

InSPA Newsletter



Volume 11 Number 1, April 2020

www.inspa.org

Email: inspaindia@gmail.com



First InSPA Governing Council Meeting

13th InSPA GBM

National Council Meeting

InSPA ACTION PLAN 2020-21

InSPA Office Bearers 1.4.2020 to 31.3.2023

First President (2009 - 2014)	Prof. G.P. Thakur
Past President (2014 - 2020)	Prof. B. Mukhopadhyay
President	Dr. Panch. Ramalingam
Vice President	Prof. Indranee Phookan Borooh
Vice President	Dr. R.J.Solomon
Secretary	Prof. Zokaitluangi
Joint Secretary	Dr. Shah Alam
Joint Secretary	Dr. (Smt). Suneetha J Hangal
Treasurer	Dr. S. Suresh

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7-9 Nov 2020

Welcome to 10th InSPA International Conference

**ALIGARH MUSLIM UNIVERSITY,
ALIGARH**

InSPA President Welcome Message

01.04.2020

Hearty Welcome to the Members of InSPA Family!

It gives me an immense pleasure to welcome all the members to create a true family of psychologists to strengthen our InSPA with highest commitment towards services to the children of the country, in particular and global in general.

My journey started with the professional activities of Indian Academy of Applied Psychology (IAAP) way back in 1991 and I attended IAAP conference at JNV University, Jodhpur in 1993. In the same continued spirit, our First InSPA Annual Conference was organized at the same University in 2011.

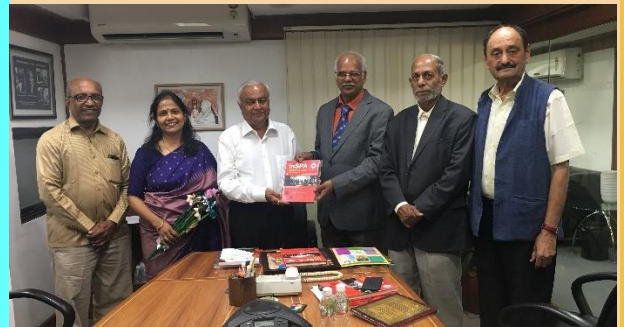
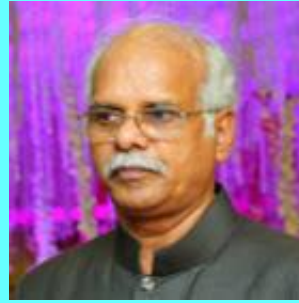
Prof. B. Mukhopadhyay is the person who sowed the seed for School Psychology in India through me in 2009. As per his aspirations, I planted and nurtured InSPA to this level with the guidance and support of Prof. G.P. Thakur, First President of InSPA and Prof. B. Mukhopadhyay, outgoing President of InSPA. They are our mentors in several respects to develop this Association.

We have just completed a very meaningful and successful Decennial journey (2009-2019). As of now, we are passing through a very tumultuous phase with the challenging demands created by the pandemic COVID19. At this juncture, we the members of InSPA will continue our dedicated service to the society and especially, the children, our hope and future!!

Presently, we are collaborating with APA, ISPA, NASP, and APSPA for various academic ventures which would bear fruits in years to come. This three-year period of our term of office will strengthen the relationship between members and community. The action plan (2020-2023) will provide guidance to not only the members but also educationists, psychologists, and policy makers.

We welcome constructive suggestions from the members for future initiatives.

Dr. Panch. Ramalingam
President, InSPA



**Contact: inspaindia@gmail.com or
president@inspa.org**

Our website: www.inspa.org

Editor: Dr. Neeta Sinha
Associate Editor: Dr. Arti Koul Kachroo

InSPA National Coordinators			
Dr. S. Renukadevi Children Assembly National Coordinator		Dr. MVR Raju National Coordinator Research and Development	
Dr. Yogini Nath School Psychology Training National Coordinator		Dr. T. Santhanam National Coordinator Special Education	
Dr. D. Rajendran School Teachers' Workshop Coordinator		Dr. Rinpari Ralte Membership Coordinator	
Mrs. V. Kamini Online Counselling Monitor		Dr. Sarah Manickaraj GBT Coordinator	
7.11.2020	NEXT 14TH InSPA GENERAL BODY MEETING		ALIGARH MUSLIM UNIVERSITY

Most Urgent
InSPA Members are requested to provide current postal address to the Secretary, InSPA Email: prof.zokaitluangi@gmail.com on or before 30.5.2020 to send InSPA Journal by post in June 2020

Action Plan 2020-2021

The Indian School Psychology Association (www.inspa.org), an affiliate of International School Psychology Association (www.ispaweb.org), is a voluntary non-profit School Psychology Services Association founded in 2009 (Regd No.583/2009). The primary aim of the association is to develop and promote school psychology services in India, values-based education, and training to meet the needs of society and particularly to elevate the children to develop learning skills, mental health and well-being school education in India and abroad.

The InSPA (www.inspa.org) is gradually stepping around the country to popularize School Psychology in India and encourage psychologists to play an active role in the larger interest to provide better education to children. The members of the InSPA are actively involved in the process of developing school psychology throughout the nation. India is a nation depicting unity in diversity. It is the largest democracy with a huge number of students'

population. It is a multi-cultural and multilingual fast developing country in the Asian subcontinent. It has multifaceted schooling systems that cater to the needs of the children. In India, the schools run by the state governments, both in urban and rural areas differ in many respects from the private English-medium schools that draw children largely from economically prosperous families.

Thus, the Indian setting today characterized by the existence of schools of various standards, which may be distinguished based on a number of indicators, including teaching methods, physical infrastructural facilities, and policies of administration. Children of these schools need proper psychological guidance to learn and acquire skills and abilities. We strongly believe that School Psychologists alone can provide the necessary professional guidance to children in schools. In this background, the InSPA is moving ahead of setting up its Institute of School Psychology for the purpose of research and training in School Psychology.

InSPA is primarily a professional service organisation, taking into account the genuine day-to-day need of school environment in India. For this purpose teaching, training, research, and practice are major concern of the InSPA. The following are the key areas focused in the year 2020-2021

1. Teaching of School Psychology

National Coordinator: Prof. V. Ramachandran, Kakatya University, Warangal

Teaching of school psychology is very limited as far as our country is concerned. InSPA is venturing to assist and support the teaching school psychology in university departments and colleges. It will assist in several ways and means possible such as

- Providing suitable resource persons for teaching sound theoretical foundation in psychological science
- Providing knowledge and skills concerning fundamentals of measurement and assessment and the use of psychological and educational assessment measures in a non-biased, reliable and valid manner.
- Providing resource support to the ability to apply theoretical knowledge and skills when consulting with teachers, parents, and other professionals.
- Providing periodical in campus training to make the students for (a) active involvement in the profession, (b) commitment to professional ethics and standards, and (c) commitment to lifelong learning.

