging trends in educational and School Psychology was held at Immaculate College of Education, Puducherry
02-03 March 2013	2nd International seminar on School Psychology for teacher educators was held at Sri Renugamabal College of Education, Polur.
22-24 Nov. 2013	3rd InSPA National Conference was held at NIEPMD, Chennai
23-25 Nov. 2013	InSPA training programme on School Psychology was held at NIEPMD, Chennai
23-25 Nov 2013	Workshop on School Psychology conducted for educational administrators at RMSA, Karaikal.
27-29 Nov 2013	Workshop on School Psychology conducted for all Govt Principals of Higher Secondary Schools at RMSA, Puducherry.
28-30 Nov 2013	Workshop on School Psychology conducted for all Govt. High School Head Masters at RMSA, Puducherry.
14 June 2014	InSPA conducted a workshop on Learning Skill Deficit Identification and Remedial Intervention Techniques to the correspondents of private rural schools in Puducherry.
21-22 July 2014	First and second Workshops on School Psychology for the year 2014-15 were conducted for schools teachers at RMSA, Puducherry.
22-23 July 2014	Third and fourth Workshops on School Psychology for the year 2014-15 were conducted for school teachers at RMSA, Karaikal.
26 July 2014	Innovative Teaching Strategist online meet: The teachers of Kolping Matriculation School, Aarya School and Sendhil Matriculation School participating in the Online Mentor Meet at Sendhil College of Education, Puducherry.
20-21 Aug 2014	Fifth and sixth Workshops on School Psychology for the year 2014-15 were conducted for school teachers at RMSA, Puducherry.
15-16 Sept 2014	Seventh Workshops on School Psychology for the year 2014-15 were conducted for school teachers at RMSA, Puducherry.

21-23 Nov. 2014	4thInSPA International Conference was held at Gauhati University, Guwahati, Assam
22-24 Nov. 2014	InSPA training programme on School Psychology was held at Gauhati University, Guwahati, Assam
14-15 Feb 2015	In collaboration with Pondicherry Psychology Association 16th National Seminar on School Psychology was held at Immaculate College of Education, Puducherry
02 August, 2015	French Team visit to InSPA, Puducherry 21-23 Nov. 2015 5thInSPA International Conference was held at KBP College of Arts and Commerce, Mumbai.
21-23 Nov. 2015	InSPA training programme on School Psychology was held at KBP College of Arts and Commerce, Mumbai.
28 January 2016	Prof. Erika E. Voigt, Germany visits to InSPA, Puducherry
28-29 January 2016	First Workshop on Guidance and Counselling for the Trained Graduate Teachers was conducted at RMSA, Puducherry.
01-02 February 2016	Second Workshop on Guidance and Counselling for the Trained Graduate Teachers was conducted at RMSA, Puducherry.
03-04 February 2016	Third Workshop on Guidance and Counselling for the Trained Graduate Teachers was conducted at RMSA, Puducherry.
18th - 19th June 2016	A two-day workshop on Student Counselling “My Future” was conducted for the Malaysian students at IM4U, Klang, Malaysia. The workshop was initiated by the Yayasan Strategik Sosial (Social Strategic Foundation), Malaysia.
21st - 22nd June, 2016	A Workshop on Effective Counselling Skills for the School Counsellors was initiated by the Yayasan Strategik Sosial (Social Strategic Foundation), Malaysia at AIMST University, Kedah, Malaysia.
23rd June, 2016	A seminar on School Psychology was held at Limpang Tamil School, Selangor, Malaysia. The main objective of the seminar was to introduce the concept of School Psychology in Malaysia to cater to the needs of stakeholders in the field of education especially Tamil schools in Malaysia.
24th - 26th June, 2016	The Yayasan Strategik Sosial (Social Strategic Foundation), Malaysia initiated Intensive Training on Creative Teaching Skills for the Teachers of Mathematics and Science in Malaysia at INFRA, Kajang, Malaysia.
13-15 October, 2016	The InSPA, in collaboration with the Department of Applied Psychology of the Pondicherry University has organized its 3rd International Conference and 6th InSPA International Conference on School Psychology: Successful Mental Health and Well-being at Pondicherry University, Puducherry.

14 October, 2016	InSPA conducted a Round Table Discussions at International Conference of Pondicherry University and InSPA, 2016
14-19 October, 2016	Training of Trainers on School Psychology for the professionalists was conducted at Pondicherry University, Puducherry.
17-19 October, 2016	Training of Trainers on School Psychology for the teachers was conducted at RMSA, Puducherry.
14-16 November, 2016	A three-day Symposium on School Psychology for the Headmasters of Tamil schools and educational administrators of Malaysia was conducted at Institute Aminuddin Baki, Genting Highlands, Malaysia. It was organised by YSS jointly with Ministry of Education, Malaysia, MIED and Indian School Psychology Association, India.
24 - 25 December, 2016.	A Two-Day National Workshop on Psychological Testing in School Psychology was organized by the Indian Institute of Psychometry (IIP) in association with Indian School Psychology Association (InSPA) at Indian Statistical Institute (ISI, Kolkata)
22 January 2017	Interactive session was conducted with Prof. Erika E. Voigt, Germany on her visit to Puducherry at Senthil College of Education, Puducherry.
25 – 26 May 2017	VIT University, Chennai Campus in collaboration with InSPA has organized a National Conference on “Psychological Skill Development among Students of Higher Education”
09–11November, 2017	Conducted 7 th InSPA International Conference on School Psychology: School Counselling and Skill Development at Mysore University, Mysore
31st Jan to 1st Feb 2018	A two day Trainers’ Training programme was organized by Indian School Psychology Association for the teachers of Swami Nigamananda Saraswat Vidyaniketan, Lokmath Road, Puri, Odissa
16 – 17 March 2018	Training of Trainers for Teachers of Schools in Malaysia was conducted by the Indian School Psychology Association (InSPA) sponsored by the YSS in collaboration with the MIED.
25 March 2018	Training of Trainers for School Principals on Life Skills in Malaysia was conducted by the Indian School Psychology Association (InSPA) sponsored by the YSS in collaboration with the MIED.
25 – 27 March 2018	Training of Trainers for School Teachers on Life Skills in Malaysia was conducted by the Indian School Psychology Association (InSPA) sponsored by the YSS in collaboration with the MIED.
11-13 Oct. 2018	8th InSPA International Conference was conducted at Andhra University, Visakhapatnam.
10-11 Jan. 2019	Conducted in Collaborations with Malaysian School Psychology Association, First International Conference on School Psychology at Hotel Grand Seasons, Kuala Lumpur, Malaysia.
10 - 14 July 2019	Attended ISPA International Conference at University of Basel, Switzerland

11 July 2019	“Successful Mental Health and Well-being” book released by Prof. Gurmeet Singh, Vice Chancellor, Pondicherry University at University of Basel, Switzerland. Dato Dr. L. Krishnan, Malaysia received the first copy.
03 Aug. 2019	Seminar on Japanese Classroom Management suitable for India at Aditya Vidyashram, Puducherry
03 Aug. 2019	Workshop on Japanese Classroom Management suitable for India at Sri Subramina Bharathi Higher Secondary School, Thirukkanur, Puducherry.
05 Aug. 2019	International Seminar on Japanese Classroom Management for India and Japan for school teachers in Puducherry at Pondicherry University
07 Aug. 2019	International Seminar on Japanese Teaching and Learning Methods for India at VIT University, Chennai Campus
10-12 Feb 2020	Participation in the First International Conference conducted by APSPA at NIE, Colombo, Sri Lanka

InSPA Milestones: Online Programmes (2020-21)

Date	Event
02.04.2020	First Governing Council of the new office bearers of InSPA
10.04.2020	First national Council meeting of the InSPA
14.04.2020	13 th Online General Body Meeting of the InSPA
18.04.2020	InSPA Experts Team Meeting to conduct Workshops for School Teachers
20.04.2020	Second Governing Council of the new office bearers of InSPA
10.05.2020	Third Governing Council of the new office bearers of InSPA
13.06.2020	Second National Council Meeting of the InSPA
19.5.2020	Lecture on Online Professional Skills for Counsellors by Prof. G. Venkatesh Kumar, University of Mysore
23.5.2020 - 25.5.2020	Webinar on School Psychology in collaboration with Department of Education, Patiala University, Patiala conducted by Dr. Jagpreet Kaur
29.5.2020	Weekly Innovative Lecture Series - 1 Positive Psychology in the Pursuit of Well-being: A Strength Based Approach by Prof. Indranee P. Booroah and Dr. Sabiha Alam Choudhury
30.5.2020	Weekly APSPA Special Lecture-1 Covid 19: Coping Styles & Enhancing Resilience among Children in South East Asia“ delivered by Dr. Parvathy Varma, Assumption University, Bangkok, Thailand
31.5.2020	Webinar on School Psychology: Learning Disabilities in collaboration with Chandigarh College of Education, Chandigarh by Dr Sneh Bansal
03 - 04.6.2020	National Webinar on Life Skills, Mental Health and Well-being jointly organised in collaboration with Rajiv Gandhi University, Arunachal Pradesh
04.6.2020	Release of InSPA Action Plan (2020-21) by Prof. Gurmeet Singh
05.6.2020	Weekly Innovative Lecture Series - 2 Professional Ethics in School Counselling by Dr. Vasuki Mathivanan

06.6.2020	Weekly APSPA Special Lecture 2: Cyber Space Behaviour and our Mental Health by Prof. Kamal Uddin, University of Dhaka, Bangladesh
12.6.2020	Weekly Innovative Lecture Series - 3 Questionnaire Development Psychometric Essentials by Prof. VSR Vijayakumar, Professor of Psychology, Chennai
13.6.2020	Weekly APSPA Special Lecture 3: Reinventing Personality Beyond COVID19 by Prof. Ratna Natarajan, Thiruppathur
18.6.2020	Weekly APSPA Special Lecture 4: Action Research - Lesson Studies by Prof. Barbara Hanstingl, Kalgenfurt University, Austria
19.6.2020	InSPA Weekly Innovative Lecture Series - 4 Origami in School Psychology by Dr. N. Gururajan, Chennai
20.6.2020	Weekly APSPA Special Lecture 5: Managing Behavioural Problems of Adolescents by Prof. G.P. Thakur, New Delhi
23.6.2020	Online Programme for Professional Counselling Certification by Prof. S. Thenmozhi, Chennai
25.6.2020	Special Lecture on School Psychology in the Indian Context for the Students of Ethiraj College for Women, Chennai by Dr. Panch. Ramalingam, Pondicherry University
25.6.2020	Weekly APSPA Special Lecture 6: Promoting Mental Health in Children by Prof. William Pfohl, Kentucky University, USA
26.6.2020	InSPA Weekly Innovative Lecture Series - 5 by Prof. MVR Raju, Andhra Univeristy
27.6.2020	Weekly APSPA Special Lecture 7: Recent Trends in Juvenile Delinquency by Dr. Md Rahim Kamaluddin, Malaysia
02-03 July 2020	First APSPA International Webinar on Concept of Helping Children at Home by using WebEx
04.7.2020	Weekly APSPA Special Lecture- 8 by Col Ashraf, Bangladesh
09.7.2020	InSPA Weekly Innovative Lecture Series - 6 by Dr. R. Gopalakrishna on Music Therapy for Children at Home
10.7.2020	InSPA Weekly Innovative Lecture Series - 7 by Dr. B. Mukhopadhyay, Chennai
11.7.2020	Weekly APSPA Special Lecture 9 by Dr. Balan Radhakrishnan, University of Malaysia, Sabah
17.7.2020	InSPA Weekly Innovative Lecture Series - 8 by Dr. Rita Rani, Guahati University, Assam
18.7.2020	Weekly APSPA Special Lecture 10 by Prof. Ramesh Chandra Sharma, New Delhi on Creative Commons
23-24 July 2020	2 nd APSPA International Webinar on Concept of Helping Children at Home
25.7.2020	Weekly APSPA Special Lecture 11 by Dr. Akbaruddin, Dhaka
30.7.2020	InSPA Weekly Innovative Lecture Series - 9 by Dr. Madhu Anand, MD University, Haryana
31.7.2020	Weekly APSPA Special Lecture Series - 12 by Dr. D. Dutta Roy, Indian Statistical Institute, Kolkata
4-5 August 2020	3 rd APSPA International Webinar on Concept of Helping Children at Home

01.08.2020	School Psychology is Need of the Hour: Special Webinar for Nagaland Teachers and Professionals by Dr. Panch. Ramalingam, Pondicherry University
07.08.2020	InSPA Innovative Lecture Series - 10 on Professional Counselling Skills by Dr. Sapna Sharma, Nagpur.
08.08.2020	Weekly APSPA Special Lecture Series - 13 by Dr. K.S. Kuppusamy, Pondicherry University
19.09.2020	InSPA National Council and Members Meet - 7
30.09.2020	InSPA Prof. Walter Renner National Champion Award 2020: Quiz Competition for 11th and 12th Standard Students on 30.09.2020
16.10.2020	InSPA Prof. K.V. Kaliappan National Champion Award 2020: Poster Competition for UG Students
25.10.2020	InSPA Prof. Sultan Akhtar National Champion Award 2020: Essay Competitions for PG Students
31.10.2020	10th InSPA International Conference on School Psychology: Google Links Demo Sessions
5 - 7 Nov 2020	10th InSPA International Conference on School Psychology: COVID19-Mental Health and Lifelong Learning in Children
28.11.2020	InSPA National Council Meeting
16.01.2021	InSPA Council Meeting
06.03.2021	6th InSPA Council Meeting
20-21 Mar. 2021	2nd APSPA International Conference on Contemporary Challenges and Advancements in School Psychology
28.03.2021	ISPA Global Networking Webinar Series - Webinar 4: School Psychologist Self care by Dr. Panch. Ramalingam











2021-22

5. InSPA Certified Counsellors

Sl No	Name	Qualification	State	Counselling area	Photo	Languages known
1	Dr. Janet Fernandes	PhD in Psychology Mumbai University	Mapusa, Goa	Children & parents		English & Konkani
2	Dr. Jignesh (Jigar) A. Jani	M.A (Clinical Psychology), Ph.D. Psychology, Sardar, Patel University	Gujarat	All three areas		Hindi, English & Gujarati
3	Ms. Ajab Primuswala	M.phil clinical Psychology	Gujarat	All three areas		Hindi, English & Gujarati
4	Ms. Anjali Hardikar	MSW, TISS, Mumbai	Gujarat	All three areas		Hindi, English, Marathi, Gujarati
5	Mrs. Arti Gupta	M.A. Psychology, PGD GC, Ph.D pursuing	Bhopal, Madhya Pradesh	All three areas		Hindi & English
6	Ms. Deepali Devdatt Puneekar	M.A. Psychology, P.G.D. in Clinical and applied hypno-therapy	Vadodara, Gujarat	All three areas		English, Hindi, Gujarati & Marathi
7	Mr. Dhani Shankar	M.A. clinical Psychology, PGDCP, Banaras Hindu University, B.Ed	Uttar Pradesh	All three areas		Hindi & English
8	Ms. Diana Manoshi	M.Phil	Karnataka, Bangalore	Children & Parents		English, Hindi, Tamil & Kannada
9	Ms. Divya Arun	M.A Psychology, PGDCP, Banaras Hindu University	Uttar Pradesh	All three areas		Hindi & English
10	Ms. Fuljhuri Basu	A. Psychology, PGDSC, University of Calcutta	Kolkata	children & parents		English, Hindi & Bengali







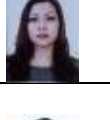

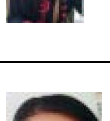

SI No	Name	Qualification	State	Counselling area	Photo	Language s known
11	Ms.Gitashree Ma- jumdar	M.sc Psychology, Annamalai University	Hyderaba d	All three areas		English ,Hindi, Bengali & Telugu
12	Dr.Gagadhara n	Ph.D, M.A Psychology M.A Sociology,,PGD Clinical Hypnosis, GCC, University of Kerala	Thiruvanan - thapuram, Kerala	All three areas		English & Malayalam
13	Dr.Jamila Firdaus	M.A.(clinical Psychology), Ph.D, Education	Vadodara, Gujarat	All three areas		English, Hindi, Gujarati &Urdu
14	Dr.Juliet Lalrem- mawii Ralte	Ph.D, M.A(clinical Psychology)	Mizoram	Children& parents		English & Mizo
15	Ms.Juvairia Tariq	M.A.Clinical Psychology, Diploma in counseling psychology	Madhya Pradesh	All three areas		Hindi& English
16	Ms.Jyoti Kamble	M.Phil in Clinical Psycholo- gy, Gujarat Forensic Science University .	Bhopal	All three areas		English, Hindi & Marathi
17	Mr.Sri E.Jayagan- apathy	M.sc(counseling & Psycho- therapy),M.Ed	Tamil Nadu, Nagapattin am	All three areas		Tamil & English
18	Ms.Kamini, V	M.sc. Psychology, University of Madras, PGDLD,THE TAMIL NADU DR.M.G.R .Medical University	Tamil Nadu, Chennai	All three areas		English &Tamil
19	Dr.Kanchan Mathankar	Ph.D in Psychology ,Barkat- ullah University	MP	children		Hindi& English
20	Ms.Kanchan Thakur	M.A Psychology ,Post MA Diploma in Professional Counselling and Psychotherapy	Himachal Pradesh	Children & parents		Hindi & English

SI No	Name	Qualification	State	Counselling area	Photo	Language s known
21	Mr.Krishna kumar Dwivedi	Diploma in Guidance Psychology, M.A Psychology	Uttar Pradesh	Children		Hindi & English
22	Mr.Kumaran, S	M.Phil (Psychology) , M.A (Psy) Annamalai University, PGDGC	Puducherry	All three areas		Tamil & English
23	Ms.Laxmi Prajapat	M.A.Psychology,PGDR P, Jai Narain University, Jodhpur	Jodhpur	Children & parents		Hindi & English
24	Dr.Madhu Anand	Ph.D in Psychology, Kuruk- shetra University	Rohtak, Harayana	Children & Parents		English & Hindi
25	Ms.Manju Bhagtani	M.A.Couseling Psychology, IGNOU	Telangana	Children & parents		English, Hindi, Gujarati & Sindhi
26	Ms.Meena Chapekar	PGDGC,Barakatulah Vish- wavidyalaya, Bhopal	Madhya Pradesh	All three areas		Hindi & English
27	Ms.Mini Mehra	Ph.D(thesis submitted Nov 19), Barkatullah University, PG Diploma in Mental retardation(RCI Registered Spl. Educator	Bhopal, Madhya Pradesh	All three areas		English, Hindi & Bengali
28	Dr.Nafisa G Khan	Ph.D Psychology, Madras University	Chennai	Children & Parent		English & Tamil
29	Dr.Neha Yadav	P.hD, IDGC,M.A	Madhya Pradesh	All three areas		Hindi & English
30	Ms.Niharika Kound- inya	M.A Psychology , Gauhati University	Assam	Children & parents		Hindi, English & Assamese
31	Ms.Pallavi	M.A Psychology, Gauhati University	Assam	Children &		Hindi, English,

	Sahu			parents		Assamese
32	Ms.Preethi Inder	M.Phil in Psychology, University of Madras	Tamil Nadu, Chennai	Children & Parents		Hindi & English
33	Dr.Reena K.Joseph	Ph.D in Counseling Psychology, Assam Don Bosco University	Assam	All three areas		English, Hindi & Malayalam
34	Ms.Reena Madhu	MA Clinical Psychology, Mumbai University	Kerala	Children & Parents		English, Hindi & Malayalam
35	Ms.Ria Roy	M.sc Psychology, PGDDRM, West Bengal University of Health Science(WBUHS) Calcutta	West Bengal	All three areas		Hindi, English & Bengali
36	Dr.Rita Rani Talu- kdar	Ph.D Psychology University of Gauhati	Assam	children		English, Hindi & Bengali
37	Ms.Sazia Chugh	M.A Psychology, PGDGC, Punjab University	Punjab	All three areas		Punjabi, Hindi & English
38	Dr.Seema Vijay- vargiya	Ph.D Psychology, PGDGC, Barkatullah University, Bhopal.	Bhopal, Madhya Pradesh	Children & Parents		English & Hindi
39	Ms.Shipra	M.Phil, B.Ed, PGDGC, Diploma in special education	Rohtak, Hararyana	Children & Parents		Hindi & English
40	Dr..Subasree Van- amali	M.A. Ph.D Psychology, University of Madras	Tamil Nadu, Chennai	Children & Parents		English, Hindi & Tamil
41	Ms.Sudha Gupta	M.Sc counselling & Family Therapy	Delhi	Children & Parents		Hindi & English
42	Dr.Suja Koshy	Ph.D (Education- Interdisciplinary), M.sc (child	Mumbai	Children & parents		English, Hindi, Marathi &

		Development & Family Relations university of Bombay				Malayalam
43	Ms.Sumathi Srinivasan	M.sc Psychology, University of Madras, PGDLD, THE TAMIL NADU DR.M.G.R Medial	Tamil Nadu, Chennai	Children & Par- ents, LD		English & Tamil
44	Ms.Surabhi Gupta	M.A .Psychology, PGDGC Bundelkhand University	Uttar Pradesh	All three areas		Hindi & English
45	Dr. N.S.Surya- narayana	PhD(Phil..) (educational Psychology), M.sc. (Psy- chology), MS(sex), PGDGC, M.Phil,	Andhra Pradesh	All three areas		English, Telu- gu & Hindi
46	Ms.Uma Sarava- nan, S	B.sc Psychology, Diploma in counselling	Chennai	Children & Par- ents		English & Tamil
47	Dr.Vishal Yadav	Ph.D, Banaras Hindu University	UP	All three areas		English, Hin- di & Bhojpuri
48	Ms.Zarin Farah Shaheed	M.A in Applied Psycholo- gy(specialzation Clinical Psychology)Jamia Millia Islamia	Assam	Children & parents		Hindi, English, Assamese & Bengali
49	Dr.Zokaitluangi	Ph.D ,North eastern Hill University	Mizoram, Aizawl	Children & parents		English & Mizo
50	Dr.Zothanzami	M.A. Clinical Pshology, Ph.D,Mizoram University	Aizawl, Miz- oram	All three areas		English & Mizo
51	Ms.Padma Priya	M.sc Clinical Psychology, PGDGC, Annamalai University	Pondiche rry	Children & Parents		Tamil, English & Telugu

52	Ms.Sony Gill	M.sc applied Psychology, M.Ed Special Education in University of Manchester, UK.	Shillong	All areas		English& Hindi
53	Ms. Anuradha	MA.Psychology, M.Ed, PGD in Child Guidance& Family Counseling, Punjab University	Chandigarh	Children & Parents		English& Hindi
54	Mr. Russel Raj. C	M.Phil.,PGD in Guidance & Counseling	Kanya kumari district, TamilNadu	Children & Parents		Malayalam English Tamil
55	Mr.Naween Rakesh Tirkey	M.sc Psychology& Counseling, Assam Don Bosco University	West Bengal	Children & parents		Hindi, English& Nepali
56	Mr.Ashish Kumar Gupta	MA.Psychology, PGD in Counseling & Psychotherapy, Brahmavasi, Uttar Pradesh	Uttar Pradesh	Children & Parent		Hindi& English
57	Ms.Isha Joshi	PGDGC, Ph.D Pursing	Madhya Pradesh	All three areas		Hindi& English
58	Mr.Suresh A.S	M.Sc Counseling & Psychology, Tamil Nadu Open University	Chennai, TamilNadu	Children & Parents		Tamil, English& Hindi
59	Ms.A.V.R. Anjana	Msc.Counseling Psychology, University of Madras	Chennai, TamilNadu	Children & Parents		English& Tamil
60	Ms.Sangeeta Dey	MA.Psychology, Indra Gandhi National open University	Tripura	All area		English, Hindi & Bengali
61	Miss.Rama Chakraborty	Post graduate in Clinical Psychology, Indra Gandhi National Open University	Tripura	Children & Parents		Bengali, Hindi& English
62	Dr.Shakila Azimv	M.A.Clinical Psychology, Ph.D in Psychology, B.R.Ambedkar Bihar, University	Bihar	Children & Parents		Hindi & English
		M.A.Psychology,				Bengali&

63	Ms. Shiuli Aktar	Indra Gandhi National Open University	Tripura	All three areas		Hindi
64	Ms. Jyotsana Harjai	M. Phil,	Himachal Pradesh	All three areas		English, Hindi & Punjabi
65	Ms. V. Jayalakhmi	Ph.D in Psychology	Tamil Nadu	Children & Parents		English & Tamil
66	Dr. Shakti Desh	Ph.D	Lucknow, Uttar Pradesh	All three areas		Hindi
67	Mrs. Tapashi Saha	M.Ed., M.A (Clinical Psychology) IGNOU	Tripura	All three areas		English, Bengali, Hindi & Assamese
68	Miss. Madhuri R. Kujur	M.A. Clinical Psychology	Assam	Children		English, Assamese, Hindi & Adivasi
69	Dr. C. Lalfakzuali	M.A. Ph.D	Mizoram	Children & Parents		English
70	Miss. Sangita Borah	M.A. Psychology, Gauhati University, Assam	Assam	Children & Parents		English, Hindi & Assamese
71	Miss. Paridhi Jain	M.A Psychology, DCP Counseling Psychology, ACT therapy, RE-CBT, NLP	Bhopal, Madhya Pradesh	Children & Parents		Hindi, English & Gujarati
72	Miss. Kiran Vijay	M.A. Psychology	Himachal Pradesh	Children		English & Hindi

6. InSPA Plan of Action 2022 - 23

Dr. Panch. Ramalingam
President, InSPA

I am happy to present this Action Plan 2022-23 proposed activities of InSPA and the budget proposal for 2022-23. InSPA is primarily a professional service organisation, taking into account the genuine day-to-day need of the school ecosystem in India. Let me restate the two aims of the InSPA.

The primary aim of the association is to develop school psychology services in India, to promote values-based education, and, above all, to impart training to the personnel so that they gain proficiency to help children in the growth of their learning skills, mental health and general well-being.

Secondly, the InSPA is gradually reaching out to various states of the country to popularize School Psychology and encourage psychologists to play an active role for the greater good of society through the enrichment of school education in India and abroad.

For this purpose, teaching, training, research, and practice are major concerns of the InSPA. The following are the key areas of focus in the year 2022-2023

Institutional Collaboration

National Coordinator: Dr. D. Rajendran, Joint Director of School Education (Retd), Chennai

The teaching of school psychology is very limited as far as our country is concerned. InSPA is venturing to assist and support the teaching of school psychology in university departments and colleges. It will assist in several ways and means possible such as

- Providing suitable resource persons for teaching sound theoretical foundation in psychological science
- Providing knowledge and skills concerning fundamentals of measurement and assessment and the use of psychological and educational assessment measures.
- Providing support in the application of psychological knowledge and skills for communication with teachers, parents, and other professionals.
- Providing periodical campus training to students for taking the next step in life, that is (a) preparation for the profession, (b) commitment to professional ethics and standards, and (c) commitment to lifelong learning.

In this mission, it is proposed to have institutional collaborations with the universities and colleges in the country. In order to strengthen the institutional collaborations, a consortium of schools and universities will be initiated.

InSPA School Counsellors

National Coordinator: Mrs. V. Kamini, Chennai

InSPA has created a group for regular as well as online school counselling on major issues of concern related to children, teachers and parents. Our team of counselling experts will provide effective counselling services regular/online. They will be certified to counsel in the schools.

Interested members have to apply in the google form with relevant details for consideration. Supervisory training for a period of three months will be arranged by the InSPA between October and December 2022. The Google form Link is <https://forms.gle/xmh1vhZjzhjvX1un8>

Week end Certification Programmes

National Coordinator: Mrs. V. Kamini, Chennai

Certification Programmes 2021-22

No	Programme	Coordinator	Month	Last Date for Google form Registration	Date of Examination
1	Certification for Counselling Skills	Prof. S. Thenmozhi	May 2022	30.4.2022 Closed	28.5.2022
2	Certification for Game Based Therapy	Prof. Sarah Manickaraj	June 2022	30.5.2022 Closed	25.6.2022
3	Certification for School Psychology Services	Dr. Yogini Nath	July 2022	30.6.2022	30.7.2022
4	Certification for Special Education	Prof. T. Santhanam	August 2022	30.7.2022	27.8.2022
5	Certification for Learning Disabilities	Dr. Lalitha Subramanian	September 2022	30.8.2022	24.9.2022
6	Certification for Life Skills	Prof. Nighat Basu	October 2022	30.9.2022	29.10.2022
7	Certification for Parenting and Well-being	Dr. Suja Koshy	November 2022	30.10.2022	26.11.2022
8	Certification for Research Methods	Dr. D. Dutta Roy	December 2022	30.11.2022	31.12.2022

Conduct of online Programme and Certificate Issue:

Mrs. V. Kamini

Virtual Link will be shared on in the registered email
Further details: Contact Email: inspaindia@gmail.com
Registration can also be done at www.inspa.org

9.2. Game Based Therapy

Resource Persons: Dr. Sarah Manickaraj and Dr. Vasantha Prabha, GBT Centre, Chennai

To enhance cognitive skills such as attention, memory, decision making and problem-solving capacity. School teachers, School Counsellors can participate in the one day workshop. This workshop is activity-based and involves puzzles, block designs, picture completion, word association, and board games involving eye-hand coordination.

GBT Applications: - Education, human resources, research, training and counselling. This year the InSPA will conduct three workshops in different places.

9.3. Training on School Psychology Competencies

National Coordinators: Dr. Yogini Nath, Chennai; and Dr. Mira Shah, Mumbai

A four-part training program in school psychology will be conducted as part of InSPA's initiatives to equip school-based mental health professionals with basic knowledge and skills in school psychology. Four core training models will be taught, with each module scheduled every three months. Each module will be taught over a two day period. The training will be offered to counsellors or psychologists working in educational settings.

Core Modules

- 1. School-based psychological services for children and youth**
 - a. Core competencies of a school psychologist
 - b. Models of service delivery
- 2. Psychoeducational assessment of preschool and school-aged children**
 - a. Assessing, planning, implementing, monitoring, and evaluating school-based academic and behavioural interventions for children and adolescents
 - b. Comprehensive psychoeducational evaluations
 - c. Prevention and intervention of academic problems
 - d. Basic counselling skills
 - e. Report writing and feedback
- 3. Consultation in educational settings**
 - a. Provision of consultation services to individuals, groups and systems
- 4. Professional, ethical, legal, and social responsibility**
 - a. Standards for professional practice
 - b. Ethical and legal issues in school psychology

9.4. Workshop on Special Education/LD

National Coordinator: Dr. T. Santhanam, SDS Academy, Chennai

The RPWD Act 2016 insisting upon the Inclusive Education thereby comply the Act the CBSE, State Board and International Schools started admitting the Children with Special Needs such as Children with Autism Spectrum Disorder/Specific Learning Disability/Intellectual Disability. However, mainly Shadow Teachers seat these children along with non-disabled children in the same classroom under the custody / supervision of Special Educator sporadically. The Shadow teachers do not possess required educational qualification to handle the special children, which may cause more damage in their academic achievement. Therefore, in order to develop the proper human resource in this field, the SDS Academy of Behavioural Sciences has launched short-term training programme on Inclusive Education.

This Academy has professional team of Rehabilitation Psychologist, Clinical Psychologist and Special Educator, Occupational Therapist and Speech Therapist and Remedial Educator, which will offer quality training to the teachers for conducting the proposed programme by InSPA in this year. This year it is proposed to conduct four programmes in Puducherry, Chennai, Mizoram and Bhopal.

9.5. Training of Trainers (TOT) on Parenting Skills Education

National Coordinator: Dr. Suja Koshy, Mumbai

A two-module training of trainers (TOT) program on Parenting Skills will be conducted as part of InSPA's initiatives to equip mental health professionals with basic knowledge and skills in Parenting Skills. Each of the training module will be conducted over four weekends for a month. This training of trainers (TOT) will be offered to counsellors/psychologists working with parents.

This module will help the participants to:

- a) Sensitize the parents to understand the characteristics & needs of children.
- b) Strengthen positive parenting skills of parents.
- c) Assist parents in handling the normal/challenging behaviour of children.
- d) Gain the knowledge of how to deliver parenting programmes and parenting support groups (adoptive/divorced parents).

1. Module 1: Basic Parenting Skills for Childhood Years

- Childhood in today's world
- Introduction to Parenting skills
- Key Elements of Effective Parenting Programs
- Positive Parenting
- Helping Parents to become an Emotion Coach
- Parenting skills for handling Normal Behaviour Problems of Pre-schoolers & School-age children

Pre-requisite for Advanced Parenting skills course : Only after completion of Basic Parenting skills, the participants can join this advanced program

2. Module 2: Advanced Parenting skills

- Enhancing Self Esteem, Resilience & Character Strengths of Children
- Parenting skills for handling Challenging Behaviour of Children
- Skills for Adoptive Parents
- Skills for parenting children of Separated & Divorced Parents

- Skills for parenting children with special needs

Training on School Psychology for School Teachers

National Coordinator: Dr. Sneh Bansal, Chandigarh

The training modules include acquisition of skills in School Psychology, lecture cum interaction, demonstration and role-play, skill practice and material preparation, practice workshop with primary and secondary school children, assignments and tests.

The training modules have been prepared by the International School Psychologists standards keeping in mind the skills in psychology necessary by school teachers in the Indian context.

This year the training programme will be held on 02nd and 3rd October 2022 between 10.00 and 05.00 pm. The participants will be school teachers and young psychologists.

Experts: Prof. V.S.R. Vijaykumar, Chennai, **Prof. G. Venkatesh Kumar**, Professor of Psychology, University of Mysore, Mysore, **Dr. Sarah Manickaraj**, Chennai, **Dr. Vasantha Prabha**, Chennai, **Prof. T. Santhanam**, Chennai, and **Dr. Suja Koshy**, Mumbai

Training Modules

Module I: Theoretical framework of School Psychology

Module II: Life skills Education for School Teachers

Module III: Learning Disabilities Assessment and Intervention

Module IV: Safe and Friendly Schooling

Module V: Mental Health and Well-being in Schools

Duration: Six hours per day for three days (10.00 am to 5.00 pm)

The InSPA will provide workshop resources and hospitality to the teachers. Registration of teachers is free. InSPA will issue the certificate of participation to the teachers.

5. Children Assembly

National Coordinator: Dr. S. Renukadevi, NITTTR, Chennai

This is a special event of the InSPA to help and motivate the children. This year Children's Assembly will be held on the third day of the Conference at Pondicherry University, Puducherry on 4th October 2022. The children from various places in and around Puducherry will assemble and interact with the School Psychology experts. A new concept *Memoroid* will be introduced to the children. Maximum of 400 students between the age group 15 -17 years will be admitted to this session.

Expert: **Prof. V.S.R. Vijayakumar**. He is a Former Professor, Chairperson- Research & PhD in the Institute of Management Technology, Nagpur. His area of specialization is Organizational Behavior and Psychometric tests.

InSPA Journal of Applied and School Psychology

Editor: Dr. Panch. Ramalingam, Pondicherry University

Associate Editor: Dr. Mamta Sharma, Punjabi University, Patiala

The InSPA Journal of Applied and School Psychology (IJASP) is the newly established peer-reviewed official journal of the Indian School Psychology Association (InSPA). The process of indexing the journal in various databases has been initiated and we hope to make the journal available to a wider audience in the very near future. Each monthly issue of the IJASP is aimed at disseminating advances and innovations in research, training, and practice of school psychology in India. The IJASP welcomes multidisciplinary contributions that are focused on the application of psychology in Indian educational contexts, particularly schools. Particular consideration is given to papers that address the link between theory and practice, and that focus on evidence-based interventions with implications for school psychologists, counsellors, and the wider school community. The journal publishes theoretical papers, original empirical studies, brief research reports, critical reviews of the literature on research and practice, and book reviews. While the journal emphasizes Indian perspectives on issues faced by school psychologists and other personnel working in educational institutions, international perspectives, and relevant cultural or cross-cultural research are also considered. Twice a year, the journal also publishes a section on emerging trends in practice and themes considered to be of special interest to school psychology. All manuscripts are subject to a double-blind, peer-review process.

8. InSPA Newsletter

Editor: Dr. Preeti Inder, Chennai

InSPA Newsletter is a communication media among members. It will be published once in three months. The issue will contain a list of members enrolled, minutes of the Governing Council Meeting, activities of the InSPA, professional development of individual members, and announcements of meetings and programmes. Now it has been decided to publish this newsletter quarterly as an e-newsletter by email as well as through our website www.inspa.org.

9. InSPA Book Publication Project

National Coordinator: **Dr. Reena Singh**, Bhopal

In India, school psychology has yet to receive recognition as an independent field of study within psychology. In contrast, academic institutions in Western developed nations have been offering school psychology training programmes for many decades. School psychology is offered at the master's and doctoral level in many universities. It is primarily concerned with the educational and psychological well-being of children and adolescents. School psychologists often work in multiple settings such as schools, hospitals, university settings, and in private practice. As mental health professionals, school psychologists are unique, in that they are trained in both, psychology and education. They are trained to carry out a variety of tasks such as psychological evaluations, psycho-educational assessments, developing interventions and providing individual and/or family therapy. They are expected to conduct themselves in accordance with the ethical, legal and administrative codes of their profession.

12. 12th InSPA International Conference on the theme “Meeting the Challenges of Covid-19 in Schools: Future Well-being” at Pondicherry University 02– 04 October 2022.

Chairman of the LOC: **Dr. Panch.Ramalingam** and Organising Secretary: **Prof. B. Rangaiah**, Professor and Head, Department of Applied Psychology, Pondicherry University, Puducherry

Puducherry is a symbol of integral culture and heritage. It is in this serene environment that the Indian School Psychology Association (InSPA) came into existence in 2009 with the promising leadership and sponsorship of our Chief Patron Prof. Gurmeet Singh, the Vice-Chancellor of Pondicherry University. InSPA has the distinction of holding 33rd ISPA International Conference in 2011, and thereby gaining expertise to propagate psychological knowledge for the benefit of its members, researchers and professionals in the schools in India.

The 2022 conference is not just focusing on paper presentation, but aims at providing a meeting ground for the professionals for sharing their expertise with the best practices in school psychology. Since 2011, the conferences organized by the InSPA are getting overwhelming response from the national as well as international delegates. Knowledge sharing is crucial for enrichment of school psychologists professionally. School Psychologists are in dire need today, not only for fulfilling the dreams of school psychology by taking psychological knowledge to the school premises, but to realise the full potential of a child in the school.

School Psychology is a system of psychological services for schools and a distinct discipline within psychology. The range of psychological services provided by school psychologist is very broad. Therefore, increasing the competencies of the school psychologist, to ease out the problems in children, and to nurture character strengths in children, are matters of concern. The school administration has been in need of psychological services at the time of Covid-19 pandemic for various unforeseen problems impairing the performance of students shut inside homes. We look at these critical challenges as opportunities to make a difference by playing creative role for better future. Theoretically it should be possible to bring change in society through systematic changes in education. The professional development programmes are vital to meet the challenges educational institutions are facing. Some of these challenges can be met by means of effective coping strategies in the scope of school psychology services.

It is in this context the theme of the conference is “Meeting the Challenges of Covid-19 in Schools: Future Well-being”. The Conference will not only be a platform to share the latest psychological practices and innovations among the participants, the greater aim is to document them so as to apprise the policy makers for required modifications in the existing frameworks to build open, integrative and vibrant school psychology services.

Taking into consideration the crisis, we will have to look at particular attributes of flexibility and affordances of technology. What technology or desired practices can do as opposed to its solution?

1. How to design the learning experience with the help of technology. In simplest form, a complex learning experience could involve a whole bunch of experiences like project work, problem-solving, fieldwork, and lab work. If we design the learning experience in a productive way, then our schools would not have to be shut down.

2. Engagement of the learner with the content: The institutions that depended on the learners engaging with the content in a singular mode (Only classroom teaching with teacher on one side and students staring at him/her) were less successful than the organization having different ways of learners having to interact with that content.

3. How the learner interacts with the teacher? If the learner was interacting with the teacher in the context of a campus in a classroom or a tutorial or a laboratory only then the operations had to be shut down. We need to think about different ways of learners interacting with the content with the help of teachers in different ways.

4. Interacting with the teacher in different ways is where the flexibility thing comes in. What we want is every organization to think about the designing of learning experiences that

provide opportunities for learners to interact with the content in multiple ways and interact with teachers in different channels in different modes.

5. Learner engagement with assessment activities: If we design the assessment activities in such a way that plagiarism and the opportunity to cheat is minimized then there is no opportunity for objective assessment. Therefore, we should be focusing our attention on the designing assessment activities by the schools in a novel fashion where thinking is involved. There can be many right answers for the same question. Apps are there to assess such answers.

6. Learning engagement with feedback: We need to think on how feedback can be given in different ways and how technology can be utilized in making the same possible for us. There is need to assess FOR learning rather than assessing the learning

We still feel that educational organizations have failed to become resilient as to how our operations like teaching- learning, administration of teaching and learning have become so archaic that when a calamity like Covid-19 struck we had to close down shop and this is a huge lesson that we as elders (teachers and researchers) need to learn. We have to ask ourselves the question: why did we have to stop? Why did we have to close our operations? Why was it necessary? Researchers need to find out which methodologies (modes of flexibility) are better and how these can be more useful.

This conference will be more useful to the researchers, experts, policy makers and practitioners in the field of school psychology and related areas from around the world.

7. Target Achieved in three Years 2021-23

Prof. Panch. Ramalingam
President, InSPA



The Indian School Psychology Association (www.inspa.org), is an affiliate of the International School Psychology Association (www.ispaweb.org), and the Asia Pacific School Psychology Association (APSPA), Malaysia. It is a voluntary non-profit School Psychology Services Association founded in 2009 (Regd No.583/2009). The primary aim of the association is to develop and promote school psychology services in India, values-based education, and training to meet the needs of society and particularly to elevate the children to develop learning skills, mental health and well-being in school education in India and abroad.

The InSPA (www.inspa.org) is gradually stepping around the country to popularize School Psychology in India and encourage psychologists to play an active role in the larger interest to provide better education to children. The members of the InSPA are actively involved in the process of developing school psychology throughout the nation.

India is a nation depicting unity in diversity. It is the largest democracy with a huge number of students. It is a multi-cultural and multilingual fast developing country in the Asian subcontinent. It has multifaceted schooling systems that cater to the needs of the children. In India, the schools run by the state governments, both in urban and rural areas differ in many respects from the private English-medium schools that draw children largely from economically prosperous families.

Thus, the Indian setting today is characterized by the existence of schools of various standards, which may be distinguished based on a number of indicators, including teaching methods, physical infrastructural facilities, and policies of administration. Children of these schools need proper psychological guidance to learn and acquire skills and abilities. We strongly believe that School Psychologists alone can provide the necessary professional guidance to children in schools. In this background, the InSPA is moving ahead of setting up its Institute of School Psychology for the purpose of research and training in School Psychology.

Our team of InSPA office bearers assumed charges on 1st April 2020 with COVID-19 Pandemic challenges. No one was expected the uncertainty and cautioned every one of us not to move out of the houses. During such a situation, we acquired the skills for using online tools to communicate with each other and started the culture of working from home. First, we tried out with Zoom meeting with new office bearers on 2nd April 2020 followed by a State Conveners meeting on 10th April 2020. With the encouraging support rendered by our active members, we extended it to other online meetings and webinars. At the same time, we strengthened our website www.inspa.org to enrol members, the immediate issue of membership receipts for the payment done, issue of membership certificates and ID cards. Within the short span of six months, we were able to strengthen our Association with 814 Life Members. Out which 380 members have joined in this year 2020 – 21. As far as for the past three years 2021-22, 2021-22 and 2022-23 are concerned the enrolment of members raised to total 1315

We have nominated State Conveners for 33 States/Union Territories and most of the State conveners extended their support to conducting online programmes. Based on the gained experience, we subscribed for Google Suite with a recording facility since July 2020. With the support of the experts in School Psychology, we have launched weekly online lectures on Fridays and Saturdays in the year 2021-22 for the benefit of members.

InSPA Achievement in three years 2021-23

The Indian setting today is characterized by the existence of schools of various standards, which may be distinguished based on a number of indicators, including teaching methods, physical infrastructural facilities, and policies of the administration. Children of these schools need proper psychological guidance to learn and acquire skills and abilities. We strongly believe that School Psychologists alone can provide the necessary professional guidance to children in schools. In this background, the InSPA is moving ahead of setting up its Institute of School Psychology for the purpose of research and training in School Psychology.