2. Training on School Psychology Services

National Coordinators: Dr. Yogini Nath, Chennai; and Dr, Mira Shah, Mumbai

A four-part training program in school psychology will be conducted as part of InSPA's initiatives to equip school based mental health professionals with basic knowledge and skills in school psychology. Four core training models will be taught, with each module scheduled every three months. Each module will be taught over a two day period. The training will be offered to counsellors or psychologists working in educational settings.

Core Modules

1. **School based psychological services for children and youth**
 - a. Core competencies of a school psychologist
 - b. Models of service delivery
2. **Psychoeducational assessment of preschool and school aged children**

- a. Assessing, planning, implementing, monitoring, and evaluating school-based academic and behavioral interventions for children and adolescents

- b. Comprehensive psychoeducational evaluations

- c. Prevention and intervention of academic problems

- d. Basic counselling skills

- e. Report writing and feedback

3. Consultation in educational settings

- a. Provision of consultation services to individuals, groups and systems

4. Professional, ethical, legal, and social responsibility

- a. Standards for professional practice

- b. Ethical and legal issues in school psychology

3. Workshops on School Psychology for School Teachers

National Coordinator: Dr. D. Rajendran, Joint Director of School Education (Retd), Chennai

This was first of its kind to organize a training programme on school psychology to the school principals, head masters and teachers by inviting international trainer in 2011. The training modules include acquisition of skills in School Psychology, lecture cum interaction, demonstration and role-play, skill practice and material preparation, practice workshop with primary and secondary school children, assignments and tests.

The training modules prepared by the International School Psychologists keeping in mind of the Indian contexts. The InSPA initiated to train the School Psychology professionals cater to the needs of the Indian Schools.

The first training programmes was conducted from 28th January to 01st February, 2012 in Puducherry with the support of the Chief Minister Shri. N. Rangasamy. The participants of the first training were school head masters and school counsellors. The second training programme was conducted at Acharya College of Education, Puducherry from 1st to 2nd February, 2012. The participants were schoolteachers and BEd Students who cater to the needs of children. InSPA continuously conducting these kind of workshops every year in different States with the support of Universities and interest groups.

Training Features

- Understanding School Psychology
- A Comprehensive Course for increasing Knowledge, Ability and Potential
- International Trainers

- Interactive Lectures and role play sessions
- Skill Development and Practice
- Hands-on Project Experience (HOPE) with material preparation, workshops with primary and secondary school children, assignments and tests designed for mastering intervention techniques.
- Augmenting Capacity Building to cater to contemporary challenges and opportunities.

Outcomes Achieved: Feedback from participants indicated that they had an increased understanding of the various roles of school psychologists and how will assist in improving educational outcomes for children in Indian schools. In addition, participants reported an increased knowledge in the topics covered.

Target 2020-2021: This year we propose to conduct 50 workshops in all States and Union Territories by keeping standard modules to train the schoolteachers in India. Each State will conduct three workshops for Government school teachers, private school teachers and special schools.

Workshop Modules

Module I: Theoretical framework of School Psychology

Module II: Life skills Education for School Teachers

Module III: Learning Disabilities Assessment and Intervention

Module IV: Safe and Friendly Schooling

Module V: Mental Health and Well-being in Schools

Duration: Six hours per day for three days (10.00 am to 5.00 pm)

The InSPA will provide workshop resources and hospitality is expected from the host institutions. Registration of teachers is free. In each workshop, around 50 teachers will be accommodated with five to six resource persons. InSPA will issue the certificate of participation to the teachers. The first workshop is to be conducted between 2nd and 4th September 2020. The State conveners are coordinators of the workshops.

4. Workshop on Inclusive Education

National Coordinator: Dr. T. Santhanam, Chennai

The RPWD Act 2016 insisting upon the Inclusive Education thereby comply the Act the CBSE, State Board and International Schools started admitting the Children with Special Needs such as Children with Autism Spectrum Disorder/Specific Learning Disability/Intellectual Disability. However, mainly Shadow Teachers seat these children along with non-disabled children in the same classroom under the

custody / supervision of Special Educator sporadically. The Shadow teachers do not possess required educational qualification to handle the special children, which may cause more damage in their academic achievement. Therefore, in order to develop the proper human resource in this field, the SDS Academy of Behavioural Sciences has launched short-term training programme on Inclusive Education.

This Academy has professional team consist of Rehabilitation Psychologist, Clinical Psychologist and Special Educator, Occupational Therapist and Speech Therapist and Remedial Educator, which will offer quality training to the teachers for conducting the proposed programme by InSPA in this year. This year it is proposed to conduct four programmes in Puducherry, Chennai, Mizoram and Bhopal.

5. Children Assembly

National Coordinator: Dr. S. Renukadevi, NITTR, Chennai

This is a special event of the InSPA to help and motivate the children. This year Children's Assembly will held on the second day of the Conference at Aligarh Muslim University, Aligarh between 10.00 am and 12.00 noon. The children from various places in and around Aligarh region will assemble and interact with the School Psychology experts. A new concept *Memoroid* will be introduced to the children. Maximum 300 students between the age group 14 -16 years will be admitted to this session.

Expert: **Prof. V.S.R. Vijayakumar.** He is Former Professor, Chairperson- Research & PhD in the Institute of Management Technology, Nagpur. His area of specialization is Organizational Behavior and Psychometric tests.

6. Research Publication

InSPA Journal of Applied and School Psychology

Editor: Dr. Panch. Ramalingam

Associate Editor: Dr. Yogini Nath, Chennai

The IJASP is a peer reviewed bi-annual publication of the Indian School Psychology Association (InSPA). The issues will appear in April and October. The IJASP publishes original contribution based on empirical research and review articles. Manuscripts should be prepared in IJASP format and in accordance with the general guidelines of APA manual. Manuscripts should be sent in MS word by e-mail to the Editor. IJASP does not permit an author to submit the same paper simultaneously for consideration to other

journal(s). An undertaking to this effect should be submitted along with the manuscript.

Prospective authors are requested to follow the "instructions for authors" and adhere to the general format of articles published in IJASP. Authors must submit their articles in soft copy by email to: inspajournal@gmail.com. The soft copy must be provided in MS Word. Kindly send it to the Editor, InSPA Journal of Applied and School Psychology, # 17, 14th Street, Krishna Nagar, Puducherry- 605008, India. More details are available at www.insp.org. Authors are expected to provide their raw data if required during review process. Unpublished tests/questionnaires if used in the study should be submitted along with the manuscript. Articles, which do not conform to IJASP guidelines and format, will not be entertained. Authors have to submit the author profile and signed agreement as and when the paper provisionally accepted for publication.