Major accomplishments are:

- Life members' enrollment reached from 814 to 1315. The list of members is included in the annual report 2022-23.
- InSPA Code of Professional Ethics has been prepared and published.
- Successfully conducted several webinars, online lectures, workshops, and regular meetings with InSPA members. The details are included in the Annual Report.
- Successfully published the book "School Psychology in the Indian Context" authored by Dr. Panch. Ramalingam and translated into 15 Indian Languages in the year 2021 as follows:

No	Language	Name of Translating Author (s)
1	Assamese	Dr. Mala Chaliha, Guwahati
2	Bengali	Dr. D. Dutta Roy, Kolkata
3	Gujarati	Dr. Navin Patel, Ahmedabad
4	Hindi	Dr. Reena Singh, Bhopal and Dr. Rajendra Singh
5	Kannada	Dr. Suneetha Hangal, Hubballi
6	Malayalam	Ms. Navneetha K, Calicut
7	Marathi	Mrs. Smita Pagnis, and Dr. Reena Singh, Bhopal
8	Mizo	Dr. Rinpari Ralte, Aizawl
9	Punjabi	Dr. Jagpreet Kaur, Patiala
10	Sanskrit	Dr. Anil Pratap Giri, Motihari

11	Sindhi	Shri Bhagwan Babani and Shri. Balu Choithani, Bhopal
12	Tamil	Dr. Panch. Ramalingam, Puducherry
13	Telugu	Dr. Madhukar Gampal, Hyderabad
14	Urdu	Dr. Razi Faraz Khan, Bhopal
15	Konkani	Prof. Janet Fernandes, Goa

- In collaboration with many universities, we are able to conduct school psychology programmes
- In collaboration with Asia Pacific School Psychology Association (APSPA) our delegates have attended the 2nd and 3rd APSPA International Virtual Conferences at AIMST University, Malaysia, and Assumption University of Thailand, Bangkok.
- Jointly organised 4th APSPA Intentional Conference with APSPA at Central University of Haryana, Mahendragarh on 15 – 16 March 2023.
- Organised 10th InSPA International Virtual Conference in collaboration with Aligarh Muslim University, Aligarh in 2021, 11th InSPA International Conference on Focusing of Global Challenges in collaboration with the University of Madras on 6 – 8 January 2022 by using Zoom links. The 12th InSPA International Conference in collaboration with the Pondicherry University on 02 – 04 October 2022
- Conducted seven certification programmes for the members (2021-22) as follows:

No	Programme	Coordinator	Month	Number of members benefitted
1	Certification for Counselling	Prof. S. Thenmozhi	May 2021	99
2	Certification for Game Based Therapy	Prof. Sarah Manickaraj	June 2021	68
3	Certification for School Psychology Services	Dr. Yogini Nath	July 2021	48
4	Certification for Special Education	Prof. T. Santhanam	August 2021	41
5	Certification for Learning Disabilities	Dr. Lalitha Subramanian	September 2021	29
6	Certification for Parenting Skills	Dr. Suja Koshy	February 2022	20
7	Certification for Life Skills	Prof. Nighat Basu	March 2022	22

- An InSPA Group for counselling services has been created and monitored by Mrs. V. Kamini, Chennai. There were 170 of our members have joined in this Group.
- Another group for Game-Based Therapy has been created and monitored by Dr. Sarah Manickaraj and Dr. Vasantha Prabha, Chennai.
- Two workshops have been conducted at Jargan Lakecity University, Bhopal and Ashadeep, Bhopal in August 2022.
- The “*InSPA Journal of Applied and School Psychology*” has been registered with RNI with effect from October 2019 and Vol 1 No 1 October 2019 to and Vol 4 No 1 October 2022 issues were published. The journal has been UGC CARE listed from January 2023.
- The list of awards and prizes in 2021 have been distributed to deserving people. Prof. B. Mukhopadhyay is the chairman of the committee. The list is provided here.

- Conducted several events in collaboration with International Associations and reported in this report.
- Periodical meetings of the Governing Council and National Council have been conducted. The minutes of the meeting are included in this report.
- The audited statement of accounts for the three years included in this report.
- Prof. V.S.R. Vijayakumar, Chennai as the expert to evaluate the Projects for Assessment of Children and to issue certificate of validation.
- Appreciated Prof. K. Jeyasankara Reddy for bringing out the compilation of articles on School Psychology.

Future Plan

Based on the experience in 2021-22 and 2022-23, I am happy to present the Action Plan for the year 2023-24 with proposed activities of the InSPA and budget proposal for 2023-24.

InSPA is primarily a professional service organisation, taking into account the genuine day-to-day need of the school environment in India. For this purpose, teaching, training, research, and practice are major concerns of the InSPA. The 13th to 15th InSPA Annual Reports 2021 – 23 provide targets achieved in this year, a Profile of the InSPA as well as a list of national coordinators, a list of state conveners, a list of members, a list of InSPA Counsellors, detailed activities of the InSPA, InSPA Awardees 2021-23, and audited statement of accounts 2021 – 22 to 2022-23.

New Office Bearers (2023-2026)

The following new office bearers have assumed charges from 1st April 2023.

President	Prof. Panch. Ramalingam, Pondicherry University, Puducherry
Vice-President	Prof. Shah Alam, Aligarh Muslim University, Aligarh
Vice-President	Prof. Zokaitluangi, Mizoram University, Aizawl
Secretary	Dr. D. Rajendran, Jt Director of School Education (Retd), Chennai
Joint Secretary	Dr. Suneetha Hangal, Hubballi
Joint Secretary	Dr. Navin Patel, Ahmedabad
Treasurer	Dr. S. Suresh, Puducherry

8. The 3rd APSPA International Conference 2022- Multicultural Challenges and Diverse Approaches in School Psychology

Assumption University of Thailand in collaboration with Asia Pacific School Psychology Association (APSPA) organized “**The 3rd APSPA International Conference 2022**” virtually. There were around 150 participants from all over the world. The main objective of the conference is to raise the visibility of the importance of positive mental health and well-being among children and youth and to provide a multidisciplinary platform to discuss issues related to transformative learning experiences related to psychology and education. The conference had very interesting keynote speakers and invited lectures from people all over the world and there were around 48 paper presentations and an interesting panel discussion.

The conference was structured around the following sub-themes

1. Psychological and Mental Health Challenges

- a. Mental Health Challenges
- b. Learning Disabilities and Related Issues on Special Needs Children
- c. Multicultural Issues in School Psychology
- d. Counseling and Psychotherapy
- e. Career Counseling
- f. Gender Identity & Sexuality
- g. Bullying, Childhood Trauma and Abuse
- h. Emotional and Moral Development of Children
- i. Health Behavior
- j. Social and Digital Media
- i. Mental health and religion
- k. Language and Mental Health
- l. Addiction (Internet, Social Media, Gambling, substance abuse)
- m. Effective Parenting
- n. Stress and Anxiety

2. Transformative Educational leadership, Policy, and Administration practice

- a. Teaching and Interdisciplinary Integration
- b. Educational Policy, Leadership, Planning and Quality Assurance
- c. Educational Philosophy Democratization
- d. Teacher Effectiveness
- e. Post Covid Challenges in Education
- f. Perspectives in Education for Sustainable Development
- g. Multiculturalism and Diversity in Education

3. Educational Decentralization and Curriculum Development and Innovative Classroom Practice

- a. Academic Motivation and Burn Out
- b. Learning Styles, Teaching Styles, and Multiple Intelligences
- c. Classroom Behavior and Educational and Psychological Assessment
- d. Language, Literacy and Linguistics

e. Innovations in Technology for Teaching and Learning

A panel discussion on the Challenges and Opportunities in Education in the Asia Pacific Region was a major highlight of the conference. The following delegates participated in the panel discussion:

Dr. Yanathip (Dr. Steven) - Principal of Kincaid International School in Bangkok, Thailand. He established the school from scratch with only 17 students, and it has now grown into a large international school with over 600 students. The school is like a second home to its students, and Dr. Yanathip has mentored many students, helping them identify their passions and changing their families' perspectives towards their children

Dr. Amoneeta - Associated with Assumption University for a long time and has been a visiting faculty. He was a university counselor at Webster University in Thailand and supervised Assumption University students during their Practicum and Internship. He has firsthand experience with the problems university students.

Dr. Netpreya - A Counseling Psychologist who runs her own school and provides mental health services. She practices Mindfulness to reduce anxiety among her students, specifically foreign language anxiety.

Vandana - A school counselor with experience in addressing the problems students.

The panel discussion was highly effective and received a positive rating from the participants

There were several key note addresses and Invited speeches by eminent personalities from all over the world. The paper presentations were also carried out in parallel sessions and best paper awards were given for the best paper for each session. The proceedings of the conference is in the process of publication. The selected papers were published in the International Journal of the Asia Pacific School Psychology .





09. Workshop on Game Based Therapy

Dr. Reena Singh Rajput
Jagran Lakecity University, Bhopal



Game Based Therapy is an approach that involves a series of mental activities designed to increase and maintain a person's cognitive abilities. Abilities like attention, working memory, reasoning, problem solving and decision making. The 2 day workshop was organised on 11th and 12th November 2022 for the students of Faculty of Liberal Arts and Humanities, at Jagran Lakecity University in collaboration with InSPA, Bhopal chapter. The workshop started on a high note with the welcome of our most respected President Prof. Panch Ramalingam with a sapling. In the same series our expert and resource person Dr. Sarah Manickraj and Dr. Vasantha Prabha were also welcomed by State Convenor Dr. Seema Vijayvargiya and Dr. Reena Rajput respectively.

In the first session the students were told about the importance of Game Based Therapy and its practical approach during the therapy session. In the next session benefits of GBT were discussed which include impulse control, emotional control, flexible thinking, working memory, self monitoring, playing and prioritizing, task initiation and organizing. It is very significant because it helps in the assessment and management of challenges faced by people with cognitive deficits too. The second was day of all the more excitement for the students as they got the opportunity to keep hands on the different board games and how it worked as therapeutic and assessment tool. It was an amazing learning session for all the students and faculties too.

REPORT ON GAME BASED THERAPY **ASHADEEP & VIKALP, BHOPAL**

One day workshop on Game Based Therapy was organized on 13th November 2022 for teachers and Counsellors of Bhopal in collaboration with Ashadeep Counselling centre and VIKALP organization. Around 80 Teachers and Counsellors participated actively. They all were also surprised for the memory techniques and they can be enhanced. Director of VIKALP felicitated Prof. Panch Ramalingam with "VIKALP RATNA" award for his tireless contribution for School psychology across the world. Fr. Maria Stephen PRO, Archdiocese of Bhopal extended his thanks to Prof. Panch Ramalingam and the expert Dr. Sarah Manickraj and Dr. Vasantha Prabha for sparing their valuable time for the teachers and counsellors of Bhopal.



10. Major Research Achievements of the Principal Investigators from Japan

Prof. Ishikawa Michiko, Japan



ASIA PACIFIC SCHOOL PSYCHOLOGY ASSOCIATION JAPANESE CLASSROOM MANAGEMENT TO INDIAN SCHOOLS (AUGUST 2022)

Prof. ISHIKAWA MICHIKO
Nagoya Sangyo University
Japan

Ms HITOMI KUWAYAMA
Nagoya Sangyo University
Japan

Prof. PANCH. RAMALINGAM
Pondicherry University
President, APSPA

The team headed by Prof. Ishikawa Michiko has visited India and collaborated with Indian School Psychology Association for a Japanese-style education workshop and has presented 'Japanese-style education' to Indian teachers/researchers through research presentations.

The aim of this study is to develop a Japanese model of inclusive education in regular classrooms in sustainable India. Note that both research teams include young researchers. First, the Japanese researcher will organise a research meeting 'Japanese Inclusive Education in the Regular Classroom' at Pondicherry University to exchange research on Japanese model education with Indian researchers/teachers. Secondly, researchers from both countries will carry out analysis and interviews with teachers on Japanese inclusive education in Indian regular classrooms.



Third, researchers from both countries will together conduct field observations of schools and communities in Japan, including 'inclusive education in the regular classroom', and conduct interviews with Japanese teachers. Fourthly, on the basis of these, they will jointly study and distribute school materials and local materials for the 'Japanese model of inclusive education in the regular classroom' (hereafter referred to as the 'Indian version'), which makes use of Indian characteristics. Japanese-style education is an education based on knowledge, virtue and body by a group of teachers, and has

already been disseminated in India by the applicant's team. The results of this study, which aims to train young researchers, will lead to the promotion of inclusive education in regular classes in India, including disability and poverty, and will contribute to raising the school completion rate in the country and to correcting child labour and inter-national economic disparities. It will also serve as basic research on Japanese-style educational transfers (hereafter referred to as 'transfers') and sustainable school building. Furthermore, the findings of the Japanese-style educational transfer will lead to suggestions for improving the educational activities of Japanese teachers, who face many problems such as the burden of multiculturalism and the harmful effects of long working hours. The researchers on the Japanese side include former teachers. (Characteristics, focus and originality of the present study: comparison with previous studies, clarifying)

Promoting inclusive education in India and modifying Japanese-style education.

The United Nations has set up the SDGs (Sustainable Development Agenda) to harmonise economy, social inclusion and environment. Little progress has been made in practice on inclusive education in India (Srivastava, De Boer, & Pijl, 2020). The strength of Japanese education is that many teachers are qualified school psychologists and clinical psychologists, who can interpret the results and make better teaching plans (Ishikuma, Matsuda et al., 2016). Note that there were three former teachers who were qualified as school or clinical psychologists. The Japanese researchers include former primary school teachers, former junior high school teachers, former high school teachers, a former headmaster of a special-needs school who is a young researcher, and many practitioners in cross-cultural adaptation, career support, school improvement and community research, making this research unique to this expert team. In addition, the principal has developed an inclusive educational learning scale for regular classrooms and has already compared it with teachers in both countries (Ishikawa, Foundation Cb; Ishikawa, Matsumoto and Ramalingam et al., 5). Furthermore, there are young researchers (specialists in pupil education) in the partner country. The environment allows for continuous research, which can be developed into the creation of sustainable schools. No young researcher approach, including teachers and specialists in special needs education, has been found for such inclusive education. Therefore, this study can contribute to school education in India as a sustainable study and furthermore lead to an increase in the school completion rate of students. It will also help to solve the problems of Japanese-style education. For some time, this research team has conducted academic research into the question of Japanese-style educational transfer and 'education focusing on the individual and the group' (Fundamental Ca/Fundamental Cb). In doing so, the emphasis was not only on high basic academic the group' (Fundamental Ca/Fundamental Cb). In doing so, the emphasis was not only on high basic academic skills, but also on maximising the practical knowledge of life guidance and individual and group development, such as cleaning activities (Matsumoto 1-3; Ishikawa 1-7). The research team has already been invited by the Indian research team to present 'Diversity-aware education' and 'Japanese-style classroom management'. The Japanese team leader, Ishikawa, is the Japanese representative of the Asia Pacific School Psychology Association (APSPA). He has also made several invited presentations at APSPA and the Indian Society of School Psychology.

The Indian Disability Rights Act (2016) emphasised the government's commitment to inclusive education, stating that 'students with and without disabilities learn together and the teaching and learning system is appropriately adapted to meet the learning needs of students with different types of disabilities', aged 5-19 years. 61% of children with disabilities attend an educational institution (UNESCO, 2019) Indian schools have expanded in quantity in recent years, but still have a 74% completion rate for secondary school (UNICEF, 2021). The quality of teachers is also a challenge and corporal punishment of pupils is not uncommon (UNICEF, 2020). While much progress has been made on inclusive education in India at the policy level in recent years, little progress has been made in practice (Srivastava, De Boer, & Pijl, 2020). In addition, effective support for child labour and economic disparities has not been provided (Lin, 2019). Inclusive education by teachers is essential

to eliminate educational disparities. An 'inclusive education including disability and poverty' for Indian pupils is needed. The Japanese model of education can be utilised in this context.

In the analysis of the educational transfer problem, community and poverty were seen as basic conditions, and the research subjects were first set up as national, public and private schools in the Pondicherry federal direct territory. National schools are those of the elite class, public schools are those of the poor and private schools are those of the rich. In this study, a collaborative research will be conducted with researchers from both countries with a view to problem-solving practical activities on direct 'inclusive education in the regular classroom' for pupils, which India does not provide. The study will seek a practical Indian version of the model, using Japanese-style education as a thread. To clarify the complex and difficult multifaceted nature of educational transfer, i.e. the general characteristics that are common across regions and school types, and the individual characteristics that differ from community to community depending on the school type.

Education is institutionalised and methodologies are built in the context of history and culture.



This research starts when people come into contact with each other, learn about the other's culture and circumstances, and understand each other. Therefore, we believe that the India-Japan collaboration in this study will start when the Japanese researcher, in collaboration with the local researcher, accepts the sense of difficulty of the local teachers. The Japanese style of education is not imposed on the local teachers, but is modified in response to the local needs. Japanese researchers will go to the local area to develop an Indian version of the model with local researchers. This will lead to bottom-up inclusive education through the development of teaching materials.

Hase is an expert in school improvement, Ito is an expert in inclusive education and Matsumoto is an expert in teacher career support. The connection of schools to the local community is called openness. There is a high correlation between school openness and student performance (Hoy & Sabo, 1998). To connect the school to the community, a community researcher Tsuji was included. Both are young researchers and all but Matsumoto are practitioners. Rarely do practitioners hold doctoral degrees. This study connects practitioners and researchers in education and psychology in both countries and gives young researchers an international reach. We are convinced that they will become researchers who can be expected to play an active role internationally.

The hypothesis of 'Japanese-style inclusive education in regular classes' derived by this research team is as follows. The following are: understanding pupils and building class groups, small steps and reading, visual, perspective and procedure, and understanding and consideration of the home environment. The methods used are then presented in detail. The cognitive structures of pupils are then introduced to Indian teachers through experience with the WISC structures used around



the world. In addition, the method of visualising children's strengths and relationships in order to improve pupil guidance and classroom climate will be conveyed. These Japanese-style education practices will prevent corporal punishment of teachers, raise school completion rates and contribute to the correction of child labour and inter-national economic disparities. For Japan, it will also lead to suggestions for improving the educational activities of Japanese teachers, who face many problems such as the burden of multiculturalism and the harmful effects of long working hours.

In addition, the Japanese researchers have already completed the English version of the Japanese Teachers' Inclusive Education Learning and Teaching Scale in Regular Classrooms, and have further compared the two countries (Ishikawa, Matsumoto and Ramalingam, 2022). In the process, they conducted a training course on Japanese-style education for more than 600 teachers in national public and private schools. He is also regularly invited to present at conferences of APSPA and the Indian Society of School Psychology. The Centre for Human Resource Development at



Pondicherry University is a research centre for primary and secondary school teachers as well as university teachers in India, and Ramalingam and others are core members there. They have highly evaluated the usefulness of the theorisation as a 'Japanese model' and have given their consent, and are already preparing to conduct a survey. The Indian representative Ramalingam is the APSPA

President and the Japanese representative Ishikawa is the APSPA Japan Representative. Mutual cooperation sharing between Japanese and counterpart researchers by year, as well as exchange plans, travel and reception plans. The aim of this study is to develop a Japanese inclusive education



model for regular classrooms in India that is sustainable. In 2023, a research meeting on 'Japanese Inclusive Education in the Regular Classroom' will be held at Pondicherry University. The content will include the Japanese research team's hypothesis on Japanese inclusive education in the classroom and the SDGs. It is also the response of Japanese teachers. In particular, the meeting will share perspectives on career support (Matsumoto), special needs education (Ito), regional studies (Tsuji) and school reform (Hase). Indian researchers and teachers will deepen their understanding of Japanese-style education, and researchers from both countries will discuss issues, etc. Second, researchers from both countries will stay in Pondicherry to analyse inclusive education in India and conduct interviews (20-30) with national, public and private teachers. Researchers from both countries will jointly analyse and compare the results. The travelling organisation will be in India for one week in September.

The team

11. Proceedings of the 12th InSPA International Conference

**“Meeting the Challenges in Schools: Towards Atmanirbhar Bharat” at
Pondicherry University, Puducherry, India 02 – 04 October 2022**

The Indian School Psychology Association (InSPA) came into existence in 2009 at Puducherry as its headquarters. The 2022 Conference aims at providing a meeting ground for the professionals to develop methodologies that are better and locally useful, a step in making Atmanirbhar Bharat or Self-Reliant India through ideas, actions and educational technology in classrooms. It was also an occasion for sharing expertise on the best practices in School Psychology to celebrate and commemorate the 75 years of India's Independence, Azadi Ka Amrit Mahotsav.

InSPA too joined in the mission to celebrate the Mahotsav with fervor and a resolve that the students and teachers who are the future of the country would take it through the higher echelons of success! Since 2011, the Conferences organized by the InSPA are getting an overwhelming response from the national as well as international delegates. Sharing of knowledge is crucial for the enrichment of school psychologists professionally. School Psychologists are the dire need of any nation today, not only for fulfilling the dreams of school psychology by taking psychological knowledge to the school premises but to realize the full potential of a child in the school.

School Psychology is a system of psychological services for schools and a distinct discipline within psychology. The range of psychological services provided by a school psychologist is very broad. Therefore, increasing the competencies of the school psychologist, to ease out the problems in children and to nurture and strengthen the character in children are matters of concern. More than ever, the school administration has been in need of psychological services at the time of the Covid-19 pandemic for various unforeseen problems impairing the performance of students shut inside homes.

We look at these critical challenges as opportunities to make a difference by playing a creative role for a better future. Theoretically it is possible to bring change in society through systematic changes in education. The Professional Development Programmes are vital to meet the challenges faced by the educational institutions. Some of these challenges can be dealt by effective coping strategies within the scope of school psychology services. It is in this context, the conference with the theme “Meeting the Challenges in Schools: Towards Atmanirbhar Bharat” was organized with relevance to the present scenario to provide opportunities to the young and budding school psychologists in India. The Conference was not only a platform to share the latest psychological practices and innovations among the participants, the greater aim was to document them so as to apprise the policymakers for required modifications in the existing frameworks to build open, integrative and vibrant school psychology services as well as juxtapose the New Education Policy of 2020 and the Azadi Ka Amrit Mahotsav.

It was an opportunity for InSPA and the teachers, who as important members are set to take the country towards a new thought process through School Psychology and the education that surrounds it.

This Conference deliberations would be more useful to the researchers, experts, policymakers and practitioners in the field of School Psychology and related areas around the world. There were 9 keynote lectures, 28 invited presentations, 12 workshops and 12 special sessions deliberated during the three days. In this International Conference, 76 delegates from thirteen countries such as USA, Canada, United Kingdom, France, Switzerland, Germany, Japan, Malaysia, Thailand, Nepal, Bangladesh, South East Africa and Sri Lanka were present. More than 1300 delegates had participated from all over the country in person as well as virtually due to COVID19 pandemic. In addition, 400 school teachers were trained and counselling sessions for 520 school children to overcome their hurdles were also

conducted.

Keeping in view of our policy issues, we hope that the deliberations have certainly helped the researchers, experts, professionals and policy makers to rethink the ongoing practices in School Psychology to meet the challenges in India as well as in the global pursuit.

Inaugural Session

Hon'ble Union Cabinet Minister for Education and Skill Development and Entrepreneurship Shri. Dharmendra Pradhan released the books on School Psychology in the Indian Context authored by

Prof. Panch. Ramalingam and that was translated into 15 Indian languages, released the Book of Abstracts 2022, and distributed InSPA Awards 2022 and delivered conference inaugural address. In his address he stressed that "the attributes such as selfless service, non-violence and cleanliness are the tenets on which NEP will make education more student-centric and vibrant". He pointed out that the NEP, which was now in its third year, encapsulates the ideals of Sri Aurobindo's 'integral education', Pujya Babu's 'Nayi Talim' and Swami Vivekananda's principles of education as a transformative catalyst for socio-economic change. The NEP helps in understanding school psychology and enables identification of inherent strengths and aptitude of a student for making learning a fruitful process, he said.

"Education and psychology are inter-related. We have to understand the psychology of each learner to make learning and skilling a life-long process," Mr. Pradhan said. He was happy to learn that InSPA was deliberating on this topic, the Minister suggested going further that this Forum should be renamed as Indian Student Psychology Association as learning is a lifelong process. "In this era of disruptive change we have to embrace and adopt new education models as well as re-skill and up-skill," he said. Pointing to the integral education model of Sri Aurobindo, Mr. Pradhan said it was important to know and understand the psychology of students right from an early age. "If education is the essence of a civilised society, then understanding psychology is the basic essence of education," he said.

The Minister asked InSPA to collate the gist of its deliberations into an actionable set of recommendations for the effective implementation of NEP and for building open, vibrant and integrative school psychology frameworks. "India has a lot to offer to the world. We have to create a global model. NEP 2020 will create global citizens of the 21st century who will be committed to humanity's welfare," he said (The Hindu 2.10.2022).