Visit us: www.insp.org Email: inspajournal@gmail.com

7. InSPA Newsletter

Editor: Dr. Neeta Sinha, Gandhi Nagar

Associate Editor: Dr. Arti Koul Kachroo, Faridabad, Haryana

InSPA Newsletter is a communication media among members. It will be published one in three months. The issue will contain list of members enrolled, minutes of the Governing Council Meeting, activities of the InSPA, professional development of individual members, announcements of meeting and programmes. Now it has been decided to publish this newsletter quarterly as e-newsletter by email as well as through our website www.insp.org.

8. Online School Counselling

National Coordinator: Prof. S. Thenmozhi, Madras University, Chennai

Monitor: Mrs. Kamini, Chennai

InSPA is proposed to launch online counselling through our website on major issues of concern related to children, teachers and parents. Our team of counselling experts will provide effective counselling services through online.

9. Game Based Therapy

Resource Persons: Dr. Sarah Manickaraj and **Vasanth Prabha**, GBT Centre, Chennai

To enhance the cognitive skills such as attention, memory, decision making and problem-solving capacity. School teachers, School Counsellors can participate in the one day workshop. This workshop is activity based involving puzzles, block designs, picture completion, word association, board games involving eye-hand coordination.

GBT Outcomes

- Enhance thinking, reasoning, concentration and information processing
- Assimilate concepts and promotes learning outcomes
- Create virtual environment and recreates realistic situations
- Comprehend subject matter through games and keeps mind engaged
- Face challenges, enhance fantasy, motivation, and achievement
- Progress through various levels and goals achievement
- Difficulty and complexity of the game promotes emotional stability
- Raise high standards in education
- Transfer learning across the curriculum
- Promote collaboration between Teachers and Students
- Students make mistakes in risk free setting through experimentation
- Actively learn and practice the right way to do things
- Engage in practicing behaviors and thought processes
- Learn to function in a safe context, with rules interaction and feedback
- Accepts rules easily in a playful environment, by following rules, students advance and succeed in the game
- Continuous and personalized feedback provides information about their progress
- Longer retention of information and strategic decision making

GBT Applications: - Education, human resource, research, training and counselling.

This year the InSPA will conduct three workshops in different places.

InSPA State Conveners

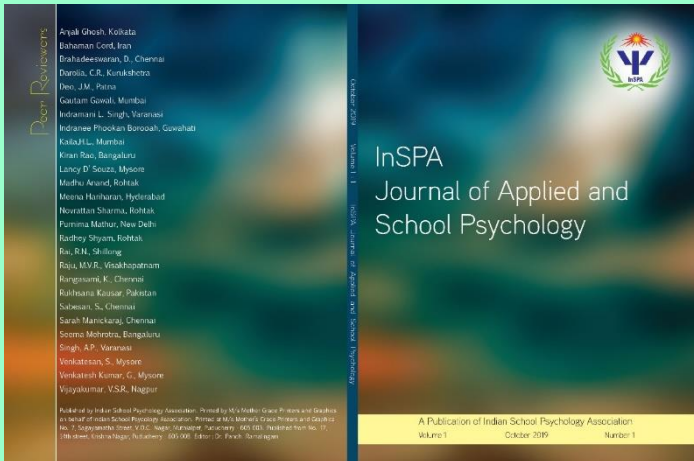
(01.04.2020 to 31.3.2023)

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InSPA Journal: Instructions for Authors



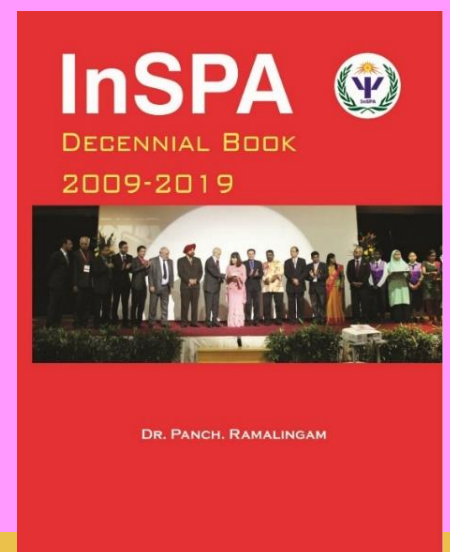
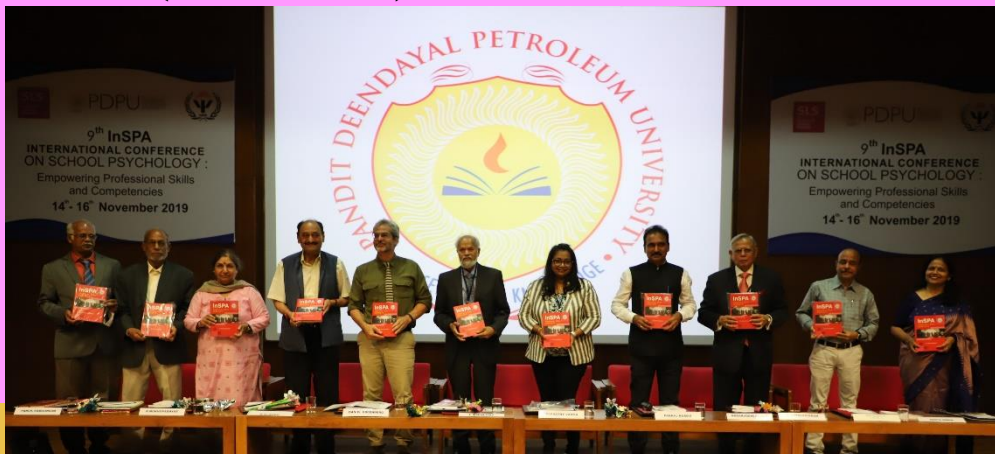
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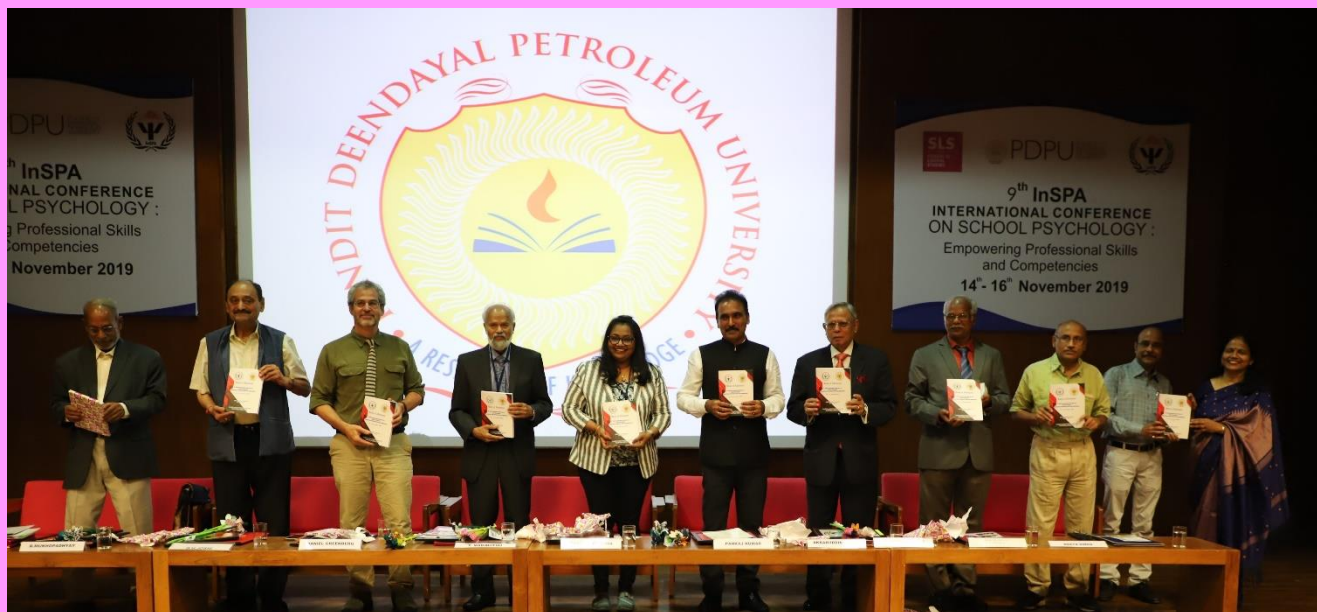