Hon'ble Lt. Governor of Puducherry Dr. Tamilisai Soundararajan, delivered a special address, called for a system of teaching that instead of pressuring the child it should be designed to make learning an enjoyable experience. An understanding of child psychology was essential for this, and proud that India is capable of providing Covid-19 vaccine to more than 130 nations. Hon'ble Speaker of the Legislative Assembly Shri Embalam R Selvam, Shri. PML Kalyanasundaram, MLA, Prof. K. Tharanikkarasu, Director of Studies, Pondicherry University and Prof.

B. Mukhopadhyay, Former President, InSPA graced the occasion. Prof. Gurmeet Singh, Vice-Chancellor, Pondicherry University presided. Prof. Panch. Ramalingam, UGC-HRDC, Pondicherry University and President, Indian School Psychology Association presented the scope of the Conference. Prof. Akbaruddin Ahmad, Vice-Chancellor (Retd), Darul Ihsan University, Bangladesh, and Dr. Armoogam Parsuramen, Former Director, UNESCO, Mauritius felicitated. Prof. Amaresh Samantaraya, Registrar, Pondicherry University welcomed the dignitaries and Prof. B. Rangaiyah, Professor and Head, Department of Applied Psychology, Pondicherry University proposed a vote of thanks.

Keynote Sessions

There were 9 Keynote sessions arranged during the Conference. The dignitaries Padmashri. Prof. Randeep Guleria, Director, All India Institute of Medical Sciences, New Delhi, delivered keynote address. Dr K. Ramachandran, Outstanding Scientist and Director, DIPR, New Delhi, Rear Admiral K.K. Pandey (Retd) Director, Academic Staff College, Amity University, Gurgaon, Dr. Archana Thakur, Joint Secretary, University Grants Commission,

New Delhi, Prof. Mehraj Uddin Mir, Former Vice- Chancellor, Central University of Kashmir, Srinagar, Prof. Kiran Devendra, Prof and Head, Department of Elementary Education, NCERT, New Delhi, and Prof. S.P. Malhotra, Director, Educational Technology Management Academy (ETMA), Delhi delivered special address. Prof. N.K. Saxena, Senior Psychologist, IAAP, Kanpur, delivered Prof. G.P. Thakur first memorial lecture.

Children Assembly

On 1st October 2022 a pre-Conference “Children Assembly” was organized for 11th and 12th Standard students from in and around Puducherry. There were 460 students participated in the event held at Puducherry Technological University (PTU) auditorium, Puducherry. In the inaugural session Prof.

T. Senthivelan, Dean, Inter University Collaboration, Puducherry Technological University welcomed. Prof. Panch. Ramalingam, UGC-HRDC, Pondicherry University presented the scope of the programme. Prof. S. Mohan, Vice-Chancellor, PTU, Puducherry presided. Prof. Gurmeet Singh, Vice-Chancellor, Pondicherry University inaugurated the event. Shri N. Dinakar, SPD, Samagra Shiksha, Puducherry delivered special address.

Technical Session 1 on ‘Memory Techniques and Creativity’ was handled by Prof. VSR Vijayakumar, Psychologist, Chennai. Technical Session 2 on ‘Game-Based Learning Skills’ was taken up by Dr. Sarah Manickaraj, Psychologist, Chennai. Technical Session 3 on ‘Achieving Excellence in Studies’ was handled by Dr. Vasantha Prabha, GBT Centre, Chennai. At the end a Quiz Programme was conducted by Mrs. V. Kamini, Coordinator, and Shri. R. Ramakrishnan, ASPD, Puducherry. Prof. A. Shahin Sultana, Event coordinator proposed a vote of thanks.

Training for School Teachers

On 2nd and 3rd October 2022, a two-day training programme for school teachers was organised by inviting several resource persons. The inaugural session on ‘Incubation and Explore the Possibilities and Essential Life Skills for Children and Adolescents’ was engaged by Dr. Suja Koshy, SNTD University, Mumbai. The session on ‘Gifted Children – A New Paradigm in School Counselling and Game- Based Cognitive Development’ – Levels 1 to 3 was handled by Dr. Sarah Manickaraj, Psychologist, and Dr. Vasantha Prabha, Centre for Game Based Therapy, Chennai. The session on ‘Identifying Slow Learners and Learning Difficulties’ was dealt by Dr T Santhanam, President, SDS Academy, Chennai. The session on ‘Mind Mapping and Creativity’ was engaged by Prof. V.S.R. Vijayakumar, Psychologist, Chennai. The session on ‘Effective Counselling Skills and Curriculum-Based Life Skills’ was dealt by Dr Smitha Ghosh, Counsellor, Ahmedabad, and the session on ‘Achieving Excellence in Teaching’ handled by Prof. Panch. Ramalingam, Pondicherry University.

At the valedictory session, Prof. S. Mohan, Vice-Chancellor delivered presidential address. Prof. T. Mangaleswaran, Vice-Chancellor, Vavuniya University, Sri Lanka delivered valedictory address. Prof. Mehraj Uddin Mir, Former Vice- Chancellor, Central University of Kashmir, Prof. Akbaruddin Ahmad, Former Vice-Chancellor, Dhaka and Prof. S. P. Malhotra, Director, Educational Management Technology Academy, New Delhi delivered special address. Prof. B. Rangaiah welcomed the audience and Prof. A. Shahin Sultana proposed a vote of thanks.

Symposia

There were four symposia organized during the Conference. Symposium 1 was on ‘Current Trends, Issues and Management in School-Going Children’ was chaired by Prof. Ratna Natarajan, Thiruppathu and was presented by Dr. Krishan Kumar PGIMER Chandigarh, Dr. Thiyam Kiran Singh, Department of Clinical Psychology, Mizoram University, and Ms. Julia Vanlalruati Pachuau, Mizoram University. Symposium 2 was on ‘Synergy Energy in Schools: Role of Psychology in actualizing Atmanirbhar Bharat’ was chaired by Prof. N. Annalakshmi, Bharathiar University, Coimbatore and it was presented by Dr. Deepti Hooda, Dr. Anjali Malik, and Dr. Nov Rattan Sharma, Department of Psychology, M.D. University,

The Symposium 3 was on 'Mindfulness and Psychological Health: Child and Adolescent Mental Health' was chaired by Mr. Abdul Razzak, Advisor PRC, Dhaka and was presented by Dr Laxmi Narayan Rathore, Dept of Clinical Psychology, Mizoram University, (Central University), Aizawl, Mizoram. Ms Savita Singh, M. Phil (CP), Licensed Clinical Psychologist (Freelancer), Gwalior, MP and Ms Varsha Kriplani, M. Phil (CP), CBT Fellowship (NIMHANS), Licensed Clinical Psychologist, Private Sector, Bangalore, Karnataka.

The Symposium 4 was on chaired by Shri Mavai So Thangarajah, Germany Prof. Panch. Ramalingam, Pondicherry University, Freeda Shaheed, and Dr. Shaheed Khan, Puducherry

Invited Talks

There were as many as 26 invited talks. The invited Talk - 2 on 'Psychosocial Challenges in Schools in era of post-Covid 19 in Malaysia' was virtually presented by Dr. Balan Radhakrishnan, University of Malaysia, Sabha, Malaysia. Invited Talk - 5 on 'Educational Implication on Self-reliance' was chaired by Shri. K.A. Gunah, Parenting Trainer, Yayasan Social Foundation Kuala Lumpur, Malaysia and was presented by Prof. K. Chellamani, Dean, School of Education, Pondicherry University. The Invited Talk - 6, 'Challenges faced by Malaysian Government School Teachers to conduct Online lessons for the Secondary School Students during Covid-19 pandemic' was chaired by Dr. Mahfuzul Haque CEO, PRC, Dhaka and presented virtually by Prof. Madya Dr. Gunasegaran Karuppannan, Ganesan Thankaveloo & Gunapathy Arumugam, Pusat Pengajian Siswazah (PPS), Universiti Selangor, Malaysia.

The Invited Talk - 8 on 'Cultural Perspective of Indo - Swiss School Education' was chaired by Dr. Sarah Manickaraj, Chennai and presented by Dr. N. Mathimaran, Pondicherry University. The Invited Talk - 9 on 'Professional Challenges among School Psychologists in Asia Pacific Region' was presented by Prof. Mehraj Uddin Mir, Former Vice-Chancellor, Central University of Kashmir, Srinagar. The Invited Talk-10: 'Development of a Module for Psychoeducation Intervention to Enhance Help-Seeking for Mental Health Problems among Thai University Students' was chaired by Ln. Dr. Ratna Natarajan, Thiruppathur, Tamil Nadu and virtually presented by Dr. Santhosh Ayathupady Mohanan, and Dr. Rajitha Menon Arikatt, Graduate School of Human Sciences, Assumption University of Thailand, Bangkok, Thailand. The Invited Talk - 11 on 'Addressing the acute psychological disturbance in young adults passing through Emergency' was chaired by Dr. M.V.R. Raju, Senior Professor of Psychology, Andhra University, Visakhapatnam and presented by Dr Rajan Kailainathan, Consultant Emergency Physician, Monash University, Australia. The Invited Talk - 13, 'Inter Country Collaboration in Promoting Positive Well-being' was chaired by Prof. Shah Alam, Aligarh Muslim University, Aligarh and was presented by Dr S Poologanathan, GP Principal in Havering NHS London, United Kingdom. The Invited Talk - 14 on 'Psycho-social and legal Implications of Children in Covid-19 pandemic' was chaired by Prof. Janet Fernandes D'Souza, St. Xavier's College, Department of Psychology, Goa and was presented by Shri A. Ilanchelian, Senior Advocate, and President, IMTC, London. Dr Reena Singh, Lakecity University, Bhopal (MP) chaired the Invited Talk - 15, 'The Relationship between Dyslexia and Delinquency: A Psycho-Socio Criminogenic Approach' and was virtually presented by Dr. Mohammed Rahim, Criminologist, The National University of Malaysia, Malaysia.

The Invited Talk - 16 School Based Suicide Prevention in Multicultural Setting was chaired by Dr Nilesh Thakre, Associate Professor, University Department of Psychology, SNDT Women's University, Mumbai and presented by Dr. Narendra Singh Thagunna, Kathmandu Tribhuvan University, Nepal. The Invited Talk 19 Creating Inclusion Classes In Regular Schools chaired by Dr. Sudipta Roy, UGC- JRF and NET qualified, Senior RCI registered Clinical Psychologist, Director- Psy lens Centre, Surat, and virtually presented by Dr. Lalitha Subramanian, Provisionally Licensed Psychologist, Next STEPS worldwide, Texas, USA. The Invited Talk 20: Creating Awareness among Children on Atmanirbhar Bharat Mahfuzul Haque, Ph D, Former Secretary, Government of Bangladesh, CEO, Policy Research

Centre, Bangladesh and presented by Prof N.K. Kumaresan Raja, Prof and Head Department of Political Science, Pondicherry University. The Invited Talk – 21 Dreadful Aberrations in School Children Post Pandemic chaired by Dr. Rajendra Singh, Govt. Homeopathic Medical College, Chandeeswar, Azamgarh UP and presented by Prof. MVR Raju, Andhra University, Vishakhapatnam. The Invited Talk – 23 The role of Community Engagement for Holistic Health Care: A perspective from Northern Sri Lanka was chaired by Dr. Kavita Khati, Head, Department of Psychology, PK, Nepal and presented by Dr. R. Surendra Kumar, Dean, Faculty of Medicine University of Jaffna, Sri Lanka. The Invited Talk – 25 Teacher Learner Autonomy: A Major Concern for Self-reliant Education presented by Prof. Nighat Basu, Central University of Kashmir Srinagar. The Invited Talk - 26 Student Mental Health And Well-Being In School Settings: Post Pandemic Approaches And Strategies presented by Prof A. Shahin Sultana, Dept. of Social Work, Pondicherry University, Puducherry. The Invited Talk 27 Prof. Anjali Malik, Professor, Department of Psychology, M. D. University, Rohtak and presented by Prof A. Chellaperumal, Dean, School of Law Pondicherry University, Puducherry.

Workshops

InSPA Leadership Workshop was chaired by Prof. Panch. Ramalingam, President, InSPA. Mrs. V. Kamini, Chennai, highlighted about the InSPA Programmes and Dr. Reena Singh, Bhopal briefed about the InSPA Publications. Workshop-1 on 'Therapeutic Use of Board Games' was presented by Dr. Suja Koshy, SNDT University, Mumbai and was chaired by Dr. T. Arun, Secretary, Pondicherry Psychology Association. The Workshop-2 on 'School Psychology and Music Therapy' was chaired by Dr. Suresh Sundaram, RGNIYD, Sriperumpudur and was presented by Prof. R. Gopalakrishna, Bangalore University, Bengaluru. Workshop-3 on 'Self-Regulation, Self-Efficacy, and Self-Determination Among Students with and without Learning Disabilities' was presented by Mrs. Bhuvana Vasudevan, Bridge Learning Vidyalaya, Puducherry. Workshop-6 on 'Foundational Training in School Psychology' was chaired by Dr. Thiyam Kiran Singh, Mizoram University, Mizoram and was presented by Dr. Yogini Nath, School Psychologist, Chennai.

Workshop-7, 'Workshop on Brain-Based Learning and Study Skills' was virtually presented by Dr. K. Jayashankara Reddy, Christ University, Bangalore. Workshop-8 on 'Professional Supervision: Need for advocacy in School Counselling' was presented by Dr. Veena Vani and Dr. Vasuki Mathivanan, (ACA registered supervisor, India) Founder / President IAPS, Chennai. Workshop-9 was on 'Building Kinder Mind: Impact of Emotional Intelligence on developing sustainable behaviour of school students' and it was presented by Dr Smita Ghosh, Counselling Psychologist, Mi Merak, Director Founder, Ahmedabad. Workshop-10, Meeting Challenges through Life Skill Education in Atmanirbhar Bharat' was presented by Dr Reena Singh, Faculty of Liberal Arts and Humanities, Jagran Lake City University, Bhopal, MP and Dr. Rajendra Singh, Department of Community Medicine, Government SDJH Medical College & Hospital, Chandeeswar, Azamgarh, UP.

Prof. G.P. Thakur First Memorial Lecture

On second day of the conference, a special session on Prof. G.P. Thakur First Memorial Lecture was organised. Dr. Jayanthi Ravi, IAS, Secretary, Auroville Foundation has unveiled the Photo of Prof. G.P. Thakur and delivered special address in the presence of Dr. Archana Thakur, Joint Secretary, UGC, New Delhi. Prof. B. Mukhopadhyay presided over the session. Prof. B.H. Joshi, Provost, GLS University, Ahmedabad and Prof. S. Renuka Devi remembered Prof. G.P. Thakur's contribution to thenation. Prof. N.K. Saksena, Senior Psychologist, Kanpur has delivered first memorial lecture. Prof. Panch. Ramalingam briefed the scope of the event and invited the scholars to contribute articles for the memorial volume

InSPA General Assembly

The General Assembly of the Indian School Psychology Association (InSPA) was held on 4th October 2022 at 2.00 pm at the Auditorium of the Convention cum Cultural Centre, Pondicherry University. Prof. Panch. Ramalingam, President, InSPA. There were two

important aspects in the General Assembly (i) Announcement of the newly elected Office bearers for the term 01.04.2023 to 31.03.2026. The team of Office bearers elected areas follows:

Sl. No.	Name of the Post	Contestant
1	President	Prof. Panch. Ramalingam, Pondicherry University, Puducherry
2	Vice-President	Prof. Shah Alam, Aligarh Muslim University, Puducherry
3	Vice-President	Prof. Zokaitluangi, Mizoram University, Mizoram
4	Secretary	Dr. D. Rajendran, Joint Director of School Education (Retd), Chennai
5	Joint Secretary	Dr. Navin Patel, GLS University, Ahmedabad
6	Joint Secretary	Dr. Suneetha J Hangal, Hubballi
7	Treasurer	Dr. S. Suresh, Rajiv Gandhi National Institute for Youth Development, Sriperumpudur

(ii) Passing of Conference recommendations:

Puducherry is a symbol of integral culture and heritage. It is in this serene environment that the Indian School Psychology Association (InSPA) came into existence in 2009. In our homage to the illustrious poet and philosopher Thiruvalluvar from this Tamil land, we join the Hon'ble Prime Minister of India Shri Narendra Modi Ji for invoking pearls of wisdom from the sacred text named Thirukkural of this great sage while discussing the National Education Policy 2020. It is most befitting to the occasion to quote a couplet from this text, which states:

குறள் 396:

தொட்டனைத் தூறும் மணற்கேணி மாந்தர்க்குக்
கற்றனைத் தூறும் அறிவு.

(Kural 396)

“The more one digs a sand-spring, the more wells up the flow. The more you learn, more is the wisdom earned.”

As many as 76 delegates from thirteen countries (USA, Canada, United Kingdom, France, Switzerland, Germany, Japan, Malaysia, Thailand, Nepal, Bangladesh, South East Africa, and Sri Lanka), along with 1300 delegates from all over India, participated in the conference. The liveliest event to cap up was Pre-Conference Children Assembly for School Students on 1st and 2nd October in which 520 school children received counselling from 400 school teachers; they also gave cultural performances for the guests.

Dr. Randeep Guleria, former Director of the All India Institute of medical Sciences, New Delhi, in his Keynote Address on “Meeting the Challenges of Covid-19 in Schools for Future Well-being,” said Covid-19 pandemic has been the biggest pandemic of our lifetime. The pandemic brought new challenges in the educational sector. He emphasized, “The education

system needs to be strengthened and the right to education using new means of learning should be available to all sections.”

The Chief Guest, Hon'ble Union Minister for Education and Skill Development and Entrepreneurship, Shri Dharmendra Pradhan ji, inaugurated the 12th InSPA International Conference in the afternoon of the Second October, 2022. The foremost thought in the Union Minister's address was that we have to understand the child in a holistic manner so that his full potential blossoms. He gave a call to psychologists to join other stakeholders involved in the National Education Policy 2020. Psychology, the minister said, was basic for giving learning experiences to children. One of the most important areas where psychology has potential to help child was in formation of character, by inculcation of basic virtues needed for a good citizen, and above all to imbibe the spirit of sacrifice for the sake of others. Shri Pradhan invited psychologists in this transformation of the education system as envisaged in the National Education Policy. The Hon'ble minister released the book on School Psychology in the Indian Context authored by Prof. Panch. Ramalingam, along with its translations in 15 Indian languages. The Presentation of InSPA Awards 2022, and the Release of InSPA Book of Abstracts 2022 followed.

The Pondicherry University has already embraced the National Education Policy 2020 in letter and spirit under the dynamic leadership of Professor Gurmeet Singh, the Vice-Chancellor of Pondicherry University. Professor Gurmeet Singh and his team attended the 'Completion of One Year of Transformative Reform under National Education Policy 2020.' A matter of overwhelming importance is the blossoming of the InSPA under the patronship of Professor Gurmeet Singh. While addressing the delegates of the 12th InSPA, Prof. Singh said that being ignorant about the subject of psychology, over the years he has become thoroughly convinced that the teaching of psychology should not be confined to higher levels, at graduation and post-graduation, but must start from class 9th onward.

In his Chairperson Address to the Pre-Conference Children Assembly for School Students, Professor S. Mohan, the Vice Chancellor of Puducherry Technological University, gave a call for teachers to earnestly arouse questioning ability among the children. This he thinks is possible by taking an attitude of mother, towards whom a child always turns when he fails to find an answer. This was a miracle to ignite the minds of children. Professor Mohan, an engineer by profession, shared a bit of Psychology learned through lifelong teaching experience; one should always be: passionate, curious, and open.

In the Valedictory Address, Dr. Armoogam Parsuramen, Former Director, UNESCO, Mauritius, highlighted the grand success of the 12th InSPA International Conference with the efforts of the team members. An important part of his speech was the expression of the feeling of ancestral affinity with the Tamil mother land, and he extended his helping hand towards InSPA. Lastly, Dr. Parsuramen reminded that InSPA should not miss the call of the Hon'ble Education Minister for a dialogue in context of the National Education Policy and sharing the recommendations of the conference.

Our vision, presented below, goes beyond the duties of the professional school psychologist. This is simply keeping in mind the expectations of various dignitaries and common people from Psychology, which make us reflect what Psychology has to deliver for the mental nourishment and well-being of a child in the school.

Psychology as a stakeholder in the National Educational Policy 2020

We understand that various elements contribute to growth, sustenance and flourishing of school ecosystem in which child receives learning experiences. Psychology has potential to contribute to this ecosystem through various innovations drawn from its researches. Our humble submission is that the National Education Policy need to appreciate the way Psychology can contribute to the resilience and flourishing of the school ecosystem where a child is nourished from an early age to an adolescent citizen of the vibrant democracy.

Psychology is a science of mind and behaviour. Due to the nature of problems, Psychology

shares ideas and methods with physical and biological sciences on the one hand, and imbibes the spirit of art and literature to go deeper into the human psyche on the other. In order to make our case as a stakeholder in the National Education Policy, psychology has the potential to contribute to child's mental nourishment and well-being in some significant ways. Illustrations from three areas of psychology should suffice: Bonds of love; Learning paradigms and Modes of mind.

Bonds of love. The focus of the 12 InSPA conference was Covid-19 pandemic; one of the scarce resources in this pandemic was humanly care to the suffering people. India has been unexpectedly successful in developing vaccine for Covid-19, but the provision of caregivers is yet a challenge. The National Education Policy very rightly underlines the inculcation of qualities like compassion and caring among the learners. During the pandemic everyone felt the dire need for these virtues among the members of the society. Psychology has emphasized that these qualities are essential for our survival at community level, in a nation, and above all globally. Psychology endorses character building in specific domains as well as for a common citizen in the society. This is only possible when the foundation

of such a character building where virtues, especially love for the sustenance of life, begins from an early age in the school. Psychology began the study of the foundation of love in the laboratory in the 1950s. It was found that the infant's attachment to her mother is the first social bond which lays the foundation of love and has life-long impact. On the other hand, the mother provides the necessary care and warmth. Devoid of care and warmth, a child is unlikely to develop as a normal social individual. The provision of food is only secondary to it. Separation from the mother or caregiver is devastating for the infant; the separated infant sinks in the well of depression. Not only infants, but all age groups are prone to this disastrous effect after loss of loved one.

In their endeavour to understand the ingredient of love, psychologists have collaborated with psychiatrists, neurologists and other biologists to study the role of hormones like oxytocin and deciphering the neural pathways of the social pain.

On the humanistic side, psychologists are deriving insights from Sufis and Santas, how pain of separation takes one on the spiritual path. They are finding corroborating evidence from society that the pain of separation or viraha may lead one to path of creativity and sensitivity to suffering of others. In literature, the Bhramar Gita of Surdas vividly depicts the four universal systems of attachment as we see between the infant mother: proximity to loved one, safe haven, secure base and the separation anxiety. Surdas has immortalised the portrayal of these systems in the attachment relationship between Krishna and the Gopis. The expression of the Prime Minister of India is the sign of such a maternal caring feeling, 'Maa Bharati is with all of you,' while interacting with the Covid-19 orphaned children.

Thus, psychology has made an outstanding contribution in altering our perspective on love and care following scientific paradigm. It should not be overlooked during the five years of nourishment of child, the Foundational Stage in the National Policy of Education. Therefore, our call is for a large force of caregivers (as defined in Mental Healthcare Act 2017 of India) to help the child at the Foundational Stage in the schools; these caregivers will also be a great social asset for situations like the Covid-19 pandemic.

Learning paradigms. The National Education Policy document truly recognizes that in the school ecosystem a child 'learns how to learn.' This phrase signifies a learning paradigm discovered by the psychologist, who gave a new definition of love, as noted above, which has origins in infant-mother bond, long denied by science. Coincidentally, it is in consonance with the ethos in India. Psychology's core is learning, as genetics has become for biology. The learning techniques evolved by psychology are used by researchers in allied areas of brain science when, for example, the aim is to explore neural pathways of memory. In its enormous advances in techniques of learning and memory, the reinforcing strategies of behaviour of individual has always been perplexing for psychologists. The reinforcers, positive or negative, work well in the laboratory on animals but in human subjects the incentive, reward and punishment achieve much more complexity due to power of words in mind, and also

due to the ethics and norms. Still, it is not uncommon to modify behaviour of child through age old amalgam of reward and punishment.

For long, the narrative of nishkam karma in the Bhagavad Gita, also mentioned in the National Education Policy document but not with the force as it should have been, has been a puzzle to psychology. It preaches that one has to perform karmas or actions in day-to-day life without any desire for reward. This contradicts the principle of reinforcement in psychology. However, now psychology has found that nishkam karma is not only a possibility, but a pathway to real joy by performing actions. The theory of flow in psychology provides corroborating evidence on this phenomenon, where one gains mastery over actions to achieve a goal, no matter how arduous it is. In the perseverance and hard work in achieving a goal, the individual feels joy, that is flow. In other words, the work itself becomes joyful activity.

The economists were quick to borrow the findings about happiness from psychology and came out with 'happiness index' as reflection of the well-being and development of people in a country. Psychology, however sounds a warning about the drawbacks of the use of 'life satisfaction' as a measure of happiness index. It is not only far away from the satisfaction implied in the concept of nishkam karma, but undermines the joy from action implied in the theory of flow. Psychology cautions that the mood of the individual causes a large amount of variation in 'life satisfaction' measure, and makes the happiness index as an unreliable measure. On the other hand, psychology recommends general well-being as a good measure, where character development, perseverance, mastery and other virtues are crucial ingredients.

Modes of mind. Psychology, quite early in its development, discovered the unconscious mind and its role in human affairs. It is only recently that the full bearing of this discovery has come to forefront. We do not need propagate acquisition of digital technology and internet, it is already in; and beyond control. No body ever imagined the unprecedented success of the internet platforms for socialisation. Today people are addicted to consume gigabytes to feel the taste of emotions. So much so that an infant with eyes and mouth wide open helplessly takes in gigabytes with baby food. Psychology is in full alarm; for, the unconscious luring of human minds to gulp gigabytes is rampant. There is however exceptional ease of access to knowledge through the internet, which is an undeniable fact.

Apart from the context of the preceding revolution, the unconscious processing of information has relation to two important issues in psychology which have pedagogical significance. The first issue pertains to the two modes of mind, the intuitive and reasoning; and the second issue is about the mind and body. These two issues become more complex due to their embeddedness in culture.

The Orient has especially been underlining the common wisdom or intuition, the pratibha as it is known. Which is innate or unconscious processing in mind. The eastern traditions have not denied the role of reasoning. The spectrum of intuition is wider, it merges into trance like states in various contexts. Furthermore, there are the time tested ways of meditation to elevate psyche into higher mental states where revelations manifest. Psychology, since its inception has been inquisitive to these higher states of mind or consciousness, and always looked towards the East. Improvisation of practices of meditation to suit Occidental cultural contexts is going on in Psychology for therapeutic purposes and in day-to-day life.

In the modern cognitive science terminology, the intuitive mode is the fast mode of mind, and the reasoning mode is the slow mode of mind. They are complementary to each other. Both have importance in day-to-day life, and the teacher has to sharpen the pratibha or common wisdom, and then the reasoning in a child.

The second issue is about the mind and the body. Again, the Orient has given equal importance to mind and body, whereas the Occident has been marred by the Descartes' error, till recently. Before embarking in the pursuit of higher states of consciousness a sage would ask his disciple to take eight-fold path for preparing body through yogic and other practices. The Occident has no doubt made enormous strides in exploration of brain, but it is clear now that the mind does not reside in neurons. Psychology and neurology equivocally underline the feedback mechanisms between brain and body for the proper functioning of

mind. This is the culmination of the Descartes' error. Lastly, the National Education Policy places utmost importance on the provision of holistic learning experiences to children, and thereby envisages the holistic development of the individual in the school ecosystem. Metaphorically, the ethos in India is about integrated development of abilities by nourishing elements of head, heart and hands with humanistic spirit. It is in fact pursuit of righteous goal for the survival of individual as well as for the good of all. The above three domains of psychology, bonds of love, learning paradigms and modes of mind, should suffice to make Psychology as a stakeholder in achieving the aims of the National Education Policy 2020.

We further stress that psychology as a stakeholder should not be limited to mental health problems of learners and their screening for specific abilities, the duties of a professional school psychologist, as has been the case since long. Psychology has a much bigger role to play i.e., the holistic development of the learner along with the cultivation of righteous mind.

Recommendations of the InSPA

A. First important ingredients that may be added to National Education Policy is the action research. Action research assumes that research is a natural part of teaching. Giving learners new experiences, evaluating outcome of innovations, enhancing or removing certain elements, when need is felt involving psychologists and other stakeholders in school ecosystem, the aim being improvising experiences with local know-how. InSPA is also enriching its experience in improvisation of classrooms in collaboration with the Japanese psychologists. It involves audio-visual aids, virtual atmosphere, and other structural changes. To implement action research, we may need teacher professional development programmes. InSPA has been gaining expertise on action research and has published a book in association with European collaborators.

B. The second important ingredients that may be added to National Education Policy is the growth mindset concept of learner experiences. Psychology of growth mindset derives strength from self-determined motivation, in place of external incentives and reinforcers. Some of the indicators of growth mindset are: developing student's skills; information harnessing strategies; neuroplasticity; and need for significant others. InSPA has been in touch with the European scholars working in this area.

C. The InSPA has also been collaborating with the experts from the premier institute of mental health, NIMHANS, Bangalore. These experts have proficiency in theoretical and applied aspects of mental problems of school children. They are from clinical neuropsychology, cognitive neuroscience, and clinical psychology. They have developed mobile apps for helping the common problems like depression. School Psychologists too have sufficient expertise in the theory and application of helping children with special needs, such as those with disabilities and impairments. So there is ample scope for collaboration for helping the needy children.

D. Now InSPA has impeccable expertise on effective parenting programmes which are imperative in the changing family scenario. We have been organizing workshops for teachers in this area. For working mothers, separate counselling sessions may be convened to address common and specific problems at home which are affecting the child's performance at school. Each and every school, at the primary, block, taluk, district- at every rural and urban levels - must have a dedicated and qualified School Counsellor to help students. Regular workshops for parents and teachers are imperative by School Psychologists at every school to deal with challenges of social media addiction, addiction to video games and watching of uncensored content by children. The training and sensitization of School Counsellors and School Psychologists is to be done appropriately.

E. InSPA can share its platform for dissemination of psychological knowledge which facilitates the exchange of ideas of National Education Policy among researchers. These researchers come from all over Indian colleges and universities. The Editorial Boards can think of bringing out special issues of journals on theoretical and applied aspects conducive to character building. More importantly, the ways to inculcate virtues such as empathy, caring, sacrifice help and cooperation.

F. Positive psychology is a growing area within psychology. Many of its ideas have undergone intensive research over last two or three decades. They are in consonance with the core issues in the National Education Policy: social and psychological well-being; joy and happiness; the experience of flow; perseverance in work; facing hardships and creativity. Many of the InSPA members are doing research in the area of Positive Psychology.

G. Cultural Psychology is another important area which is vital to the theme of indigenous knowledge acquisition and its propagation. For example, the three ethical dimensions of autonomy, community and divinity, which later found to be universal to human nature, were first explored in the temple city of Bhubaneswar. From this base, now the researchers have developed five factors under the Moral Foundation Theory. The initial stimulation came from the cultural and religious milieu in India but further research was carried out in other parts of world. Much more information is available on these issues which InSPA can impart when needed.

On sharing the wisdom gained from the deliberations in the mega event, the 12th InSPA International Conference on “Meeting the Challenges in Schools: Towards Atmanirbhar Bharat,” is to sow the seeds of knowledge in the minds of children; to further stress our goal, the President of InSPA goes on to invoke Thirukkural, where a couplet states:

(குறள் 400)

கேடில் விழுச்செல்வம் கல்வி யொருவற்கு
மாடல்ல மற்றை யவை

(Kural 400)

“The wealth that never declines is learning. All others are not riches.”

Valedictory Session

Prof. B. Rangaiah, Professor and Head, Department of Applied Psychology, Pondicherry University welcomed the dignitaries and delegates present at the valedictory session. Report of the Conference was presented by Prof. Panch. Ramalingam, UGC-HRDC, Pondicherry University. Prof. Gurmeet Singh, Vice-Chancellor, Pondicherry University delivered Presidential Address and appreciated the InSPA team and officials of Pondicherry University for successfully organizing the Conference. Dr. Armoogam Parsuramen, Former Director, UNESCO, Mauritius delivered Valedictory Address. Prof. Akbar Uddin, Vice-Chancellor (Retd), Darul Ihsan University, Bangladesh, Prof. T. Mangaleswaran, Vice-Chancellor, Vavuniya University, Sri Lanka, Shri. A. Ilanchelian, Senior Advocate, President, IMTC, London, and Dr. T. Ramanayagam, Malaysia delivered special address. Prof. A. Shahin Sultana proposed a vote of thanks.

Inauguration of the 12th InSPA International Conference on 2nd October 2022 at Pondicherry University



Hearty welcome to Hon'ble Union Cabinet Minister for Education Shri. Dharmendra Pradhan



Inaugural Address by Hon'ble Union Cabinet Minister for Education Shri. Dharmendra Pradhan



Hon'ble Union Cabinet Minister for Education Shri. Dharmendra Pradhan with Prof. Gurmeet Singh, Vice-Chancellor of Pondicherry University



Prof. Gurmeet Singh, Vice-Chancellor of Pondicherry University adorn shawl and memento to Hon'ble Union Cabinet Minister for Education Shri. Dharmendra Pradhan



Hon'ble Union Cabinet Minister for Education Shri. Dharmendra Pradhan inaugurating the conference by lighting the Kuthuvillaku



Hon'ble Union Cabinet Minister for Education Shri. Dharmendra Pradhan releasing the Book, "School Psychology in the Indian Context" authored by Prof. Panch. Ramalingam and translated into 15 Indian languages. (L-R Shri P.M.L. Kalyanasundaram, MLA, Hon'ble Speaker Shri. Embalam Selvam @ R. Selvam, Hon'ble Lt. Governor of Puducherry Dr. Tamilisai Sounthararajan, Prof. Gurmeet Singh, Vice-Chancellor, Prof. Panch. Ramalingam, Author, Prof. Amaresh Samantaraya, Registrar, Prof. K. Tharanikarasu, Director of Studies and Prof. Akbaruddin Ahmad, Dhaka



Prof. K. Ramachandran, Director, DIPR, New Delhi receiving the copies



Hon'ble Union Cabinet Minister for Education Shri. Dharmendra Pradhan releasing the Conference Book of Abstracts



Hon'ble Union Cabinet Minister for Education Shri. Dharmendra Pradhan distributing the InSPA Awards 2022. Prof. BG. Joshi receiving the award



Rear Admiral K.K. Pandey receiving the award



Prof. Gurmeet Singh receiving the award



Dr. Sanjay Cherian receiving the award



Prof. Vishwanandh Yadav receiving the award



Dr. S. Poologanathan, London receiving the award



Prof. Pratibha J. Mishra receiving the award



Dr. Sohini Banerjee receiving the award



Dr. Deepti receiving the award



Dr. K.P. Christiraj receiving the award



Dr. Smita Ghosh receiving the award



Guest of Honour to Prof. Gurmeet Singh



Guest of Honour to Shri. A. Ianchezian, London



Guest of Honour to Shri. Mavai. So. Thangarajah, Germany



Guest of Honour to Dr. Archana Thakur, Jt. Secretary, UGC



Guest of Honour to Dr. Armoogum Parsuramen, Mauritius



Prof. G.P. Thakur Memorial Award to Prof. Akbaruddin Ahmad, Dhaka



Guest of Honour to Prof. Kiran Devendra, New Delhi



Inaugural Session



Dignitaries with Hon'ble Minister for Education



Prof. G.P. Thakur, First Memorial Lecture, Dr. Jayanti Ravi, IAS, Secretary, Auroville Foundation & Dr. Archana Thakur

Keynote Address Session



Keynote Speaker Prof. Randeep Guleria with Vice-Chancellor Prof. Gurmeet Singh



Prof. K. Ramachandran, Director, DIPR, Prof. Randeep Guleria, Director, AIIMS, Vice-Chancellor Prof. Gurmeet Singh, Rear Admiral K.K. Pandey, with Prof. Kiran Devendra at the Keynote session



Celebrating Prof. Gurmeet Singh's birthday



Address by Prof. Gurmeet Singh



Dignitaries of the Conference



Pre-Conference Children Assembly (01.10.2022)



Children with the Dignitaries



Inaugural session: Prof. Panch. Ramalingam, Prof. A. Senthilvelan, Shri N. Dinakar, SPD, Samagra Shiksha, Prof. Gurmeet Singh, Prof. S. Mohan, Vice-Chancellor, PTU, Prof. V.S., R Vijaykumar



Resource Persons with Prof. Gurmeet Singh





Children with the Dignitaries

Training for School Teachers



Prof. Panch. Ramalingam with Malaysian Delegates

Teacher Participants



Dr. Ananda Balayogi and his team with Prof. B. Mukhopadhyay

Conference Valediction



Prof. Gurmeet Singh presidential address at the valedictory session



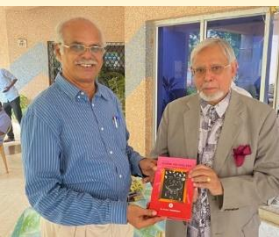
Prof. Gulam Dastagir



Prof. T. Marx, Dr. Rajayson Thangal



Dr. D. Rajendran



**12th InSPA International Conference on
“Meeting the Challenges in Schools: Towards *Atmanirbhar Bharat*”
at Pondicherry University
02 – 04 October 2022
Best Paper Awards 2022**

Sl No	Title of the Paper	Presenter(s)
1	Study Habit of School Students in Aizawl: A Mixed-Method Study	Latlankimi, Ph.D Psychology, Centre for Health Psychology, University of Hyderabad
2	School Bullying in India: A Scoping Review	Sruthi Suresh, Ph.D. Scholar, Department of Psychology, CHRIST (Deemed to be University), Bengaluru, Karnataka, India and R Vijaya, Assistant Professor, Department of Psychology, CHRIST (Deemed to be University), Bengaluru, Karnataka, India
3	Atmanirbhar Bharat: a Cutting-edge Reformation to the Military Institutions	Antony Fernandes, National Defence Academy, Pune
4	Overcoming challenges and promoting positive mental health in school.	Dr. Rajshree Rathod Tilak College of Education Pune, Maharashtra, India
5	Addressing assessments needs in Schools: A pilot study	Dr. Sudipta Roy, Clinical Psychologist, Founder & Director, Psy-Lens Centre, Surat. Ms. Shobha Managoli Clinical Psychologist, Ms. Shweta Pai, School Counsellor, Ms. Kalpana Anandani School Counsellors, Surat
6	Relationship Between Achievement Motivation and Perceived Parenting Style Among Secondary School Students	Dr. Sudhamayi, Assistant Professor, Department of Psychology, Montfort College, Bengaluru Samson Roy, Assistant professor, Department of Psychology, Montfort Institute of Advanced Studies, Bengaluru, Melvina Charles, M.Sc Counselling Psychology Student, Department of Psychology, Montfort College, Bengaluru
7	Occupational stress among school teachers working in Kathmandu	Padam Raj Joshi, Sr. Psychologist and Faculty Central Department. Master in Counselling Psychology, TU Kirtipur
8	Growth Mindset, Beliefs About Social Mobility, And Happiness in Adolescent Students from Low Socioeconomic Background.	Prof. Narayanan Annalakshmi, Siva Kumar Jayashree, Thangaraj Kirithika and Rajendran Ramya Dept. of Psychology, Bharathiar University, Coimbatore
9	Testing a Multidimensional Model of Student Success using a Construct Validation Approach	Usama Ghayas Syed, Ph.D. Scholar & Shikha Dixit Professor of Psychology, Indian Institute of Technology Kanpur
10	Decipher Mathematics by Dis-entangling Math Phobia: On Attaining Atma Nirbhar Bharat through Innovation in Schools	G. Arshiya Farhath, M.Sc Mathematics, Pondicherry University

The above papers have been selected based on the quality of the presentation and content delivery for InSPA Best Paper Awards 2022

Prof. Janet D’ Fernandes
Convenor

Dr. Nidhi Verma
Member
Conference Best Paper Award Committee 2022

Prof. Panch. Ramalingam
President, InSPA12th InSPA International

12. Workshop on Student Assessment at Sairam Vidyalaya

Ulavaikkal, Puducherry-605 502

Workshop was conducted on 1st February, 2023 regarding Student well-being and academic excellence. Dr. Sugumar Mariappanadar , PhD., Fellow-COP., MAPS., CAHR, Discipline Leader – Managing People and Organisations, Peter Faber Business School (Melbourne Campus), Australian Catholic University, Australia gave lecture on problem behavior of school children and elaborated on internalizing and externalizing conditions. He also directed towards students well-being.



He also demonstrated how to enhance students academic excellence through a flow chart of resilience, adverse and coping styles.

Followed by Prof.V.S.R. Vijayakumar, Chennai, trained all our teachers on memory techniques.



13. Proceedings of the 4th APSPA International Conference

on “Sustainable Development Goals (SDG) with Special Reference to School Psychology in Asia-Pacific Region” (15th – 16th March, 2023) at Central University of Haryana, Mahendragarh, India

Reported by Prof. Vishwanad Yadav and Dr. Pradeep Kumar, CUH

The Asia Pacific School Psychology Association, Malaysia in collaboration with the Indian School Psychology Association (InSPA) and Central University of Haryana, Mahendragarh, India successfully organised the 4th APSPA International Conference on Sustainable Development Goals (SDG) with Special Reference to School Psychology in Asia Pacific Region on 15th and 16th March 2023 at the Central University of Haryana, Mahendragarh, India”.

The UN Sustainable Development Goals (SDG) implementation appears at this juncture around the corner. 2030 is not too far away. The governments of the day all over the world are making efforts to ensure. Questions remain; we as, human beings, should do something to ensure our planet. One of the critical bridges with communities, societies, and nations are teachers across the various levels of academia. How is the teaching community, juxtaposing itself to the ideals and achievements of the SDGs? This Conference will focus on the Teacher Educators and their contribution to the SDGs and how they can pass the thought processes on to the learners and the support mechanism they are receiving to ensure the SDGs.

Objectives

- SDGs and their achievement are an important facet for human survival and teacher educators will play a dynamic role in educating the students and creating those opportunities for a better society.
- To deliberate on the fact that SDGs have become an important facet for the Governments of the day to ensure for the world; what is the proliferation of the same in an environment of education.
- To discuss the strategies that are to be adopted in ensuring SDGs are understood in the right perspective and shared with the society by the Teachers.
- To study the implications of school psychology policies vis-à-vis Teacher Educators and SDGs.
- To design strategies –with the participation of teachers and communities– that can improve curricular relevance and ensure that educators are equipped with the skills required to usher in SDG transformations.

Inaugural Ceremony

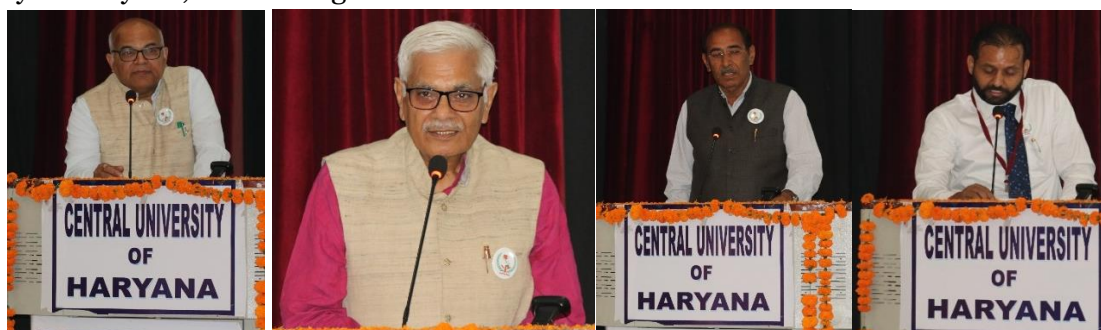
Lighting of Lamp and Saraswati Vandana: The Inaugural Ceremony of the conference was commenced by lighting of the lamp and Saraswati Vandana.



University Kulgeet:



Invocation and Welcome Address: The Invocation and Welcome address was delivered by Prof. Vishwanand Yadav, Chairperson of the Conference and Professor of Department of Psychology, Central University of Haryana, Mahendragarh.



Scope of the Conference: Dr. Pradeep Kumar, Organising Secretary of the conference addressed the delegates regarding the theme and scope of the conference.

The Presidential address was delivered by Prof. Panch. Ramalingam, Director of the UGC-HRDC, Pondicherry University, and President of APSPA and InSPA. In his address he has stated that the APSPA was launched on 11th January 2019 and organised International Conferences in Sri Lanka, Malaysia, and Bangkok. There were 145 life members and Country Secretaries from 11 countries are actively participating in the events. The International Journal of Asia Pacific School Psychology is its official publication and having encouraged young researchers. The Inaugural address was delivered by Prof. T. Mangaleswaran, Vice-Chancellor, Vavuniya University, Sri Lanka. In his address, he appreciated the organisers for effective and thought-provoking theme of the conference. A Special Address was delivered by Prof. Sunil Kumar, Registrar, Central University of Haryana, Mahendragarh. This was followed by a

book release, titled *Multicultural Challenges and Diverse Approaches in School Psychology*, and Dr. Parvathy Verma received the first copy. Then the *Hand Book of School Psychology* was launched, and Chaining Prof. G.P. Thakur First Memorial Lecture: Releasing the *Book of Abstracts* and Shri. Kashual Goyal received the first copy.



Tan Sri Prof. T. Marimuthu, Chairman, YSS, Malaysia delivered special address and distributed the prestigious Tun S. Samivellu Best Paper Award 2023 to Mr. Antony Fernandes, Pune, and Dr. N. Sudha, Principal, Sairam Vidhyalam, Puducherry. The Special address of the inaugural ceremony was addressed by Prof. C R Darolia, Professor of Psychology (Retd), Kurukshetra University, Kurukshetra.