Vol.1 No.2. April 2020 Issue will be released soon...

InSPA DECENNIAL YEAR BOOK (2009-2019) Released



Report of the 9th InSPA International Conference PANDIT DEENDAYAL PETROLEUM UNIVERSITY



The 9th International Conference of Indian School Psychology Association (InSPA) began on 14th November 2019 at the PDU campus, Gandhinagar alongside a parallel three day workshop on School Psychology Competencies from 13th – 15th November 2019. The welcome address of the conference and workshop was given by Dr Panch Ramalingam, Secretary InSPA and Prof B. Mukhopadhyay, President, InSPA.

The workshop comprising of 12 training sessions received more than 30 participants from premier institutions in Chandigarh, Chennai, Kanpur, Mizoram, Bangkok, Bangladesh and within Gujarat. Prof Jagdish Joshi, Director, HRDC-Gujarat University gave the inaugural address and stressed on the importance of raising awareness about child psychology given the recent rise in stress-related suicides among the youth. He emphasized on the importance of team-work and collaboration. In his keynote address, Prof Ratna Natarajan, Director, State Training Centre, Chennai emphasized on skill-development as well as the need to understand a child's mind in today's highly competitive environment. The other esteemed speakers emphasized on building confidence among teachers (Prof Panch Ramalingam, InSPA Secretary), understanding the difference between education and knowledge (Prof Md. Kamal Uddin), importance of indigenous approaches like Yoga and Meditation to enhance well-being (Prof B. Mukhopadhyay, InSPA President) and the role of a teacher in cases related to bullying (Prof Parvathy Varma). Yesterday this workshop was concluded by a valedictory address from Dr Santhakumar, VC, GNLU and Dr Joshi, Registrar, GLS.

On the first day of conference, in the inaugural ceremony, we were fortunate to have, Shri Pankaj Kumar, Additional Chief Secretary, Gujarat as our honorary guest for the special address where he emphasized the importance of research in the area of school psychology for ensuring holistic wellbeing of children and youth. Prof. Tarun Shah, Registrar, PDU and Prof. Nigam Dave-Director, School of Liberal Studies, PDU welcomed the conference participants at PDU. Dr Daniel B. Greenberg, USA delivered the keynote address on 'Bringing Education to Life' wherein he explained how Ecovillages as campuses can be developed for transformative education. Alongside, the ceremony witnessed distribution of InSPA

awards, release of the International Journal of Asia Pacific School Psychology, Release of the InSPA journal of Applied and School Psychology and the release of the InSPA decennial book (2009-2019).

The three day international conference hosted delegates from seven countries (Bangladesh, Indonesia, Malaysia, Bangkok, Sri Lanka, US and within India). The conference was quite enriching with 32 expert sessions including Invited Talks, symposiums, thematic address and workshops.

As dissemination of research findings is one of the primary purpose of an Academic conference, we received an overwhelming response with 240 paper presentations in the concurrent scientific sessions. Young scholars (including more than 60 undergraduate and postgraduate students of PDPU) as well as senior experts, professors, academicians and practitioners presented the papers. All the research papers reflected hard work and sincere efforts to examine the common issues in school psychology. Some of the themes covered by researchers were parenting styles and resilience among adolescents, social competence in context ECA activities in school, predictors of happiness among school going students and educational challenges of school teachers. Some very practical issues were also covered namely: effect of air pollution levels on stress levels of students, social phobia among the youth, emotional labour and its impact of job satisfaction, personality and religious prejudice, effect of stress on suicide probability, non-verbal creative thinking.



Dr. Panch. Ramalingam, President, Asia Pacific School Psychology Association, Malaysia presented welcome address and Scope of the Conference. **Dr.(Mrs) T.A.R.J. Gunasekara**, Director General, National Institute of Education, Maharagama, Colombo, Sri Lanka has delivered presidential address. **Prof. Gurmeet Singh**, Vice-Chancellor, Pondicherry University, India was the Chief Guest and delivered inaugural address. He released the Book of Abstracts during the inaugural session. **Prof. Michiko Ishikawa**, Tokoha University, Japan delivered keynote address. **Dr. D. Samaraveera**, National Institute of Education, Colombo proposed a vote of thanks.

At the valedictory session, **Prof. R. Karpaga Kumaravel**, Dean, Faculty of Education and Behavioural Sciences, Central University of Tamil Nadu, Thiruvavur, and Former Vice-Chancellor, Madurai Kamaraj University presided and delivered presidential address. **Prof. Gurmeet Singh**, Vice-Chancellor, Pondicherry University, India distributed Best Paper Awards



Participation in the Asia Pacific School Psychology Conference in Sri Lanka (11-12 Feb 2020)



Three-day Training on School Psychology Competencies

Convener: Dr. Panch. Ramalingam, Pondicherry University, Puducherry

India is a nation depicting unity in diversity. It is the largest democracy with a huge number of students' population. It is a multi-cultural and multilingual fast developing country in the Asian subcontinent. It has diverse schooling systems, which cater to the needs of the children. Children of these schools need proper psychological guidance to learn and acquire skills and abilities, which can be provided by School Psychologists. In this background, the InSPA is moving ahead of setting up its Institute of School Psychology for the purpose of research and training in School Psychology. This is a major initiative of InSPA to conduct training programmes by inviting experts. This three-day workshop was conducted at Pandit Deendayal Petroleum University to provide hands on training on school psychological competencies.