The **Keynote address** of the session of the inaugural ceremony was delivered by Prof. Girishwar Misra, Former Vice-Chancellor, MGAHV, Wardha. It was again followed by another **book release** of the Konkani version of *School Psychology in the Indian Context*. Prof. Janet D´Souza receives the first copy and the next address was presided over by Prof. Tankeshwar Kumar, Vice-Chancellor, Central University of Haryana, Mahendergarh. The session concluded with a ceremonial Vote of thanks delivered by Prof. Payal Chandel, Professor and Head, Department of Psychology, Central University of Haryana and Coordinator of the Conference.



Plenary Sessions: It was chaired by Prof. Nov Rattan Sharma, MDU, Rohtak. In the session, Prof. B. Rangaiah, Pondicherry University, Colonel Ashrafudin, Bangladesh, Prof. Anjali Ghosh, Kolkata, Prof. Parvathi Verma, The Assumption University of Thailand, Prof. Janet Fernandez, Goa, Dr. Narendra Singh Thanguna, Nepal, Dr. N Sudha, Puducherry, Dr. Syed Naqib Muslim, Bangladesh, and Dr. Rajitha

Radhakrishnan, Chennai delivered their talk.



Technical Sessions 1 & 2: The first two sessions were held in Room No- 202 in Academic Block of Central University of Haryana, Mahendergarh. The session was chaired by Prof. Sonia Malik, Prof. Sarvdeep Kohli, Prof. Shashi Darolia and Dr. Sanjay Parmar. The session was coordinated by Ms. Sneha Mittal, Mr. Anuranjan Kumar, Ms. Gaytri Koshyari and Ms. Shivalika.



Technical Session 3 & 4: These two sessions were held in Room No- 204 in Academic Block of Central University of Haryana, Mahendergarh. Chaired by Prof. Rohtash, Prof. Hardeep Lal Joshi, and Dr. Mandeep, the session was coordinated by Ms. Sneha Mittal, Ms. Anupam, Ms. Neetu.

Plenary Session: On the evening of the first day of the conference the special session was organised on Hybrid mode. Prof. Panch. Ramalingam chaired the session. The speakers were connected by online from USA, and Japan.

Special Session

On the second day of the conference the special session was organised on Hybrid mode. Prof. Panch. Ramalingam chaired the session. The speakers were connected by online from USA, Australia, Malaysia, and Bangkok

Technical Sessions 5: On the second day of the conference the Technical session was held in Room No- 202 in Academic Block of Central University of Haryana, Mahendergarh. The session was chaired by Prof. Parmod Kumar, and coordinated by Ms. Sneha Mittal, Mr. Anuranjan Kumar, Ms. Gaytri Koshyari and Ms. Shivalika.



Technical Session 6: This technical session was held in Room No- 204 in Academic Block of Central University of Haryana, Mahendergarh. The session was chaired by Prof. Surajmal and Prof. Renu, and coordinated by Ms. Sneha Mittal, Ms. Divya Vashistha, Ms. Neetu.

Technical Session 7 (Online): This virtual technical session was held in Room No- 200 (Laboratory) in Academic Block of Central University of Haryana, Mahendergarh. The session was chaired by Mr. Anshul Girdhar, Pavitra Degree College, Gorakhpur. The session was coordinated by Ms. Sneha Mittal,

Ms. Manisha Rawat.

Technical Session 8 (Online): This parallel virtual session was held in Room No- 226 in Academic Block of Central University of Haryana, Mahendergarh. The session was chaired by Dr. Ravinder Kumar, Central University of Karnataka, and coordinated by Ms. Sneha Mittal, Ms. Anupam, Ms. Monu Shilla.

Technical Session 9 (Online): This virtual technical session was held in Room No- 206 in Academic Block of Central University of Haryana, Mahendergarh. The session was coordinated by Ms. Sneha Mittal, Ms. Nidhi Kalonia, Mr. Amandeep, Mr. Pramjeet, Ms. Arti Kaushik.

Valedictory Ceremony:



Appreciation Awards have been distributed to Mr. Akshay Ohlan, (Guest Faculty) Assistant Professor, CUH, Mahendergarh, Dr. Ravinder, Assistant Professor, Central University of Karnataka, and Mr. Anshul Girdhar, Assistant Professor, Pavitra Degree College, Gorakhpur.

Presentation of Best Paper Award: The 'Best Paper' title was awarded to Ms. Gayatri Koshyari (M.A. Student, CUH, Mahendergarh), Ms. Komal Bumra (Research Scholar, CUH, Mahendergarh), Ms. Geeta (PGDRP Student, CUH, Mahendergarh), Ms. Jyostna Tyagi (Research Scholar, KU, Kurukshetra), Dr. Debdulal Dutta Roy (Professor, Indian Statistical institute), Prof. B. Rangaiah (Head, Department of Psychology, Puducherry), and Mr. Antony Fernandes (College of Military Engineering, Dapodi).



Vote of Thanks: Finally, after two days of incessant academic and socio-political engagement, the entire Conference was concluded with a Vote of thanks delivered by Dr. Ravi Pratap Pandey, Assistant Professor, Department of Psychology, Central University of Haryana.



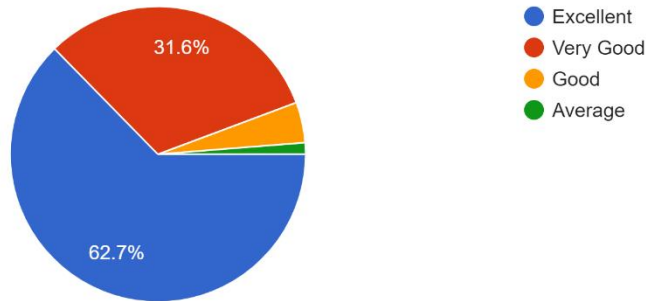


Feedback and Reflections from the delegates of the Conference

There were 158 delegates responded the google form feedback. It shows 62.7% of the delegates rated the conference was excellent in all respects with regard to organisation, food and accommodation. There were 31.6% of the delegates rated as very good.

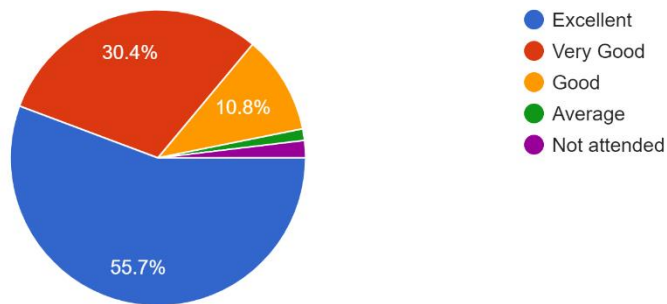
Rate the Overall Comments about the Conference

158 responses



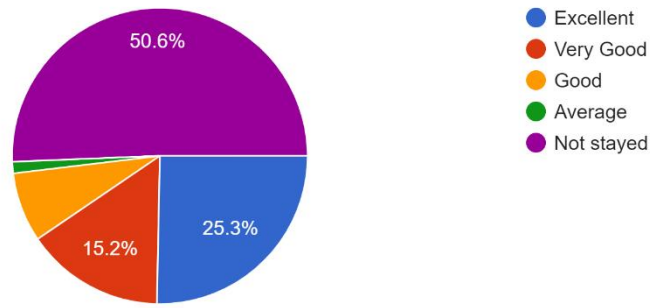
Rate the Technical Sessions

158 responses



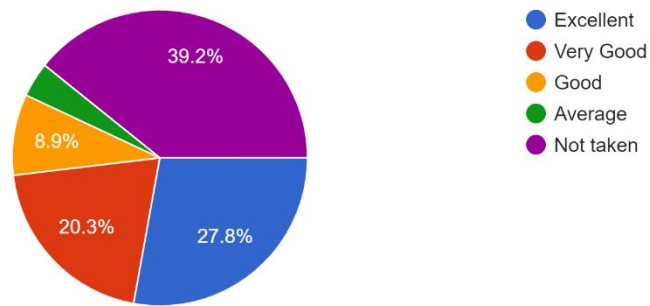
Rate the Accommodation

158 responses



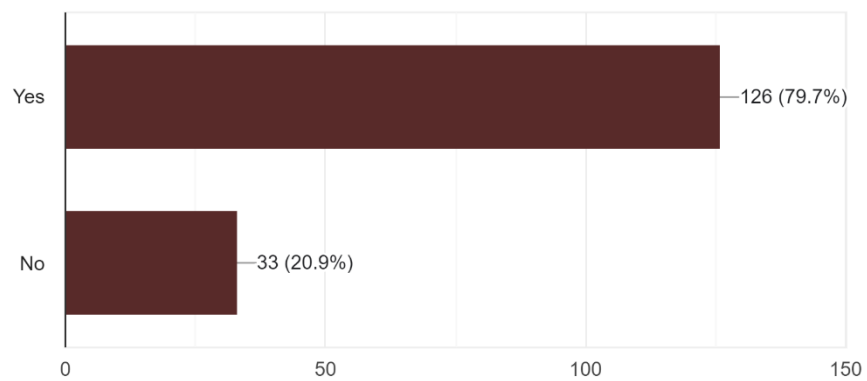
Rate the Food arrangements

158 responses



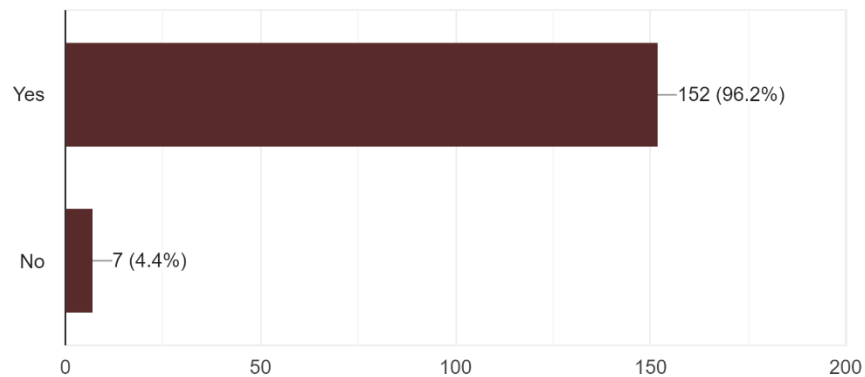
Would you like to attend 13th InSPA International Conference at the University of Science and Technology Meghalaya, Shillong

158 responses



Would you like to recommend our Next Conference to others

158 responses



Reflections from the Delegates

- All is well
- How can I check that my abstract have been published in book of abstracts? Kindly answer the question how can I check it?
- Over all experience is Excellent
- Good experience
- It was a very good experience. Technical sessions was also very insightful.
- It would have been better if more clear instructions regarding publication and presentation were given.
- Worth attending
- Well organized.
- It's all good
- here, I have uploaded different paper than presented paper so please consider it for publication
- Excellent
- Excellent coordination
- Excellent organisation of the conference by the president, Dr.Panch Ramalingam
- Excellent support and coordination from the organizers and the members
- You are doing the wonderful job in the field of psychology
- Nice conference
- Please make efforts to strengthen the participation
- It was nice Conference
- It was very well organised conference. All the arrangements were excellent.
- Good idea of. This conference
- Pls send the certificate asap as I require it for my PhD documentation.
- The schedule, venue and session chair along with the key speakers details are shared timely to all. Efficient and good accuracy on professional work, well done to all concerned.
- With a spirit of eunomic discovery and a keen desire to contribute to the chalice of knowledge, the APSPA Conference 2023 held at the Central University of Haryana on 15-16March 2023

under the Presidentship of the erudite and legendary Professor Dr Panch Ramalingam was all about creating heuristic perspectives and a cross-fertilisation of ideas. The dynamism of Professor Panch Ramalingam towards the implementation of the NEP2020 has earned him praise from none other than Esteemed Shri Dharmendra Pradhan, Hon'ble Minister of Education, Union Government of India. The sessions curated by the dedicated APSPA Conference Team were decidedly hermeneutic and inspired us to become better human beings and better teachers. Under the strict eye of the modern-day Thiruvalluvar Professor Dr Panch Ramalingam, we could regain our individuality and innovation - something that is often lost today in the artificial chaos of ChatGPT, AI, Neural Networks, Internet of Things and Machine Learning. Thank you Professor Panch Ramalingam Sir - under your eagle eye and keen penchant for meticulous details and awesome organisational capabilities, we could reprise the thirst for knowledge of our school days - we were under your leadership and human eye, students once more in the wonderful Gurukul of the APSPA Conference 2023. I also convey my respectful regards to the outstanding Resource Persons in this milestone of a Conference. 15 & 16 March 2023 - those were two blissful days of our knowledge universe thanks to Professor Dr Panch Ramalingam who watched us with the strong academic fervour described in the Thirukkural

- looking for more informative sessions
- Very Very Good for Society and future generation
- Need more International conferences like this
- Satisfied experience... Please provide my presentation certificate
- Information should be provided at least one month advance
- Kindly issue the certificate via post or mail. Thank you
- The attached paper may have already been sent to you. Also, this is a paper in a book I am currently preparing in India. The translation function of the video was a great help.
- Enriching experience with the dignitaries. Request that full length paper will be submitted after acceptance letter as the paper is based on latest survey report presented in Children Assembly on 15th March,2023.
- It was a meaningful and fruitful assembly. I learnt a lot from this so I would suggest that these type of assemblies should be organised more frequently. Request that full length paper will be submitted after acceptance letter as the paper is based on latest survey report presented on 15th march2023 .
- This was a very unique and new experience for me. It was so informative and knowledgeable. I wish I will become the part of other conferences like this. All the delegates and organisers were awesome and outstanding
- Great learning opportunity and experience . If i get such opportunity and experience in future then it will be great for me.Thanks A Lot
- Looking Forward To Offline Conference Next Year.
- More serving Defence personnel and Officers be invited for a key note address
- Thanks a lot for kind support
- Would request to add titles which are also suitable and related to school teachers and students.
- Very nice conference, it's really much informative.
- It was my first paper presentation and an amazing experience overall. Thanks
- conference conducted at Narnaul was very good and knowledgeable
- I will send the full length paper within one week.

- Unable to attend most of the session because no organising committee representatives to guide the participants.
- It was a great experience and can't explain in words
- I am very happy to have been a part of the said conference.

14. Workshop for School Teachers and Children Assembly



The Department of Psychology, Central University of Haryana, Asia Pacific School Psychology and Indian School Psychology Association jointly organized the 4th APSPA International Conference on Sustainable Development Goals with Special Reference to School Psychology in Asia Specific Region on 15th-16th March, 2023 at CUH, Mahendragarh. Further, on this occasion a very special event of the Children Assembly- cum-Teacher Training programme was also conducted on 15th March at Sabhaagar Bhawan, Narnaul. This special programme was organised and supported by District Administration, Mahendragarh which aimed to enrich the competencies of teachers engaged in primary and secondary schools and to motivate and improve the achievements of 11th -12th Standard School Students of the District Mahendragarh, Haryana.

The Chief Guest of this Teacher Training-cum- Children Assembly was Hon'ble Shri Jai Krishan Abhir, IAS, Deputy Commissioner, Mahendragarh. Renowned chief guest inaugurated the event by lighting the lamp followed by Saraswati Vandana and a Welcome Song by specially-abled or Divyang children.

Shri Abhir emphasized that Psychology can play a pivotal role in the overall development of the students. Hence, on the part of the teachers and parents it is vital to attain some knowledge of the psychology of the students in order to understand them, inculcate values, and enhance their abilities/competencies in this modern era of competitions. Students should be inspired to choose their career fields according to their aptitudes and interests. Therefore, psychological aspects need to be given the maximum attention while teaching.

The other dignitaries who came to participate in the function included Ms. Vaishali Singh, IAS, ADC, Ms. Prabeena P, IPS, ASP Mahendragarh, Shri Manoj Kumar, SDM, Narnaul, Dr. Mangal Sain, City Magistrate, Narnaul, Prof. N. K. Saksena, Kanpur, Prof. T. Mangleswaran, Vice-Chancellor, Sri Lanka, Prof. T. Santhanam, Chennai, Dr. Jyoti Abhir, Chairperson, District Hospital Welfare Section,

Indian Red Cross Society, Narnaul, Prof. Shafali Nagpal, Director, UGC-HRDC, BPS Mahila Vishwavidyalaya, Sonapat, Dr. Uma Devi, University of Delhi, Delhi, Dr. Reena Rajput, Jagran Lakecity University, Bhopal, Prof. Kiran Devendra, NCERT, Delhi, Dr. Suraj Mal, Bhiwani.

At valedictory session, Prof. Panch Ramalingam, President, APSPA and InSPA, appreciated Shri Jai Krishan Abhir, IAS, Deputy Commissioner, Mahendragarh for his visionary address for the teachers and students. Prof. V.S.R. Vijay Kumar, Chennai has conducted a session on Memory and Creativity, Prof. B. Rangaiah, Puducherry, Shri Kaushal Goyal, Delhi, Dr. Jafar Ali, Chennai, Shri Sunil Kumar, DEO, Shri Pramod Kumar, BDPO, Dr. Sunita, Government Girls College, Rewari and other prominent personalities of the society.

Additional Deputy Commissioner Ms. Vaishali Singh stressed that sociability is a positive behavioural aspect which should be developed among students in order to accomplish the major missions of the Indian society and government. She stressed on the Sustainable Development Goals while presenting on the Swachh Bharat Mission.

ASP Ms. Prabeena P. said that there is a need to increase the awareness in the society to achieve the desired goal of children and presented the measures taken by the respective police department on gender equality and safety.

Prof. Saksena in his keynote address said that the students should be able to choose and get their choice subjects and goals. There is a dire need to instil positivity, kindness, psychological flow, sense of gratitude and confidence among them and the reduction of negative emotionality in the students. Several lectures were delivered on the occasion by a galaxy of intelligentsia, which included professors, experts and renowned psychologists.

Dr. Jyoti Abhir presented a Survey Report on Academic Stress and wellbeing of the students of District Mahendragarh and explained how stress deteriorates the psychological wellbeing and performance of both the male and female students. She recommended that intervention programs be planned for the wellbeing of the students and counselling be done by persons from the field of psychology, parents and teachers especially before the exam days which are particularly stressful.

Dr. Reena Rajput in her enriching lecture echoed the development of essential life skills. She mentioned that life skills are useful in the process of communication, management, success and in every walk of life. Dr. Suraj Mal in his talk addressed the hard and soft skills and their significance in the globalized world. He added that there is a great need of efforts toward the development of emotional intelligence, leadership qualities, organizing skills, values and ethics among the students. Dr. Shafali Nagpal discussed the importance of skills and knowledge in the present-day scenario. Prof. Kiran Devendra talked at length about what is required for the overall development of the students. Dr. Uma Devi in her lecture talked about the major problems of students and parents and suggested certain tips for solution. Prof. T. Santhanam emphasized the learning process and learning disabilities and how to identify them in children. Prof. Vijay Kumar explained the process, stages of memory and techniques of retention and recall.

A special feature of this program was its **Inclusive Nature** -- the teacher training and children assembly was attended by more than 1000 participants consisting of about 300 school teachers, approximately 600 students from various schools of District Mahendragarh, Haryana, with more than 100 volunteers from schools, colleges and society, Divyang children, parents, professors and

stakeholders from all over India and abroad. The program was interactive, interesting and absorbing and it ended with a great exchange of learning.

The major recommendations of the teacher training and children assembly included exhaustive training of teachers from time to time, since teachers are the nation builders, and detailed investigations on the effects of academic burden, students stress and their psychological wellbeing and academic performance. Benefits of freedom of selecting stream and subject discipline, eliminating the stress of students, development of emotional intelligence, leadership qualities, scientific temper, sympathy/goodwill and importance of human values in context with culture and traditions, were the other essential recommendations. Further it was also recommended by the resource persons as well as by teacher participants that such training programmes should be organized on a regular basis.

The APRO Sh. Dharmender and Dr. Indu Gulia jointly conducted the stage on this occasion. Dr. Vishwanand Yadav, Chairperson of the 4th APSPA International Conference proposed the vote of thanks on behalf of the Department of Psychology and InSPA on the concluding session of this one-day special Teacher's Training cum Children Assembly.



15. Interviews

A bridge between France and India, Justice David Annoussamy a Educationist at heart.....

Imagine having an auditorium in a library named after you? Imagine having to learn a foreign language, in this case, French, and making it your mother tongue as well? Imagine, walking along with the Legal Doyens of India and creating a mark not only for oneself, but for the legal fraternity. Loved by the people of India, France and Puducherry, one is sure to have a network of friends and friendships beyond the imagination of any social media geek. Yes, the person is none other than, Justice David Annoussamy, born on 21st October

1927 on French Pondicherry, David, obtained his Licence en droit (LLB), proceeded to France and as he had received admission at the University of Montpellier, from where he obtained the License-es lettres in 1953 and a Doctorate in Law (LLD) in 1955.

18th June 2022, was a phenomenal day, as we walked into



the house of Justice David and met with him for about forty-five minutes, and lived a few milestones of his life, by recalling his contribution to society at large; especially in the field of education, which is undergoing a cathartic wave, an emotion, that is needed by the teachers, the students and the community at large following an unprecedented turmoil ushered in by the pandemic. Justice David, was the right person having found the Pedagogic Centre, the Law College, the English Adult Course and the Interpreters Course of which he was Director during the early stages of the Institution; to provide an answer for what the teachers of today need to do.

When asked, what your one suggestion for the teachers of today? Justice David simply stated, “.... if they have accepted to be teachers, they should

get involved and ensure, not only for themselves, but for the students, and for the society at large.....” Coming from a person, who was the Adviser to the Director of Public Instruction, Justice David, who planned and supervised the smooth and progressive conversion of Schools of the erstwhile French establishments from the French pattern to the Indian pattern without any harm to the pupils and the teachers. It is a clear indication and a thought process that teachers of today, will be the mainstay of the society and the Nation. Justice David adds, “....the teachers have a multitude of ideas and they will need to explore and ensure, despite the odds and obstacles that come about in the profession.... teachers should be expressive in their vocation, which will help them to move ahead....teachers should avoid confrontation of any kind, but ensure the expression that they have in them....teachers should ensure that they are ‘not just doing a job’ but contributing their life-learning to society.”

During the meeting, Justice David recalled the relationship that he has built with Prof. Ramalingam for nearly three-decades and that he saw the growth of organizations found by Prof. Ramalingam and team, like InSPA and the Book Society of Puducherry which are contributing to the society in the best way possible. The spontaneous discussion led by Prof. Ramalingam, Freeda and Shaheed truly focused on the finer aspects of School Education, School Psychology and Higher Education and the Institutions,

and how we should move forward.....

Justice David Annoussamy, a visionary, a legend in our times:

His judicial activities which lasted 40 years saw him in different positions. Under the French System, he was the Presiding officer of the Labour Court and then a judge of the Superior Court of Appeal. Under the Indian system he was District and Sessions Judge and the head of several specialised Tribunals. He has the distinction of having been a judge in various capacities for 32 years in his home town without any sort of complaint. After the Transfer he was instrumental for the smooth transition from the French judicial system to the Indian one. He was elevated to the High Court of Tamil Nadu. After retirement he served as Vice chairman of the Central Administrative Tribunal and Chairman of the State Commission for Consumer Disputes Redressal. He has to his credit several publications

in three languages: English, French and Tamil. His contributions to Education, Culture and Heritage besides, Legal Jurisprudence stand out, so much that Justice David Annoussamy was instrumental in decreeing Industrial Dearness Allowance (IDA) in Pondicherry long before it became a standard.

Alliance Francaise in Puducherry, which is among the oldest chapters in the world and the earliest in Asia had its auditorium named after Justice Annoussamy, truly symbolising the legacy that the legend called Justice David Annoussamy. Today, he lives in his beautiful home in Heritage Town, Puducherry, recalling all the work that he has done and meeting with people to share a milestone in his wonderful life.

Exclusive Interview with Prof. Panch. Ramalingam

STATUS OF SCHOOL MENTAL HEALTH IN INDIA, CURRENT PROSPECTS AND CHALLENGES

Excerpts of a virtual interview of Prof. Panch. Ramalingam by Dr. Sudipta Roy representing Mental Health Professionals Confluence held on September 8, 2022.

Dr. Sudipta Roy: Very good morning to you, Professor Panch Ramalingam. I am very happy to welcome you on behalf of the Mental Health Professionals Confluence (MHPC), which is an initiative of myself and Ms Shobha Managoli. We are both NIMHANS trained Senior Practising Clinical Psychologists based in Surat and Bengaluru. We are working to empower mental health professionals towards quality mental health initiatives to empower society. I would like to give an introduction of you before we start our interview. I must say I'm very pleased to have you here with us because we've heard so much about your work, it's been a very long Innings. You have made so many contributions to the field of school mental health and you are a professor of very unique and multi talents and it is my honour and pleasure to be here with you today.

Prof. Panch Ramalingam: Thank you very much ma'am your extensive welcome with my resume. I am very happy to also say with you, a special regard to the mental health of the children. Happy that your team is doing a wonderful service in the middle of India, catering to Gujarat as well as the neighbouring states.

Dr. Sudipta Roy: I would like to begin our interview with firstly, the comment that I think school mental health in India is still at the very early stage, and it hasn't reached the kind of outreach that we wanted to, or maybe the stage of formality that we would like to give it. So, beginning with our agenda for today, I would like to hear from you, that according to you, what is school mental health and what all does it encompass?

Prof. Panch Ramalingam: You are putting a very relevant question for our discussion, In India, we need a multi-faceted outlook as we are a multicultural, multilingual country and any single mental health initiative will not be suitable for the entire deck. It depends upon the culture, it depends upon the original entrance. Coming to the school, especially the children, We must have the proper understanding of Where we are? How are we going to meet the challenges of the children? What are all the mental

health professionals doing across this country? These are all some of the issues of the concern we have to discuss and compare. How in the best possible way we can create a commonality for India? But a profession like mental health and well-being needs commonality. We have to understand our own children's Mental health activities.

Being a parent we must know how the pre-schooler, who is 4 or 5 years old or we can say, kindergarten children, how they will behave in school or at home? That matters a lot. Normally a child at this age seeks Independence and learns how to say no. They may go through the occasional tantrum, but begin to gain control over their emotions and impulses. They may be having aggressive behaviour. In the sense, they are having a small world, like a parent, one or two teachers, then a very limited group of children among them. They may be having their own sets of behaviour. That is how they are exhibiting, intend for us being a parent. How we are feeling that matters a lot to understand their mental health. Their responsibility to learn starts at this age. Having the feeling of freedom is also necessary. They may require guidance from parents as well as the teachers to solve their own problem. Here comes how we teachers are entertaining the child in complex emotions and how they can get rid of frustration and anxiety. These are all some of the concerns how we as teachers can provide this positive reinforcement wherever possible. Now, we are all aware that we can't scold the child and we can't show an angry face to the child. If the child changes his or her emotions, definitely, this will affect their mental health. We teachers, we have to be a bit cautious of handling the child in an appropriate way focusing on the basic skills.

Especially at this age of Elementary school, we have to focus on providing the basic skills such as speaking and reading. Fundamentally listening is a basic skill, naturally, it is a foundation skill. We teachers can impose or we can request all the students to listen. The listening is a basic skill. Based on that, we are constructing our speaking, reading and writing skills.

At the adolescence stage, they are all having their complex social needs. They are struggling to cope up with the situations, whether it is home or their school. They may feel that their independence is lost or their independence is overwhelming. Their peer groups are supporting things like that it is happening. The adolescents are struggling, especially in our present scenario due to influence of the social media. We as teachers and parents may have this first task to understand that Students are capable of having one behaviour in school, and the same child goes home and exhibit another behaviour. They will not show their identity. But what they are doing at school and at the same time what they are doing at home is entirely different. There the problem comes in, the parents coming and telling the teachers that my child is perfect. Everything he or she does well, when for the same child, the teachers are saying, the child is very naughty is not obeying our instructions, is big with the other child. These are all some of the concerns, how the child is rebellious, how it is becoming abnormal when doing this routine activity. How they are improving their self-discipline or how they are dealing with at their home assignments? Having access with the social media. What are the media you may refer to but this social media is having influence on the children's behaviour. That has to be a task of teacher and parents to how to channelise and see to it how they are properly using, how they potentially make use of this opportunity. How we can guide them, whether they will obey or we have to make them to obey. These are all some of the challenges that we have to overcome especially in this period of teens or we can say adolescents. Is it right ma'am? You also being continuously Counselling the child and especially the adolescents, this is very focused behaviour that we have to address.

Dr. Sudipta Roy: It's absolutely true. Sir, I think you have covered a very wide canvas of issues, beginning with the diversity of school mental health, and mental health needs in India. You have also touched on the lifespan approach at how developmentally we've got different age groups and different issues that emerge at every age and which might become an issue of concern. You have also highlighted that there is a need to equip teachers as well as parents with the skills to deal with the mental health and emotional and social issues that come up at different age groups. So definitely it's a huge challenge and you have also brought up this very contemporary problem, that we have more technology and computers, and social media and the way it has invaded the life of every child and how it might actually be influencing their learning abilities and their mental health in particular. So we are in a state of flux and change and a lot of work is required to understand these needs well and address them in a proper

manner.

So my next question to you sir is, that, **Why do you feel that school is the best place to implement mental health initiatives?**

Dr. Panch Ramalingam: Yes, ma'am as you put it, this school is an institution where we can focus on a child's behaviour, as well as moulding their characters. This School as an Institution, where The skills, especially the required basic skills and Social psychological emotional skills we can impart rather than only putting them to learn arithmetic and language. Conventional schools are only for the developing of the language and arithmetic, that is useful for the clerical job in especially the government sectors. But the present-day school is more or less moulding the character of the child. Being the teacher, they can easily read the mindsets of the children in the school. When a child experiences up and downs they can easily notify, especially when the child manifests difficulty in learning. One can easily understand by knowing their changes in mood, we may say, this child is having sadness or is withdrawn or having mood swings. Sometimes they may be having emotions or maybe, peer, anger outburst, extreme anxiety. Likewise for the changes in behavioural patterns, how frequently they are fighting with each other and how they are using the unwanted material in the schools. Sometimes they may have unexplained weight loss or net change in appetite. They may feel that they are not very comfortable in their physique, likewise there may be physical symptoms, such as stomach aches, all the time feeling down. These are all some of the behavioural concerns. Again some of them may have self-injury or self-harm. Even at some point of time some students also attempt suicide. Again, now the issue is coming up very rapidly about using drugs, consuming alcohol, especially for the Metropolitan cities and cities. Now, this is a challenging task. These things can be controlled only from the schools.

Dr. Sudipta Roy: I think that is an excellent point sir, because I think schools can have a lot of influence on the child's character building and on their mental health issues and also can train them for healthy humane attitudes as well as social behaviours. So I think that is why very rightly it has been said and noted by various other professionals that school is the best place to implement mental health initiatives.

Now that would take me to my next question, sir- **“How can school counsellors help in implementing mental health initiatives in schools?”**

Prof. Panch Ramalingam: School counsellors can definitely implement mental health initiatives When we are talking to a school counsellor, whenever we are meeting the school teachers, they are little bit worried. When the school counsellor comes to the school, the children focus towards the school counsellor, they are not obeying the class teachers. Here the school counsellor works as a guide and mentor, they are the *helping force* for us. Then we used to say, the school counsellors are not apart from the system, they are within the system to assist the teacher. We are not replacing the teachers, but assisting the class teacher to overcome this deviant behaviour of the children in the class. There comes our role to play, first and foremost thing, we have to introduce this case history of each and every child in the school system. What we are doing for the admission? We are preparing an application and we are having an admission register. We are noting down their demographic details and keeping it as the record. Apart from this demographical record, *I would say we have to have their mental health assessed and well-being record. Parallely, it has to go.* From the 1st standard, this record has to go till the 12th standard, then only anyone can easily understand their behaviour and what are all their psychological requirements happening during school in study or their performance.. In that way we can also strengthen our profession. We can simply say if you are going to a school that the School administration is asking you to meet this particular section of students or a particular child. Then simply you may ask where his record is?. We have to systemize.

Now, through this our Indian School psychology Association, wherever possible, we are conducting a training for the teachers, how they can assess the children. In turn where they can record. We are asking the administration to create the record of each and every child in this particular school. Then only we can also help the system to overcome these kinds of issues. For this particular purpose, presently we are adopting the schools, we are preparing the care sheet, we are printing and supplying to them. Now, some of the schools in our repository region are very happy. This is helpful to them, immediately they will

check it. What is their score? We are applying the tool, what are all the scores? And immediately they will say, sir these are all the issues of the concern, Can you help us over phone? No need to ask the counsellor to come. Over phone they can get Guidance and proceed accordingly. These are all some of the initiatives we have to take Care apart from the professional counselling of the child.

Dr. Sudipta Roy: Hmm, Very important sir, very important initiative. Even I have heard from one of the principals who had invited me for a program. She was saying that good counsellor, good school counsellor can make or break a school. If she maintains maintains healthy relationships with the teachers and the students, then the school is raised up to a different level of work. So the school counsellor's contributions they were highlighting is a very important contribution in this. And this other issue that you have said, there are these beautiful initiatives that we can bring in at different levels and that can immediately show the organisation, it shows the school about how suddenly the behaviour of the child is transformed. How their behavior can be transformed by implementing small initiatives at the school level? Yes, I think very beautifully said sir. I really liked that point so much.

I wanted to bring in another question here, that, **do you think that currently the training that is given to school counsellors is sufficient to meet the requirements of delivering such mental health initiatives or there should be more?**

Prof. Panch Ramalingam: Yes, ma'am. Yeah, this training is apart from their education qualification in the particular area of domain. After graduation, after the required training, they are coming as the Professional School counsellors. Here what we are doing, year after year these changing challenges making us to empower the counsellor. To empower them we are having this program called Individualised Education Program. This program looks into the challenges counsellors have faced in the previous year, and that how they can overcome this year? Then What are all the new challenges they may expect? We are putting it into a 90 hours module. Instead, we will prepare a workbook and give it to them. While doing their practice, whenever they are coming across such kinds of things, they have to make a note, then once in a month they have to discuss in our forum. Then they will easily, they themselves will understand the issues and how they can overcome them. In that way, they are able to empower their mental health and their learning ability and they do best way of solving the issues of concern. And you may be aware that this role of the counsellor is typically a decision-based data collective. Whatever the situation may be. This will help them to plan in such a way to overcome the issues.

Dr. Sudipta Roy: So you'll be happy to hear that we have also an initiative from our mental health Professionals Counselling where we are actually doing a school counsellors upscaling program and it is along the same lines as you have mentioned. Like, you know, helping them to understand their work and to restructure and redefine their roles and how to meet the challenges. So that kind of a program. Our current participants are finding it extremely useful, and I am very happy to hear you say the same thing in that line. And also, we are thinking of working on a workbook, parallelly along the lines that you mentioned and I am so happy that you brought that up.

Prof. Panch Ramalingam: Yes, ma'am. You are mentioning that these are all the important steps we have to know. Streamlining the things and making for the professionals. This as you said, we can conduct in the form of training programs, or a kind of Workshop so that they are a small group of 20-30 people together and get to know. They can have healthy competency in School counselling. In that way, your organisation can take a lead to strengthen this kind of practices, that will help you too. Bring the entire counsellors under this one umbrella.

Dr. Sudipta Roy: Definitely, sir. I think that's a great idea and we should take that up definitely. Okay, so now I think I'm coming towards the end of our interview.
I just wanted to bring up the last question that **what are some of the other things that school counsellors can do to equip themselves better for the challenging roles that they have to play.**

Prof. Panch Ramalingam: Yeah. Now ma'am challenge in the sense, The best example is the covid-19 pandemic. Before the pandemic, our roles were entirely different. When pandemics come then we may not know what to do. Everyone is at a standstill, the child is sitting at home, parents are looking at them, counsellors are sitting away, each one not able to meet. Then we tried out a model, helping children at home. In what way we counsellor, whether we are meeting the child or not, how we can help the children at home. With the two experts in Chennai, the entire cognitive process into simplified modules. Then, each module is converted in the form of games. By converting, this play therapy into converting the cognitive therapy into simplified games. That we conducted in an international webinar, inviting scholars from various countries, those who are doing in the school counselling and school psychology. Based on that now we prepared the level 1, level 2, level 3, like that some 8 levels they have prepared. These things being known to the counsellor, easily they can give it to the parents as well as the schools until they can make use of them. In that way, we can also probably say we counsellors not only take care of the problem children, but also empower the normal children. How we can boost their education by way of giving this. This will help the child to develop cognitively. Now in our conference also we are going to give this kind of training. So far around 360 teachers have enrolled for that particular activity for two days that sessions will happen. In turn they can go and teach to the children. Likewise, we have to find out the solution for the existing issues of the concern and thereby we derive the pleasure of becoming a powerful school counsellor. Easily we can throw away the challenges and we can potentially create the child to create a nation of self-reliance. That is our motto now, how we can create self-reliant people in India, so that they can excel out throughout the world. This is our Mantra now. As our Prime Minister of India advocates this that we can propagate through our Profession.

Dr. Sudipta Roy: sir. On behalf of the **Mental health Professional Confluence**, I would like to thank you so much for taking out time for this interview. Each and every point that you have brought out has been very, very enlightening and empowering and it is very heartfelt to see the direction in which our work is going in terms of school mental health. We got to know about your initiatives in Chennai based on cognitive work that you have mentioned and also you have highlighted how we can also take the lead in helping out professional counsellors. So thank you very much for that. It's been absolutely amazing!

Prof. Panch Ramalingam: Thank you very much for this rare opportunity given to me. Thank you very much.

16. Decisions



Indian School Psychology Association (InSPA)

Minutes of the InSPA 13th National Council Meeting held on Saturday 9th April 2022 at 10.00 a.m. at the Department of Psychology, University of Madras, Chennai. The meeting was presided over by Dr. Panch. Ramalingam, President, InSPA.

Members Present:

1. Prof. B. Mukhopadhyay, Chennai
2. Dr. Shaheed Khan, Bengaluru
3. Mrs Manimegalai, Chennai
4. Smt. Kamini V, Chennai
5. Dr. VSR Vijayakumar, Chennai
6. Dr. S. Sabesan, Chennai
7. Dr. Panch. Ramalingam, Puducherry
8. Dr. D. Rajendran, Chennai
9. Dr. T. Sanathanam
10. Prof. Ratna Natarajan
11. Dr. T. Lavanya
12. Dr. S. Sasikala
13. Mr. K. Durai Raj
14. Ms. Velammal, K
15. Mr. Arnold Joshi, J
16. M. Maha Sakthivel
17. Dr. S. Rama
18. Dr. T. Subashini
19. Dr. S. Komalavalli
20. Dr. Rita Rani Mandal
21. Dr. Divya Dovine
22. Dr. Sajeevee Jayaram
23. Dr. D. Vasantha Prabha
24. Dr. Sarah Manickaraj

At the outset, Dr. Panch. Ramalingam, the President, welcomed the members and briefly presented the recent InSPA activities. Following are the minutes of the meeting:

1/13/2022 *To confirm the action taken on the Minutes of the 12th meeting of the Council held on 31.1.2022.*

Confirmed the Minutes.

2/13/2022 *To appraise the Action Plan 202-23. (Report by Dr. Panch. Ramalingam, President, InSPA)*

Prof. Ratna Natarajan has released the action plan for 2022-23. Noted and appreciated in detail by the members present

3/13/2022 *To issue the InSPA Logo to Life Members*

Dr. D. Rajendran, National Coordinator issued the InSPA Logo to the members present.

4/13/2022 Any other item with the permission of the Chair:

Dr. D. Rajendran proposed a vote of thanks to the Chair and members present.

Date: 09.04.2022

Dr. Panch. Ramalingam
President, InSPA



Indian School Psychology Association (InSPA)

The minutes of the 16th General Body Meeting of the Indian School Psychology Association was held on Sunday 22nd May 2022 at 5.00 pm on Virtual mode by using Google Meet at InSPA Office, Puducherry. Dr. Panch. Ramalingam, President, InSPA chaired the meeting.

Members Present:

- | | | | |
|----|------------------------|----|---------------------------------|
| 1. | A. Shahin Sultana | 20 | Gurleen Madahar |
| 2 | Abjeet Sodhi | 21 | Harsha Sharma |
| 3 | Adia Sharma | 22 | Kalyani Kenneth |
| 4 | Dr. Shaheed Khan | 23 | Kamini V |
| 5 | A.S. Suresh | 24 | Kumar Pal |
| 6 | Arti Bakhshi | 25 | Madhukar Gampala |
| 7 | Balpreet Singh | 26 | Mahfooz Alam |
| 8 | Bhupinder Singh | 27 | Mala Chaliha |
| 9 | D Duttaroy | 28 | Natarajan Girija |
| 10 | Dr Deepa Ghosh | 29 | Nirmal Kumar Saksena |
| 11 | Dr. Rajendran D | 30 | Parveen Kumar |
| 12 | Dr. Reena Rajput | 31 | Pavithra Kanagaraj |
| 13 | Dr. Seema Vijayvargiya | 32 | Preethi Inder |
| 14 | Dr.Rajshree Rathod | 33 | President Dr. Panch. Ramalingam |
| 15 | Dr.Rashmi Mishra | 34 | Priscilla Paul |
| 16 | Dr Sarah Manickaraj | 35 | Prof.Dr.Rajendra Singh Rajput |
| 17 | Dr Vasantha Prabha | 36 | Prof. Pratibha J Mishra |
| 18 | Durai Raj | 37 | Punithamalar Saminathan |
| 19 | Ravinder | 38 | Rajan Johri |
| | | 39 | Ramesh Thandapani |
| | | 40 | Reetu Sainani |

20	Gurleen Madahar	43	Sangeeta Dey
21	Harsha Sharma	44	Sanjeet Nayan
22	Kalyani Kenneth	45	Shah Alam
23	Kamini V	46	Shyam Lata Juyal
24	Kumar Pal	47	Suresh Sundaram
25	Madhukar Gampala	48	Suryakumar Psychologist
26	Mahfooz Alam	49	Sushmita Kumari
27	Mala Chaliha	50	Swati Charan
28	Natarajan Girija	51	Tania Gupta
29	Nirmal Kumar Saksena	52	Tapashi Saha
30	Parveen Kumar	53	Trayambak Tiwari
31	Pavithra Kanagaraj	54	Vadivel Pitchaipillai
32	Preethi Inder	55	Valluri Ramchandram
33	President Dr. Panch. Ramalingam	56	Venkatesh Gummadi
34	Priscilla Paul	57	Yogi Dr. Alok
35	Prof.Dr.Rajendra Singh Rajput	58	Zokai Tluangi
36	Prof. Pratibha J Mishra		
37	Punithamalar Saminathan		
38	Rajan Johri		
39	Ramesh Thandapani		
40	Reetu Sainani		
41	Sakesh Genne		
42	Sanchi Agarwal		

At the outset, Dr.Panch. Ramalingam, President, InSPA welcomed the members present and briefly mentioned the recent activities of the InSPA. Then agenda items were taken up for discussion

01/2022 To pay tribute to the sudden demise of our Prof. G.P. Thakur on 15.4.2022 and Prof. P. Jeyachandran on 09.05.2022

The Members of the InSPA observed two minutes of silence to pay tribute to the departed souls of Prof. G.P. Thakur on 15.4.2022 and Prof. P. Jeyachandran on 09.05.2022. Prof. N.K. Saksena presented the tribute to Prof. Thakur and Prof. G. Venkatesh Kumar has presented the tribute to Prof. P. Jeyachandran. Then passed a condolence message to pray for the Almighty to their soul to rest in peace. Unanimously decided to conduct an endowment lecture on Prof. G.P. Thakur at the 12th InSPA International conference on 3rd October 2022 at Pondicherry University.

02/2022 To confirm the action taken report on the minutes of the 15th General Body Meeting held by virtual mode on 6th January 2021 (Annexure 1)
Confirmed

03/2022 To consider and approve the 13th Annual Report with the statement of audited accounts for the year 2021-22 (Annexure 2)
Considered and approved

04/2022 To consider and approve the InSPA budget proposal for 2022 – 23 (Annexure 3)
Considered and approved

05/2022 To consider and approve the action plan for the year 2022-23

(Annexure 4)

Considered and approved

06/2022 To consider and approve the list of National coordinators for various programmes and the list of State Conveners for the year 2022-23

(Annexure 5)

Considered and approved

07/2022 To consider and approve the list of members enrolled in 2021-22

(Annexure 6)

Considered and approved

08/2022 To consider and approve the InSPA Book Project translation of “School Psychology in the Indian Context” in other Indian languages

Considered and approved in Annexure 7

09/2022 To approve the proposal for the 13th InSPA International Conference at the Central University of Kashmir in August 2023.

Considered and approved

10/2022 To consider and approve the MoU with academic institutions

Considered and approved in Annexure 8

11/2022 To consider and approve the presiding officer to conduct the elections for InSPA Office Bearers for the period from 1st April 2023 to 31st March 2026.

Considered and approved Prof. B. Mukhopadhyay as the presiding officer to conduct the elections for InSPA Office Bearers for the period from 1st April 2023 to 31st March 2026

12/2022 Any other item with the permission of the Chair

1. Considered and approved the theme of the 12th InSPA International Conference as Meeting the Challenges in Schools: Towards *Atmanirbar Bharat*.
2. Considered and approved the award committee to select and announce the awardees 2022 before 15th of June 2022
3. Considered and approved to send the School Psychology in the Indian Context (15 Languages) to select libraries free of cost.

In the end, Prof. Zokaitluangi, Secretary, InSPA proposed a Vote of thanks to the Chair and members present.

Dr. Panch. Ramalingam
President, InSPA

Indian School Psychology Association (InSPA)
17th General Body Meeting

The minutes of the 17th General Body Meeting of the Indian School Psychology Association was held on Tuesday 04 October 2022 at 2.00 pm on Conventional cum Cultural Complex, Pondicherry University, Puducherry. Dr. Panch. Ramalingam, President, InSPA chaired the meeting.