Workshop Modules

Module I: Theoretical framework of School Psychology

Module II: Role of school psychologists, Overview of ISPA standards and Code of Ethics

Module III: Knowing the world of school settings in India, Rules, Acts, Policies and knowing the school settings in India

Module IV: Safe School and friendly accreditation

Module V: Psychological Assessment and Intervention Techniques

Module VI: Yoga and Meditation for school children

This programme was held between 13th and 15th November 2019. The sessions were interactive and senior resource persons handled the sessions. There were 50 participants from all over the country. A section of school counsellors has also attended the programme. At the end of the day InSPA Counsellor Forum was created. They are now providing online counselling service to the school children, teachers and parents.



Children's Assembly

This was a special event of the InSPA to help and motivate the children. It was held on the second day of the Conference between 10.00 am and 12.00 noon. The children from various places in and around Gandhinagar area assembled and interacted with the School Psychology expert. Around 300 students between the age group 14 -17 years attended this session. **Prof. V.S.R. Vijayakumar**, Former Professor, Chairperson- Research & PhD in the Institute of Management Technology, Nagpur has conducted the session. Prof. Kiran Devendra presided over the session.



Next Children Assembly will be held at Aligarh Muslim University, Aligarh on 8.11.2020

InSPA New Members

New Life Members/ Annual members Approved by the Governing Council on 20th April 2020

Member No	Name	Gender	State/UT	Proposed by	Membership
435	Ms. R. Anindhitha	Female	Tamil Nadu	Dr Subasree	Life member
436	Ms. Imlisongla Longkumer	Female	Nagaland	Prof. Indranee Phookan	Life member
437	Mr. Johny Lalthafamkima	Male	Mizoram	Dr. Rinpari Ralte	Life member
438	Prof. Ram Dhyan Rai	Male	Bihar	Dr. Manoj Kumar	Life member
439	Ms. Soni Kumari	Female	Muzzaffarpur, Bihar	Dr. Manoj Kumar	Life member
440	Ms Supriya Kumari	Female	Chappra, Bihar	Dr. Manoj Kumar	Life member
441	Mr. Upendra Kumar Sharma	Male	Gopalganj, Bihar	Dr. Manoj Kumar	Life member
442	Ms. Rubi Kumari	Female	Bihar	Dr. Manoj Kumar	Life member
443	Dr. C. Zothanmawia	Male	Mizoram	Dr. Rinpari Ralte	Life member
444	Mr. Lalawmpuia	Male	Buarpui Lunglei, Mizoram	Dr. Rinpari Ralte	Life member
445	Mr Lalhmingmawia Ralte	Male	Aizawl, Mizoram	Dr. Rinpari Ralte	Life member
446	Ms. Lalrinawmi Rawite	Female	Mizoram	Dr. Rinpari Ralte	Life member
447	Dr. Zothanzami	Female	Mizoram	Dr. Rinpari Ralte	Life member
448	Ms. Grace Lalkhawngaihi	Female	Mizoram	Dr. Rinpari Ralte	Life member
449	Ms. Lalremruati	Female	Mizoram	Dr. Rinpari Ralte	Life member
450	Dr. Mary Ann L Halliday	Female	Mizoram	Dr. Rinpari Ralte	Life member
451	Ms. Lalhmingmawii	Female	Mizoram	Dr. Rinpari Ralte	Life member

452	Dr. C. Lalfakzuali	Female	Mizoram	Dr. Rinpari Ralte	Life member
453	Ms. Lalthantluangi Sailo	Female	Mizoram	Dr. Rinpari Ralte	Life member
454	Dr. Lalropuii	Female	Mizoram	Dr. Rinpari Ralte	Life member
455	Ms. Lalpawmawii Khiangte	Female	Mizoram	Dr. Rinpari Ralte	Life member
456	Ms. Vidhi Bose	Female	Gujarat	Dr. Panch. Ramalingam	Life member
457	Mr. Digvijay Kumar	Male	Bihar	Dr. Manoj Kumar	Life member
458	S.Priya Darshini	Female	Tamil Nadu	Mrs. Kamini	Life member
459	Laxmi Prajapat	Female	Rajasthan	Dr. Ravi Gunthey	Life member
460	Queen Deka	Female	Assam	Dr. Rita Rani Talukdar	Life member
461	Olivia Kakati	Female	Assam	Dr Rita Rani Talukdar	Life member
462	AMIT SINGH	Male	Uttarakhand	Dr Sandhya Mishra	Life member
463	Dr.Rupali Sen Deka	Female	Assam	Dr.Rita Rani Talukdar,	Annual member
464	Soumita Chakraborty	Female	WEST BENGAL	Dr. Debdulal Dutta Roy.	Life member
465	Dr.Neha Yadav	Female	Madhya pradesh	Dr.Reena Singh	Life member
466	Sumathi Srinivasan	Female	Tamil Nadu	Mrs. Kamini	Life member
467	Susmita Roy Choudhury Deka	Female	Assam	Dr. Rita Rani Talukdar	Life member
468	Mainee pathak	Female	Assam	Rita Rani Talukdar	Life member
469	Sumi Deka	Female	Assam	Dr. Rita Rani Talukdar,	Life member
470	Shradha Balwani	Female	Madhya Pradesh	Dr Reena Rajput	Annual member
471	Rajesh Garhwal	Male	madhya pradesh	Dr.Reena Rajput	Life member
472	Meena Chapekar	Female	Madhya Pradesh	Dr. Reena singh	Life member
473	Ananya das	Female	Assam	Indranee Phookan Borooh	Life member
474	Dr C Lalhmingsangi	Female	Mizoram	Dr Rinpari Ralte	Life member
475	Roshan Jahan Ahmed	Female	Assam	Dr. Indranee Phookan Borooh	Life member
476	Dulmoni Das	Female	Assam	Dr. Rita Rani Talukdar	Life member
477	Aidiam Monlang Kasar	Female	Meghalaya	Dr. Indranee Phookan Borooh	Life member
478	Dr Himashree Kalita	Female	Assam	Dr Rita Rani Talukdar	Life member
479	Nabamallika Neog	Female	Assam	Dr Rita Rani Talukdar	Annaul member
480	Prarthana Saikia	Female	Assam	Dr Rita Rani Talukdar	Life member
481	Fariza Saidin	Female	Assam	Dr Panch. Ramalingam	Life member
482	Asem Babina	Female	Manipur	Dr Zokaitlualangi	Life member

483	Dr Kanchan Mathankar	Female	Madhya Pradesh / Bhopal	Dr. Reena Singh	Life member
484	Sukanya Bora	Female	Assam	Dr. Rita Rani Talukdar	Annual member
485	Dr. Monika Gupta	Female	Haryana	Dr. Sneh Bansal	Life member
486	Subasana Kashyap	Female	ASSAM	Dr. Indranee Phookan Barua	Life member
487	Falguni Ramesh Harpale	Female	Gujarat	Ms. Deepali Punekar	Life member
488	Ria Roy	Female	West Bengal	Dr.D.Dutta Roy	Life member
489	Susrita Pradhan	Female	West Bengal	Dr Debdulal Dutta Roy	Annual member
490	Anita Chauhan	Female	Himachal Pradesh	Dr R.S. Pirta	Life member
491	Diwakar Singh Sikarwar	Male	Madhya Pradesh	Dr Reena Singh	Life member
492	Debomita Keshori	Female	Assam	Dr. Rita Rani Talukdar	Life member
493	Dorothy Bhandari Deka	Female	Assam	Prof. Ravi Gunthey	Life member
494	Ramesh Durai	Male	Tamilnadu	Dr. Rita Rani Talukdar	Life member
495	Aftab Ahamed	Male	Uttar pradesh	Dr. Indranee Phookan Barua	Life member
496	Prerana Baruah	Female	Assam	Dr. Rita Rani Talukdar	Life member
497	Meenakshi Medhi	Female	Assam	Meenakshi Medhi	Life member
498	Harpreet Kaur	Female	Chandigarh	Dr Sneh Bansal	Life member
499	Sangita Borah	Female	Assam	Rita Rani Talukdar	Life member
500	MaheshbabuN	Male	Karnataka	D Dutta Roy	Life member
501	Dr. Firdous Ahmad Sofal	Male	Jammu and Kashmir	Prof. Nighat Basu	Life member
502	P Giri Prasad	Male	Telangana	Manoj Kumar	Life member
503	Mony Singh	Female	Uttar Pradesh	Dr. Debdulal Dutta Roy	Life member
504	Samprity Bhuyan	Female	Assam	Dr. Rita Rani Talukdar	Life member
505	Lalnunpuii	Female	Mizoram	Dr. Rinpari Ralte,	Life member
506	Julia Vanlalruati Pachuau	Female	Mizoram	Dr. Rinpari Ralte	Life member
507	Dr Nuzhat Firdous	Female	Jammu and Kashmir	Prof.Nighat Basu	Life member
508	Rebecca Lalnundiki	Female	Mizoram	Dr.Rinpari Ralte	Life member
509	Dr Krishna Prasad Gogoi	Male	Assam	Prof. Indranee Phookan	Life member
510	Monikankana Sarmah	Female	Assam	Prof. Indranee Phookan	Life member
511	Deepali Devdatt Punekar	Female	Gujarat	Dr. Panch. Ramalingam	Life member
512	Purnima Pegu	Female	Assam	Dr. Rita Rani Talukdar	Life member
513	Dr Zaffar Ahmad Nadaf	Male	Jammu and Kashmir	Prof Nighat Basu	Life member
514	Dr. Lipika Barman	Female	Assam	DR. RITA RATI TALUKDAR	Life member

515	Kanuganti Sathish	Male	Telangana	Kanuganti Haritha	Life member
516	Ambika Prasad	Male	Jharkhand	Dr. Sadique Razaque	Life member
517	Sanjay kumar	Male	Jharkhand	Sadique Razaque	Life member
518	Dr. Masood ul Hassan	Male	UT	Professor Nighat Basu	Life member
519	Binny Borkha Boruah	Female	Assam	Indranee Phookan Barooah	Life member
520	Rajesh Tripathy	Male	Odisha	Dr Rita Rani Talukdar	Life member
521	Suneeta Khanna Ganguly	Female	Assam	Dr Rita Rani Talukdar	Life member
522	Madhuri Regina Kujur	Female	Assam	Dr Rita Rani Talukdar	Life member
523	Mridusmita Neog	Female	Assam	Dr Rita Rani Talukdar	Life member
524	Dr. Jamila Firdaus	Female	Gujarat	Dr. Thomas Vadaya,	Life member
525	Dr. Himanshu Swadia	Male	Rajasthan	Dr. G. Rajmohan	Life member
526	Ramya	Female	Tamil Nadu	Dr. Panch. Ramalingam	Life member
527	Aroonmalini Boruah	Female	Assam	Dr Rita Rani Talukdar	Life member
528	Padmapriya P	Female	Tamil Nadu	Dr. V. Suresh	Life member
529	Sapna Kumari	Female	Jharkhand	Dr. Sadique Razaque	Life member
530	Sushmita Kumari	Female	Jharkhand	Dr. Sadique Razaque	Life member
531	Ebenezer Laldusaka	Male	Mizoram	Dr Rinpari Ralte	Life member
532	Krishnan Sivaraman	Male	Tamil Nadu	Dr Subhasree Vanamali	Life member
533	A. V. R. Anjana	Female	Tamilnadu	A.V.R. Anjana	Life member
534	Timothy Rai	Male	MIZORAM	Dr. Rnpari Ralte State Convener	Life member
535	Anjali Nandan	Female	Jharkhand	Dr. Sadique Razaque	Life member
536	Prof. K. Subba Rao	Male	Andhra Pradesh	Dr Suryanarayana	Life member
537	Sandamita Choudhury	Female	Assam	Dr.Indranee	Life member
538	Mrs. Arti Gupta	Female	M.P.	Dr. Reena Singh	Life member
539	Dr Mir Zafar Iqbal	Male	Jammu & Kashmir	Dr. Panch. Ramalingam	Life member

InSPA New membership enrollment can be done by Google form link:

https://docs.google.com/forms/d/e/1FAIpQLScUeew0fYH-W7rHJ7ehmetObK6Lmti2TVVs44W2ljcosmJBwQ/viewform?usp=sf_link

Reflection

On behalf of Assumption University, would like to express our heartfelt gratitude to the InSPA Family for their efforts in organizing this event and we are extremely thankful to the InSPA for their hospitality and we look forward for further collaborations in future! Special mention to Dr. Panch and Dr. Neeta for their relentless efforts in making this event successful!