Members/Special Invitees Present

SL No	Name
1	Prof. N. K Saksena
2	Prof. R Goplakrishna
3	Prof. Dr. Akbarudddin Ahmad
4	Hitomi Kuwayama
5	Tomoko Suzuki
6	Dr. Parameswari Poolaganathan
7	Prof. A Shahin Sultana
8	Dr. Reena Singh Rajput
9	V. Kamini
10	Dr. Smita Ghosh
11	Dr. Jasmini
12	Prof.R Surenthirakumaran
13	Dr.S Poolaganthan
14	Dr. Vandhana Shrama
15	Mithila Roharara
16	Dr.A Baheerathan
17	Dr. M Thayanithi
18	Mavi. So Thangaraja
19	Martin Thomas
20	Rithika.R
21	Dr.A Seethalakshmi
22	Drakshayani Manduva
23	Aparna Ohja
24	Akansha Srivastava
25	Dr.Brindha Muniyappa
26	Dr. Vishwanatha, K
27	Dr.Sreenivas, M
28	Arengi Thengu
29	Dr.Veena Vani, N.P.
30	Dr. Rameshbabu Tamarana
31	Dr.D Rajendran
32	Dr. S Suresh
33	Prof. Shah Alam
34	Dr. Navin Patel
35	Prof. Dr. Rajendra Singh
36	Dr.K Arulanandem
37	Dr. Rashma Mishra
38	Dr. Nilfuer Karim
39	Dr. Syed Naguib Muslim
40	Md Akbar Razzak
41	Dr. Mahfuzul Haique
42	Dr.T Ramanayagam
43	T Sarasi Pady
44	N. Valliammai
45	S Palaniammal
46	Krubakaram
47	AMS .Yegambaram
48	V. Periyasamy
49	T.Agilan
50	A. Chella Perumal
51	Malai Khammu
52	Dr. Vishwanatha. K
53	Dr. Mohan
54	Mr. Antony Fernandes
55	Dr.S Rajakumari
56	Sasiammal.G
57	Harikrishnan.B
58	D. Megha
59	TG Parthiba
60	Queen Mary Mathen
61	Srishti Tiwari
62	Divya.S
63	Adithi Krishna MS
64	Sangetha Pathanabam.C
65	Amutha.K D
66	Sneha Srinivasan.K
67	Aswini.V.P
68	Swetharaj. P.P

69	Athira K
70	Deepika Sekhar P.P
71	Aiswaraya.R
72	Noora.M
73	Soshphine Sabalingam
74	Ritu Diwari
75	Paravathy.A
76	Laskhmi S. Pillai
77	Subhishka S
78	Latera Riwan
79	Deibameaberg
80	Deborah Lienromauri
81	Priyadarshni
82	Prodeep
83	Jejasurini
84	Marshini.G
85	Asiwarya Vijayan
86	Aurine
87	Tanira
88	Bharathi
89	Sowmiya
90	Keerthana
91	Pavithran
92	Aishawathy
93	Athiraa.K
94	Ellakiya
95	Thillagavthy
96	Sandra Savikumar
97	Sandhya.K
98	Vishwa Priya
99	Fathima Thul Sharma
100	Crifflin
101	Vaidegi
102	Vinnecia
103	Lakshmi Parvathy
104	Roshini.M
105	Drakshanaya.M
106	Tharshika Bhati
107	Kalpana
108	Angali
109	Deepti
110	Harika Polarvarapu
111	Sairaga Mounika
112	Chikala Meghana
113	Dr.R Rajesh

114	Soundar.M
115	Dr. Laxmi Narayana Rathore
116	Ms Taniya Garg
117	Dr.Laksmi Garg
118	Prof. B. Mukopathayay
119	Dr.Lakshmi
120	Dr. Jayamohan
121	Dr.Sohini Banerjee
122	Avaninza.B
123	Deepti.S
124	Kirthara.K
125	Akhil PK
126	Princy Thibias
127	Rashidk Ck
128	Heethal KG
129	Neena Paul
130	Harshini
131	Ahuray Rai
132	Azha Amina Akbar
133	Fathimathual Aliya
134	Krishna Priya.B
135	Sri Ragahavi.V
136	Anjali. TM
137	Sanjay Dora
138	Angelin Devekumari
139	Sruthi Suresh
140	M.Esthar
141	M.Amudha
142	K.Parimala
143	S.Jansi Rani
144	Usama Ghaya Syed
145	F.Antony Fernanadas
146	Dr.Rashmi
147	Dr.Sudhamayi
148	Melvina Chrales
149	Fein Maira Hozpez
150	Evlyn
151	Priyadarshni Solakani
152	Dr.Shambavi
153	Prachi Daga
154	Deehska
155	Loviolit
156	Geetha Priya P
157	Sherya Agarwal
158	Manushree

159	Rithika
160	Rithanaya
161	Seethalskmi
162	Vijyananu.U
163	Khsuboo Jain
164	Sora Mehbobbi
165	Benazir Alam
166	Razo Faroikahn
	Anmol Abinandan
168	Ramya R
169	Deeksha J
170	Marley
171	Bhavie Sudhkar
172	Sanjay
173	Niruban
174	Ramesh
175	Thiyam Kiran Singh
176	Latllankimi
177	Julia Vanlularthi Lachua
178	Tarunima Kanwar
179	Sindhu Sharama
180	Vandhana Sharma
181	Rameshbabu
182	Jasmin Sugunan
183	Vamsi Krishana
184	Tharun .K
185	Ranjana Nirwan
186	Dr.Rajakumari
187	Dr.Nidhi Verma
188	Dhariya .V

At the outset, Prof. Panch. Ramalingam briefly mentioned about the recent activities of the InSPA and appreciated Prof. B. Mukhopadhyay for successful conduct of the election for InSPA office Bearers for the period 1st April 2023 to 31st March 2026

13/2022 *To confirm the action taken report on the minutes of the 16th General Body Meeting held by virtual mode on 22nd May 2022 (Annexure 1)*
Confirmed

14/2022 *To elect new office bearers for InSPA for the period from 1st April 2023 to 31st March 2026.*

Considered and approved the list of office bearers contested for the period from 1st April 2023 to 31st March 2026. Unanimously approved and thanked Prof. B. Mukhopadhyay, presiding officer for smooth conduct of the election for InSPA Office Bearers. The newly elected office bearers are:

Sl. No.	Name of the Post	Contestant	Details
1	President	Prof. Panch. Ramalingam Pondicherry University, Puducherry	Re-elected
2	Vice – President	Prof. Shah Alam Aligarh Muslim University, Puducherry	Newly elected
3	Vice-President	Prof. Zokaitluangi Mizoram University, Mizoram	Newly elected
4	Secretary	Dr. D. Rajendran Joint Director of School Education (Retd), Chennai	Newly elected
5	Joint Secretary	Dr. Navin Patel GLS University, Ahmedabad	Newly elected
6	Joint Secretary	Dr. Suneetha J Hangal Hubbali	Re-elected
7	Treasurer	Dr. S. Suresh Rajiv Gandhi National Institute for Youth Development, Sriperumpudur	Re-elected

15/2022 *To approve the proposal for the 13th InSPA International Conference at the University of Science and Technology, Meghalaya in November 2023.*

The letter received from the Vice-Chancellor, University of Science and Technology, Meghalaya has been acknowledged and approved to organise the 13th InSPA International Conference on 3rd to 5th November 2023 by nominating Dr. Jerina Bagum as organising Secretary.

16/2022 *To approve the proposal for the 4th APSPA International Conference at the Central University of Haryana, Mahendragarh*

Approved to collaborate with Asia Pacific School Psychology Association, Malaysia and Central university of Haryana to organise 4th APSPA International Conference on SDGs with special reference to School Psychology in Asia Pacific Region on 15th and 16th March 2023

17/2022 *To record our sincere gratitude to Prof. Gurmeet Singh, Vice-Chancellor, Pondicherry University for successful organisation of the 12th InSPA International Conference from 2nd to 4th October 2022 at Pondicherry University*

Approved and decided to send a letter of appreciation to Hon'ble Union Minister for Education, Hon'ble Lt. Governor and Prof. Gurmeet Singh.

18/2022 Any other item with the permission of the Chair

1. Approved the new award instituted by the Asia Pacific School Psychology Trust by depositing Rs.30,000/- with InSPA.
2. Approved to publish the translated versions of Konkani and Nepali of the book “School Psychology in the Indian Context” on priority basis.

At the end, Dr. D. Rajendran, Secretary – Elect, InSPA proposed a Vote of thanks to the Chair and members present.

Dr. Panch. Ramalingam
President, InSPA



Indian School Psychology Association (InSPA)

The Minutes of the 15th National Council Meeting of the InSPA which was held on Wednesday 15th March, 2023 at 04.00 pm at the Department of Psychology, Central University of Haryana, Mahendragarh, Haryana.

At the outset, Prof. Panch. Ramalingam, President, InSPA welcomed the office bearers, State Conveners and Special Invitees present and thanked all those who were actively involved for the successful conduct of 4th APSPA International Conference. There were 25 members present in the meeting

Resolutions Passed

1/2023 *To confirm the minutes of the 16th General Body meeting of the InSPA held on 02.10.2022 (in Annexure 1)*

Confirmed

2/2023 *To consider and approve the Statement of Accounts 2022-23 to be submitted to the Auditor (In Annexure 2) (Dr. S. Suresh)*

Approved to submit it for auditing with M/s AKR and Associates, Puducherry

3/2023 *To approve the budget proposal for 2023-24 (In Annexure 3) (Dr. S. Suresh)*

Approved the budget proposal for 2023 - 24 in annexure 3

4/2023 *To consider and approve the InSPA Action Plan 2023-24 (In Annexure 4)(Dr. Panch. Ramalingam)*

Approved the InSPA Action Plan 2023-24 in annexure 4

5/2023 *To note and approve the list of members enrolled in the year 2022-23(Dr. Zokaitluangi)*

Approved list of new members in annexure 5

6/2023 *To approve the list of InSPA publications 2022-23 (Dr. Reena Singh)*

Approved the list of publications with ISBN in annexure 6

7/2023 *To note the approval of UGC CARE list of our journal (Prof. Panch. Ramalingam)*

Unanimously appreciated Prof. Panch. Ramalingam for obtaining the UGCCARE Listed approval from January 2023. It has been approved Prof. Mamta Sharma, Punjabi University and Prof. D. Dutta Roy, Kolkata as the Associate Editors to speed up the publication process.

It has also been approved to get processing fee of Rs.3000/- for publication of papers in the INSPA Journal of Applied and School Psychology from non-members and fast track for members.

8/2023 *To approve the tentative schedule of events of 13th InSPA International Conference in 03 – 05 November 2023 (Dr. Jerina Begum)*

Approved the tentative schedule of events for the 13th InSPA International Conference to be held on 03 – 05 November 2023. It has also been decided to invite all the InSPA office bearers and around 10 invited speakers to the conference as guest of honours.

9/2023 *To assume charges of new office bearers for the period of 01.4.2023 to 31.3.2026.*

The following new office bearers have accepted to assume charges from 1st April 2023.

1. President Prof. Panch. Ramalingam, Pondicherry University, Puducherry
2. Vice-President Prof. Shah Alam, Aligarh Muslim University, Aligarh
3. Vice-President Prof. Zokaitluangi, Mizoram University, Aizawl
4. Secretary Dr. D. Rajendran, Jt Director of School Education (Retd), Chennai
5. Joint Secretary Dr. Suneetha Hangal, Hubballi
6. Joint Secretary Dr. Navin Patel, Ahmedabad
7. Treasurer Dr. S. Suresh, Puducherry

Approved the new office bearers to nominate the National Council Members and State conveners for the period from 01.4.2023 to 31.3.2026

10/2023 *Any other item with the permission of the Chair*

1. Approved to participate in the 5th APSPA International Conference in Mauritius on 26 - 27 September 2023. Dr. D. Rajendran, Secretary – Elect will be the Organising Secretary of the Conference.
2. Approved Prof. V.S.R. Vijayakumar, Chennai as the expert to evaluate the Projects for Assessment of Children and to issue certificate of validation to the concerned projects.
3. Approved a standard format of MoU for collaboration with other organisations.
4. Appreciated Prof. Janet Fernandes, Goa for translating Konkani version of the School Psychology in the Indian Context

5. Appreciated Prof. K. Jeyasankara Reddy for bringing out the compilation of articles on School Psychology. It has been suggested to modify the title of the book with relevance to the articles included and approved for publication of 300copies at the earliest.
6. Approved to create a new website with online portal for our INSPA Journal of Applied and School Psychology with domain name www.ijasp.in or www.ijasp.org
7. Appreciated Prof. Kamal Uddin, Chairman, Department of Psychology, University of Dhaka, Bangladesh and approved the common curriculum for PGProgramme in School Psychology to be introduced in Asia Pacific Region.
8. Approved proposal for inviting nominations for the InSPA Awards 2023. The last date for submission of nominations is on 31st July 2023.

At the end, Dr. D. Rajendran, Secretary - Elect proposed a vote of thanks to the Chair and members present



Dr. D. Rajendran
Secretary – Elect, InSPA



Dr. Panch. Ramalingam
President, InSPA

Date: 15.03.2023
Place: Puducherry

To
All Office Bearers, National Coordinators and State Conveners of InSPA

17. Statement of Audited Accounts

18. InSPA Publications

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Vol. 13 No. 2 April 2022 Indian School Psychology Association (InSPA) www.inspa.org

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Tribute to Prof. G.P. Thakur
(Former President, IAAP, and InSPA)

Welcome to the 12th InSPA International Conference at Pondicherry University
InSPA Newsletter April 2022 - 4 October 2022

InSPA Newsletter
Vol. 13 No. 2 July 2022 Indian School Psychology Association (InSPA) www.inspa.org

Welcome to 12th InSPA International Conference at Pondicherry University
(2nd - 4th October 2022)

12th InSPA International Conference on "Meeting the Challenges in Schools: Towards Atmanirbhar Bharat"
Pondicherry University, Puducherry, India
01 - 04 October 2022
Schedule of Events

OFFICE BEARERS OF THE InSPA (2020-2023)

President : Dr. Panch. Ramalingam, Puducherry
Vice-Presidents : Prof. Indraneel Phookan Borooah, Assam
Dr. R.J. Solomon, Mumbai
Secretary: Prof. Zokaitiungi, Mizoram
Joint Secretaries : Dr. Shah Alam, Aligarh
Dr. (Smt.) Suneetha J Hangal, Hubli
Treasurer: Dr. S. Suresh, Puducherry
Newsletter Editor : Preeti Inder, Chennai

InSPA Newsletter
Vol. 13 No. 3 October 2022 Indian School Psychology Association (InSPA) www.inspa.org

Highlights...

1. 4th APAPA Conference
2. 12th InSPA Conference
3. Best Paper Award

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Treasurer: Dr. S. Suresh, Puducherry
Newsletter Editor : Preeti Inder, Chennai

Welcome to 4th APAPA International Conference at Central University of Haryana
(15 - 16 March 2023)

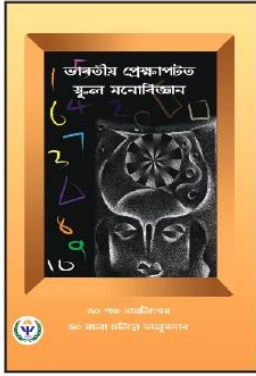
InSPA Newsletter
Vol.10, No 4, January 2023 www.inspa.org

Students of KV School, Pondicherry University, who have participated in the Japan collaborative Project

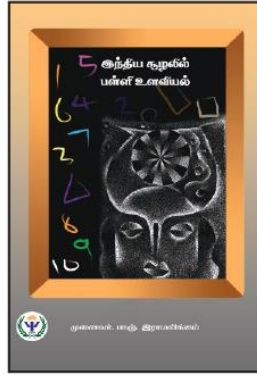
Prof. (Dr.) Sandeep Shastri, Vice-Chancellor, InSPA President, Prof. Panch. Ramalingam with the delegates of the Workshop on Game Based Therapy held at Jargan Lake City University, Bhopal

InSPA Newsletter Vol.10, No 4, January 2023

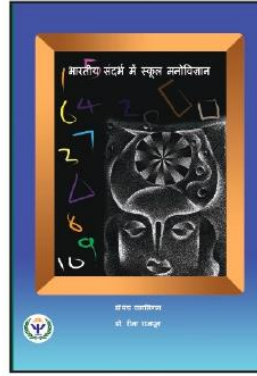
InSPA Book Project



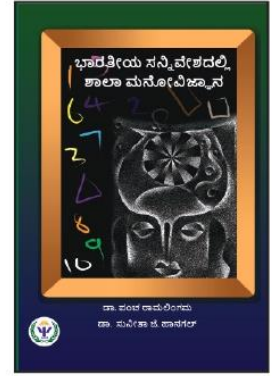
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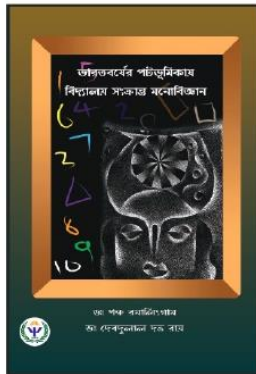
Tamil



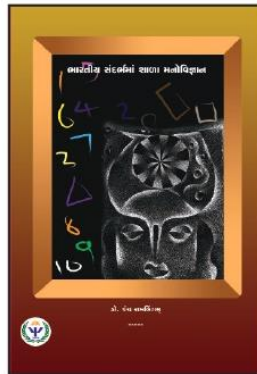
Hindi



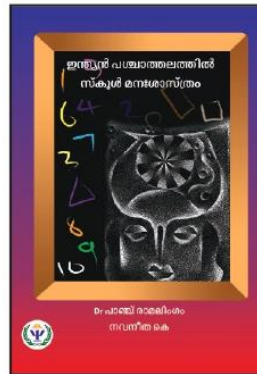
Kannada



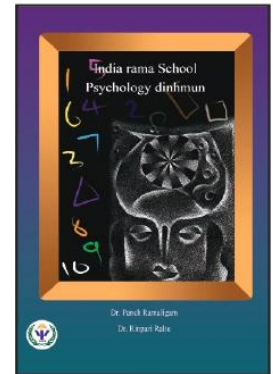
Bengali



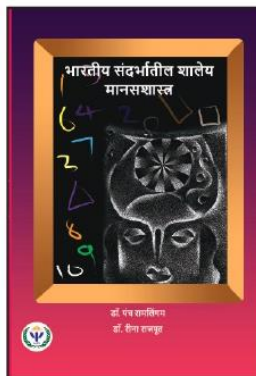
Gujarati



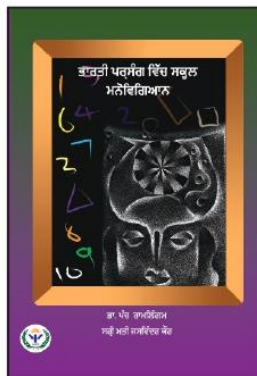
Malayalam



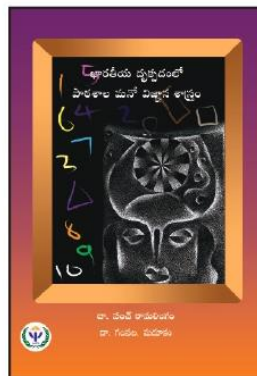
Mizo



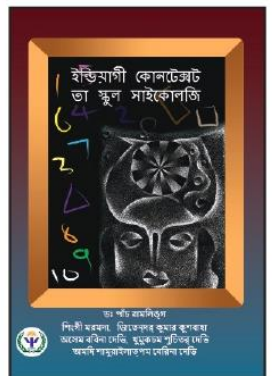
Marathi



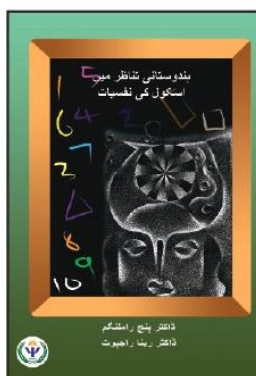
Punjabi



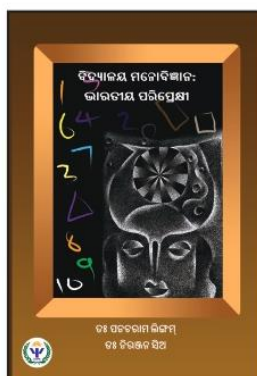
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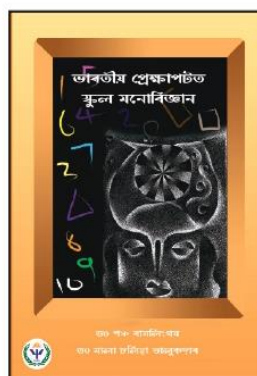
Manipuri



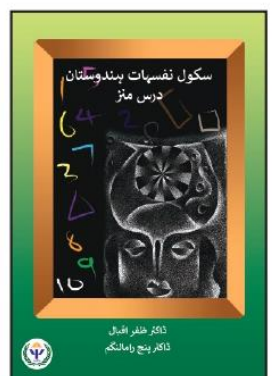
Urdu



Oriya

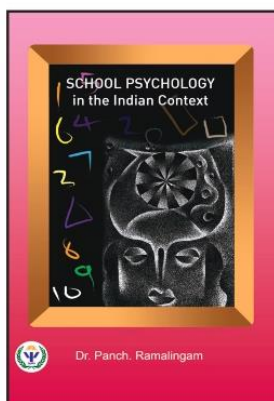


Kashi



Kashmiri

School Psychology in the Indian Context



The Book

In India, school psychology has yet to receive recognition as an independent field of study within psychology. In contrast, academic institutions in Western developed nations have been offering school psychology training programs for many decades. School psychology is offered at the master's and doctoral level in many universities. It is primarily concerned with

the educational and psychological well-being of children, adolescents, and young adults. School psychologists often work in multiple settings such as schools, hospitals, university settings, and in private practice. As mental health professionals, school psychologists are unique, in that they are trained in both, psychology and education. They are trained to carry out a variety of tasks such as psychological evaluations, psycho-educational assessments, developing interventions and providing individual and/or family therapy. They are expected to conduct themselves in accordance with the ethical, legal and administrative codes of their profession.

This book provides nature, scope and essential features required in India. The twelve chapters described in several aspects to provide a resource material to the budding Indian psychologists and teachers in school system. The chapters included are 1. Introduction to School Psychology, 2. Historical Perspectives, 3. Prospects of School Psychology in India, 4. Child Development Stages, 5. Inclusive Education in India, 6. Learning and Learning Disabilities, 7. Mental Health and Well-being, 8. School Psychology Services to Children with Disabilities, 9. Essential Life Skills, 10. Professional Ethics and School Psychology Services, 11. Basic Counselling Skills and Self Care of School Psychologists, and 12. Role of School Psychologists and Future Directions.



The Author

Dr. Panch. Ramalingam presently teaches at Pondicherry University. He is a Founder President, Asia Pacific School Psychology Association, Malaysia (2019 - 2022), Founder President of the Pondicherry Psychology Association (2000 - 2008), Founder Secretary (2009-2020) and presently President, Indian School Psychology Association (InSPA). He has authored more than 80 books and contributed more than 60 research papers.

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**This Book is available in All Indian Languages
to Promote School Psychology in India**

This is for booking Pre Publication of the Book "School Psychology in the Indian Context in English. This has been publishing in 16 Indian languages. Price: Rs.200/- each book. You can avail it for Rs.100/- (50% discount). Last date for concessional booking is 30.06.2021. The books will be sent by registered post in July 2021. Payment can be made: Account Name: Indian School Psychology Association, Name of the bank: Indian Bank, Lawspet Branch, Puducherry - 605 008. SB A/C No: 865221062; IFS Code: IDIB000L007

Registration link is

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