We look forward meeting you all in Bangkok, Thailand

Parvathy Varma/ Santhosh Mohanan/ Rajitha Menon

Assumption University

InSPA Awards 2019

To promote School Psychology in India and to acknowledge the contributions and yeoman services by individuals / Institutions, InSPA has instituted some awards, which will be presented annually. The following awards have been presented at the inaugural session of the 9th InSPA International Conference held on 14th November 2019 at Pandit Deendayal Petroleum University, Gandhi Nagar, Gujarat:

i) InSPA Educational Excellence Award:

Mahatma Gandhi International School, Ahmedabad

ii) Prof. G.P. Thakur School Excellence Award:

Bridges Learning Vidyalaya Higher Secondary School, Puducherry.

iii) Prof. B. Mukhopadhyay School Excellence Award

Delhi Public School, Ahmedabad

iv) ISPA-InSPA Leadership Award:

Prof. Md. Kamal Uddin, University of Dhaka, Bangladesh

v) InSPA School Psychology Services Award:

Prof. Nighat Basu, Central University of Kashmir, Sri Nagar.

vi) InSPA - P. K. Subbaraja Trust Best Performance Awards:

1. **Dr. Navin Patel, GLS University, Ahmedabad**
2. **Prof. R.N. Rai, North East Central University, Shillong**
3. **Dr. S. Thenmozhi, University of Madras, Chennai**
4. **Dr. R. Subasree, Madras School of Social Work, Chennai**
5. **Dr. Jagpreet Kaur, Panjab University, Patiala**
6. **Dr. N. Annalakshmi, Bharathiar University, Coimbatore**

vii) Dr. Barbara Hanfstingl - InSPA Best Paper Award: This award is given annually to the best research paper submitted for presentation in the InSPA annual conference. Dr. Barbara Hanfstingl instituted this award.

2018: Kavitha G Bhaskaran and Dr. Baby Shari P A: Gender Stereotype and Prediction on Mathematics Score: An Enquiry Using Vignettes.

2019: Dr. N.P.Veenavani, Saranya Sundarraju, Dr. Vithya Veeramani, and Dr. R.Sankar: Life Skills and Rural Female Adolescents – An Action Research for Adolescent Empowerment.

viii) Prof. Manju Thakur Leadership Award:

Prof. V.S.R. Vijayakumar, Institute of Management Technology, Nagpur

ix) Prof. Erika Voigt Young Scientist Award in School Psychology for PhD Research Scholar:

Ms. P. Anitha, RGNIYD, Sriperumpudur

x) Shri. P. A. Sharma Best School Psychology Trainer Award:

Dr. M. Thayanithy, National Institute of Education, Colombo

InSPA Awards 2020

Last date for submission is
31st August 2020

InSPA Online Counsellors

No	Name	Qualification	State	Gender	Mobile No	Counselling areas
1	DR.Beulah Jebakani	M.Phil (psychology), Ph.D (Physio) Mother Teresa Women University	Pondicherry	Female	9585525141	Children, Teachers and Parents
2	Dr.Rita Rani Talukdar	PhD Psychology University of Gauhati	Assam	Female	9864023938	children
3	Johny Lalthafamkima	Master of Arts in Psychology	Mizoram	Male	7005808138	All three area
4	Mini Mehra	Ph.D (Nov 19) PGD in Mental retardation	Bhopal	Female	9826069802	All three areas
5	Reena Madhu	MA Clinical Psychology, Mumbai University	Kerala	Female	9895567656	Children& Parents
6	DR.U.Vijayabanu	MA, M.PHIL,Ph.D University of Madras	Tamil Nadu,	Female	7395953523	Parents
7	Jyoti Kamble	M.Phil in Clinical Psychology, Gujarat Forensic Sc Univ .	Bhopal	Female	7999859772	All three areas
8	Diana Manoshi	M.Phil	Karnataka, Bangalore	Female	9986716756	Children& Parents
9	DR.Janet Fernandes	PhD in Psychology Mumbai University	Mapusa, Goa	Female	9823709003	Children& parents
10	Lalawmpuia	M.Phil in Clinical Psychology RCI regd.	Mizoram	Male	6909816543	All three areas
11	Padma Priya.P	M.sc.in Clinical Psychology, PGDGC	Tamil Nadu	Female	9677330828	Children& Parents
12	Reena K.Joseph	Ph.D in Counseling Psychology	Assam	Female	8638943143	Children& Parents
13	Ms. Preethi Inder	M.Phil in Psychology, University of Madras	Tamil Nadu, Chennai	Female	9840500916	Children& Parents
14	Vishal Yadav	Ph.D, Banaras Hindu University	UP	Male	9889700494	All three areas
15	S.Kumaran	M.Phil (Psychology) PGDGC	Puducherry	Male	9944537681	All three areas
16	Russel Raj.c	M.A.,M.Phil., PGDGC	Tamil Nadu,	Male	9488940557	All three
17	Sri E.Jayaganapathy	M.SC (Counseling& Psychotherapy), M.Ed	Tamil Nadu, Nagapattinam	Male	7904013027	All three areas
18	DR.N.V.S.Suryanarayana	Ph.D(Phil.), M.sc. (Psychology)	Andhra Pradesh	Male	9666633885	All three areas
19	Smt.Goteti Himabindu	M.Phil, Ph.D, Sri Venkateswara University	Vizianagaram	Female	9490622526	Children& Parents
20	V.Kamini	M.sc. PGDLD, The Tamil Nadu Dr.M.G.R. Medical	Tamil Nadu, Chennai	Female	8939001399	All three areas
21	Sumathi Srinivasan	M.sc, PGDLD, The Tamil Nadu Dr.M.G.R Medial	Tamil Nadu, Chennai	Female	9442522172	Children& Parents, LD
22	DR.Seema Vijayvargiya	Ph.D ,Barkatullah University, Bhopal. PGDGC	Bhopal	Female	9425303068	Children& Parents
23	DR.Suja Koshy	Ph.D University of Bombay	Mumbai	Female	9820498738	Children & parents
24	Mrs. Fuljhuri Basu	M.A. Psychology, PGDSC ,University of Calcutta	Kolkata	Female	9830309441	children& parents

Member Benefits

Enroll New Members Now

InSPA Membership Admission and Fees

There are two types of members. To become an InSPA member, one has to pay Rs.50/- as admission fee in addition to the subscription amount.

A. Life Member

All those who are qualified graduates with psychology, known to be of good character in the community, may become Members of the Association and shall be members by remitting Rs.2000/- and will be called Life Members.

B. Regular Member

All those who are qualified graduates with psychology, known to be of good character in the community, may become Members of the Association and shall be members by remitting Rs.500/- and will be called Regular Member or Annual Member.

Member benefits:

1. National level recognition as Professional membership in the InSPA
2. Getting two issues of the InSPA Journal of Applied and School Psychology in April and October free of cost for one year. Followed by Rs.1000/- for three year subscription.
3. Subsidized rate for National and International conference participation
4. 50% reduced price for InSPA Publications.
5. Priority will be given for members to publish research papers in SCOPUS and UGC Care listed Journals.
6. Opportunities will be provided to participate in the International conferences with minimum budget

You can register Google form online:

https://docs.google.com/forms/d/e/1FAIpQLScUeew0fYH-W7rHJ7ehmetObK6Lmti2TVVs44W2ljcosmJBwQ/viewform?usp=sf_link



Indian School Psychology Association (InSPA)

OFFICE BEARERS (01.04.2020 – 31.03.2023)



 <p>First President (2009 - 2014) Prof. G.P. Thakur New Delhi</p>	 <p>Past President (2014 - 2020) Prof. B. Mukhopadhyay Chennai</p>	 <p>President Dr. Panch. Ramalingam Puducherry</p>	 <p>Secretary Prof. Zokaitluangi Mizoram</p>	 <p>Treasurer Dr. S. Suresh Puducherry</p>
 <p>Vice President Prof. Indraneel Phookan Boroach Guwahati</p>	 <p>Vice President Dr. R.J. Solomon Mumbai</p>	 <p>Joint Secretary Dr. Shah Alam Aligarh</p>	 <p>Joint Secretary Dr. (Smt.) Suneetha J Hangal Hubli</p>	



Our New Book “Successful Mental Health and Well-being” released at University of Basel, Switzerland

The 42nd Annual Conference of ISPA is Postponed for 2021

The New Conference Dates of ISPA 2021 are:

13 – 16 JULY, 2021 Nicosia, CYPRUS

After careful consideration of all parameters regarding the developing Coronavirus 2019 (COVID-19) international outbreak, the ISPA Executive Committee in collaboration with the Local Organizing Committee reviewed all options and decided to **postpone the 42nd Annual Conference of the International School Psychology Association until 13 – 16 July 2021 to be held in Cyprus.**

We have been closely monitoring the COVID pandemic for several weeks and have been coordinating according to the changing nature of the situation for the utmost benefit of the conference participants. The main concern that led to the difficult decision to postpone the conference is the health and safety of all participants and of our communities in light of the expanding spread of the pandemic worldwide. In addition, many governments issued strict bans on travel and restrictions on movement and gatherings, while many institutions around the world (universities, research centres and international or EU organizations) have restricted their staff's mobility and reimbursement processes, which were also causing distress to participants.

Great care was taken to address **logistical issues** pertinent to the rescheduling of the conference by rolling over as many aspects as possible in order to minimize the impact on you and facilitate a smooth and convenient transition to **ISPA 2021** as described [here](#).

We understand that the decision to postpone the conference for next year might be disappointing to many. It definitely is very disappointing for us. We apologize for any inconvenience or strain that this decision may

have caused, but we feel it was a necessary one under these unprecedented circumstances. Rescheduling the conference to next year, hoping for a time of more certainty, is the best way to safeguard that all are in a position to remain attending our yearly gatherings . We hope that this decision allows everyone to address in a timely manner complications arising from the postponement of this year's conference and to plan ahead and have the opportunity to attend the conference next year. We would like to thank you for your understanding.

All partners are fully committed to **ISPA 2021** and the LOC will continue to work towards preparing an outstanding scientific and social program. Please continue to get updates on the ISPA 2021 conference through the [website](#). For any further queries or support regarding the rescheduling of the conference please do not hesitate to contact us at info@ispa2020.org.

Divided this year by distance, United by Solidarity and a Common Mission.

We would like to wish you all the best and we look forward to welcoming you in Nicosia, Cyprus next year on 13-16 July 2021 for **ISPA 2021!**

**WORKSHOP
ON
SCHOOL PSYCHOLOGY
(For School Teachers)
Through online mode
April 23-25, 2020**
Being
Organized by
**Deptt of Education,
Punjabi University, Patiala**
In collaboration with
Indian School Psychology Association

Patron
Prof. B. S. Ghuman
Vice Chancellor
Punjabi University
Patiala.

Convenor
Prof. Kirandeep Kaur
Head, Deptt of Education
Punjabi University, Patiala

Programme Coordinator
Dr Jagpreet Kaur
(Phone 9914200649)
Deptt of Education,
Punjabi Universty, Patiala

InSPA Newsletter

is a quarterly issue.

Members can contribute their news items well in advance to the InSPA Newsletter Editor:

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Pandit Deendayal Petroleum
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Gandhi Nagar

Email: neetasinha2@gmail.com

InSPA Newsletters are available at
www.inspa.org

InSPA is affiliated with



Welcome to join Asia Pacific School Psychology Association

Google Form Membership link:

<https://docs.google.com/forms/d/e/1FAIpQLScE->



The Asia Pacific School Psychology Association (APSPA) has been launched during the First International Conference on School Psychology held at Hotel Grand Seasons, Kuala Lumpur, Malaysia on 11th January 2019 by Dr. Panch. Ramalingam. Followed by the launching, deliberations of core committee members unanimously resolved to form office bearers of the association with available school psychologists from different countries to look the promotion of school psychology services in the Asia Pacific region. This will cater to the needs of promotion of common school psychology services in the Asia Pacific region especially in the area of mental health and well-being. The present headquarters is in Malaysia. Details available at www.apspa.info

Asia Pacific School Psychology Association

Vision

Assur easy accessibility of academic resources, development of skills for mental health and well-being in all children and youth for thriving in life.

Mission

The Asia Pacific School Psychology Association (APSPA) is a professional organization that supports and advocates for school psychologists to provide professional training so as to have a positive impact on school systems to improve academic skills, social-emotional functioning, and mental-behavioural health of all students.

Core Values

Integrity: APSPA is committed to high standards, ethical principles, social justice, honesty, fairness, and treating others with dignity and respect.

Diversity: APSPA honours individual, cultural, and other contextual differences in our own interactions as they shape students' development.

Collaboration: APSPA collaborates with other organizations, agencies, and others to develop common concern.

Excellence: APSPA promotes high standards of service delivery and resource deployment.

Purposes

- To serve the educational and mental health need of all students
- To provide opportunities for the professional growth of school psychologists
- To provide professional training to meet the specific demands of the particular country as well as the global needs in general.
- To popularize the services and practices of psychology in the schools among the public
- To advance the standards of the profession of school psychology
- To cooperate with other agencies, offices, and organizations on subjects of common concern

InSPA celebrated its Decennial year in 2019

A private circulation Newsletter among members of InSPA